

Olympic boxer finds jogging insures smoother working day

After fifteen years in Southfield, Charles P. (Chuck) Davy has moved his New England Life Insurance Agency to Troy into a newly opened office building at 3000 W. Big Beaver, corner Coldgate. The new quarters total 1,800 square feet of space to accommodate 28 associate agents, plus a support staff of 15 people.

A former Olympic medalist in boxing and a marathoner, Davy started in the life insurance business 21 years ago when he hung up his boxing gloves in 1955 as the leading welterweight fighter in Michigan and contender for the world welterweight championship. He lost to Kid Gavilan. While building up his insurance agency, Chuck served four consecutive terms as state boxing commissioner. Today the

agency has "300 million in force and an annual production of 40 million," Chuck said. The Davy Agency handles all phases of life insurance, group insurance, business, estate planning, mutual funds, and professional investment management through Loomis Sayles, well known investment house of Boston, which New England Life acquired in 1968.

Davy's interest in physical fitness did not end with his boxing career. He runs six miles a day, more on weekends (he avoids some of the hassles of traffic by running to work every day). Chuck feels that there is a definite relationship between a top physical fitness program and a man's success on the job. "I think running is particularly appropriate exercise for life insurance people," Chuck said. "Agents who set aside an hour each morning for running seem to have better control of the rest of their day."

These thoughts are carried farther in New England Life's September internal house organ, The Pilot's Log. A good part of the issue is devoted to the question, "Will exercise improve your production?"—an intriguing question. The experiences of seven insurance insurance agents besides Davy are told. Their success in improving their productivity suggests rather strongly that there is a definite relationship between a top physical fitness program and a man's success on the job.

That regular exercise has a beneficial effect on their energy, their efficiency and their effectiveness. The case histories included running, although other forms of exercises were mentioned. Davy adds a word of caution, however: "If you're past 40 and haven't exercised in a while, a stress test is mandatory—check with your physician first."

THE LAST DAY OF OCTOBER will mark the end of an era for Tom Monahan and his Monahan's Beef Buffet at 475 E. Maple. The new owner, Karl Fodas, will take over November 1. Monahan started the cafeteria 20 years ago. "I've enjoyed these years," Tom said. "It's a great town and wonderful people. I'm deeply appreciative of the community's loyalty and patronage through the years."

Sometime this fall, after the Monahan home is sold, Tom and his wife, Cecelia, will move to Florida.

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John Heslip elected committee chairman

John Heslip, executive director of the Michigan Institute of Michigan, Farmington Hills, has been elected chairman of Committee C12 on Motors for Unit Materials of the American Society for Testing and Materials (ASTM).

Heslip lives in Plymouth. Committee C12 develops ASTM standards relating to materials for use with units of burned clay or shale, sand lime concrete and stone and similar materials used in unit masonry.



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