

# Specialists says 'Pamper your skin'

By LORAIN McCLISH

The Farmington Community Center kicks off its popular Fabulous Fridays series for the spring with a lecture and demonstration by Mira Linder called Pamper Your Skin.

The every-Friday morning series gets under way at 9:30 a.m. April 1 with a continental breakfast.

The \$2.30 admission price this week will be nourishing the inner body as well as the outside one," said center volunteer Dolores Shevlin speaking for the series this week.

Mrs. Linder will demonstrate the haste steps toward proper cleansing, nourishing, and protecting the skin.

Mrs. Linder contends the most important part of her lectures center

around the guests' concerns of their individual problems.

Her training in Europe is that of an "aesthetician," a word more common abroad than in the United States, which means teacher as well as skin specialist. Her mission, she says, is "creating beauty."

SHE IS OWNER of Aesthetics of Mira Linder in Toronto and in Southfield, and is a proponent of the theory that all skin care must be approached on an individualized basis.

In this behalf, she makes two trips to Europe every year, combining the cosmetic laboratories there, and more time here doing the same. The result of this is her own cosmetic line,

"based on the best of many manufacturers."

But she is adamant that "There isn't a product in the world that is going to help if you don't start with the three basics: cleansing, nourishing and protection. Knowledge is the key to beauty. All it takes is the practice at home of what we preach and teach in the salon."

She will use volunteers from the audience to demonstrate steps toward proper skin care and make-up application, and will teach some of her techniques that guests can take with them to put to use at home.

"Everything in life influences our skin," she says. "Climate, age, pollution and diet are obvious. But stress,

our emotional life, even our sexual life, play a role in the appearance and quality of our skin."

She stresses that each person's skin is different. Consequently, one must be knowledgeable about their skin and what factors in the individual's life style is affecting her skin.

The skin problem suffered by the smoker, for example, is different than the skin problem suffered by the sun bather or the woman whose job brings her into contact with a specific chemical every day.

BECAUSE OF Mrs. Linder's frequent trips abroad, mostly to France, and being an active member of the World Congress of Aesthetics and Cos-

metology, she is a continual source of information about what is new on the fashion and beauty scenes.

She will tell you about new camouflage cosmetics on the market; what the European youth-rejuvenating clinics are doing; the newest face-lift procedures; spring make-up colors; getting rid of excess hair; or new body exercise theories.

Her Southfield salon is at 29563 Northwestern Highway, where she works dispensing her theory that "No woman need ever surrender her beauty to the ravages of sun, wind, dust, anxiety or time."

Tickets for the lecture-demonstration are now on sale in the center.



MIRA LINDER

## Nardin Park transcribers

# Braillists keep finding new ways to aid the blind

By LORAIN McCLISH

A surprised and pleased manager of Merricks Restaurant in Southfield accepted three copies of his luncheon menu written in Braille recently.

When Bill Wilson, thanked his donors for the gift, he added, "This is fantastic. They will be wonderful to have. It's something that never occurred to me."

The gift-giver was Dee Josaitis, a volunteer who works with the Nardin Park Braille Transcribers out of the Farmington Hills church, who was lunching with her Brailist companion Bonnie Shriver.

Their joint response to Wilson's remark was that it was not unusual. Yet the two, as others like them in their group, hardly live through a day without transcribing something, or doing something to aid the blind.

Mrs. Shriver says of this, "I know there is a student somewhere in a classroom who can't keep up and this pushes me. I know there is a blind per-



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son waiting for what I'm working on at the time."

The two are constantly on the lookout for new areas to serve the unsighted. Merricks is about the sixth restaurant in the metropolitan area to receive menus in Braille, an idea that stemmed from Mrs. Shriver.

Mrs. Josaitis is working with an idea to put indexes in Braille in elevators.

THE GROUP HAS transcribed confirmation books, and knitting instructions and recipes, or anything else that's asked for, on request, beyond the continuous flow of requests for student textbooks.

