

Henna is making waves with today's men

The art of cosmetology is one of fads and crazes and a current product that is making waves is henna.

Nick Siagkris of Nicholas Intercoiffure in Southfield said that henna for hair care is catching on especially with his male customers. "We have about 75 to 100 men in our shop using it at the present," he said.

Siagkris gives his clients detailed fact sheets on henna so they will be knowledgeable about what they are putting on their hair.

"Henna is a nature product, an herb," he said. "It adds body, sheen, and makes fine hair have more texture. It cuts down on oil and adds protein just as a conditioner would. It will also add an aura of subtle color but will not cover gray."

He said to use it, one must have not more than 20 per cent grey in the hair.

Henna of old was the henna that came in one color, the fire-engine red worn by stars like Lucille Ball. Not so today. Henna comes in light brown, medium brown, black and neutral.

"You can use the neutral on salt and pepper or grey hair," Siagkris said.

Many of Siagkris' customers who didn't want a curly look have tried henna. They were afraid to have a permanent, but added bulk and body by using henna.

"YOU CAN USE henna on permanent waved hair," he said. "The more you use it, the better your hair feels. It has to be repeated for the dif-

ference to be noted."

Henna is made by a Cleveland company and also in Canada and Israel. "The Cleveland outfit first perfected false eyelashes," Siagkris said.

The advent of the henna craze seems to be part of the new obsession of American women with health care, including bright, shiny hair.

Hairstylists who sell their salt love the idea of healthy hair, but many are reluctant to promote a product that could result in the loss of color-treated patron. Henna may be the answer for the man or woman who desires natural, free flowing locks with more color than nature created.

Henna also works well for the woman who has long tried to increase the quantity and quality of hair by na-

ture lifeless and sparse. Henna is an improvement over most other techniques for these problems.

Along with the pluses, there are precautions to be taken. Henna has limitations and all those should be explored.

Clients should know it is a substance derived from a shrub with small leaves and white flower tufts. It is found primarily in the East and Middle East. Today the plant is being refined and marketed in the United States.

Henna is organic and is appealing to those who prefer not to use chemical products. It is applied to the hair as a paste-like mixture and completely coats the hair shaft.

ONCE THE COATING IS COM-

PLETED, the hair has the feel and appearance of thickness and a shine as well, while reflecting good color tones. The henna mixture does not penetrate the hair shaft; it creates a more solid surface from which light reflects and causes the hair to shine.

Today's henna is much improved over that of the 1920s. Protein conditioners have been added, and the henna is ground to a much finer consistency. Unfavorable side effects,

such as an unpleasant odor and undesirable color deposits have been refined as nearly as possible.

Henna can be used as a conditioner where split ends and uncontrollable fuzz occurs. It can give a protection to frayed ends.

Henna may be applied over an existing tint but manufacturers' instructions and warnings should be followed.

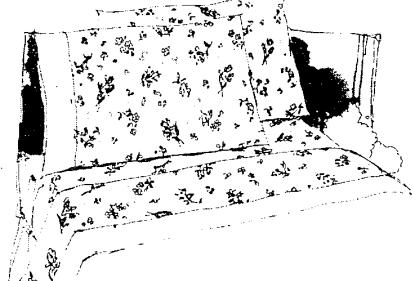
à la mode



Nick Siagkris, Southfield cosmetologist applies henna to the head of one of his customers, then covers it with

plastic to allow it to penetrate before washing it off and looking over the end results.

WHITE SALE



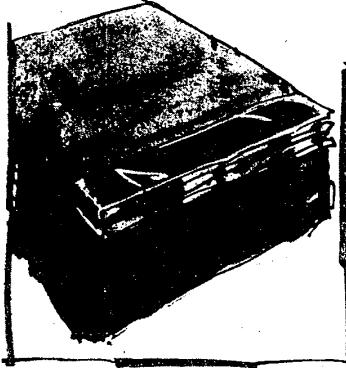
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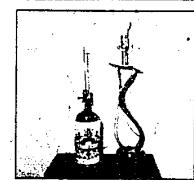
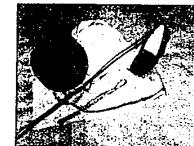
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Enlightenment

If you need some light in your life, Elmer Blannin and Sam Kohen are good guys to know about. They can make just about anything, from a wooden pitcher to a brass shoehorn, into a working lamp complete with any type of shade that you choose. Elmer and Sam also design and make hanging fixtures out of such materials as tin, brass, wood, pewter, stained glass and crystal; lamps and fixtures, both contemporary and traditional in style, are on display in their shop. They also have dozens of lighting catalogues on hand. Lamp Shack, 6682 Orchard Lake Road, West Bloomfield, 651-5777.

House beautiful

If your abode could use a little sprucing up, here's a new service worth considering. Decorators Marilyn Attenson and Charlotte Zack will spend a day analyzing your home and discussing your life style. Then they will make recommendations on how to improve or change the decor to suit your needs. Ms. Attenson and Zack will design furniture placement and architectural changes plus submit color, fabric, and carpet samples. The price is \$150 for up to five rooms. March Interiors, 355-1500.

Green acres

It's no secret that green plants can do wonders for any room, especially when it is winter white and bleak outdoors. At Planta Tropical Greenhouses, you'll find an acre under glass with hundreds of varieties of tropical plants, including the largest collection of cacti and succulent plants in Michigan. Pictured here are two unusual kinds of cacti: Euphorbia Tuberculata (left) and a garden of Echeveria (right).

Planta Tropical Greenhouses, 6550 Coolidge, Troy, 879-2500.