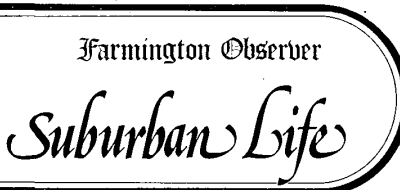
It took them several months of haggling and cutting through a lot of red tape to make the Farmington Hills Community Library the house for all the Braille masters in the county.

Members purchased a thermoflex machine for copying the sheets, and it will copy anything that can be copied. With the help of the Farmington Hills Kiwanis, they have been able to make a gift of a Braille writer for an elderly gentleman in a Sterling Heights nursing home.

Beyond all of this, it is their present project members are most excited about, concerning a group called The Crusaders in Bethesda Lutheran Church in Detroit.

LILLIAN COGSWILL, a Farmington resident and co-chairwoman of the project that began in October, is working with the fifth through eighth grade Crusaders who are learning a simplified method of Braille to help their blind counterparts.

The youngsters work two hours a week with an eye on a late April deadline transcribing short Bible stories



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**'I know there is a student somewhere in a classroom who can't keep up and this pushes me. I know there is a blind person waiting for what I'm working on at the time.'**

**—Bonnie Shriver, volunteer from Nardin Park Braille Transcribers.**

which will be combined and bound into a book.

One of the Crusaders, Cathy King, was chosen by her school to do a report on Braille, with a display, for the Science Fair in Cobo Hall.

"The purpose of the project is a commitment these youngsters accept, knowing they are devoting time to not only learning Braille, but making them and others more aware of the need of ones less fortunate than they," Mrs. Josaitis said.

"Just spreading the word continues to be a very important part of the game," Mrs. Shriver added. "Some of these youngsters might be lured into thinking of special education as a career. Some will pass along the knowledge of the need. There just aren't enough people who know all that goes into producing material into Braille."

BRaille MACHINES are costly. The training of the volunteer is rigorous. The completed material is bulky and unwieldy. If the youngsters at Bethesda Church continue Braille, they will advance from simplified studies into contractions, which can be compared to a sort of shorthand,

and that is a whole new course of study.

The Nardin Park Braillists are affiliated with the Tri County Braille Volunteers, the parent group which acts as a clearing house for requests so there is no duplication of anything done within the eight chapters.

The local group got under way eight years ago, with the help of the Detroit Lions, but has never been subsidized with county, state, or United Way funds.

It subsists on \$3 per year membership dues, donations, and the sale of greeting cards during the pre-Christmas season.

Mrs. Josaitis said she is "on call" to speak to any group anywhere any time about the continuous need for volunteers and to let people know what we are doing."

She can be reached by calling her at 474-3466. Starting in August, applications will be taken for the fall classes, which regularly begin in October. Meanwhile, members will have held their spring meeting, celebrating the completion of 2,500 pages of Braille.



Cathy King represented her school in the Science Fair in Cobo Hall with a display of her new-found knowledge of Braille.



Dee Josaitis of Nardin Park Braille Transcribers (at left) and Tom DeMann of Farmington Hills Kiwanis (at right) flank Horace Baumgartner, a resident in Nightingale Nursing Home, where he was given a Braille writer for his personal use by the two organizations.

# Meadowbrook lines up festival entertainers

Meadow Brook Music Festival Managing Director Leon C. Petrus has announced the program of special and Friday evening popular entertainment for the 1977 summer season.

"This is combined with the festival's 'Strongest classical programming in 11-year history' and musical fare for family Sunday evenings under the stars at Baldwin Pavilion.

"Regular Friday evenings and early or mid-week specials include Kris Kristofferson, Helen Reddy, Ella Fitzgerald and Andy Williams, to name just a few.

"Returning to Meadow Brook on July 22 is the foot-stomping, New Orleans sound of Preservation Jazz.

"Then Kris Kristofferson, fresh from starring roles in 'The Sailor Who Fell from Grace with the Sea' and Barbra Streisand's 'A Star Is Born,' appears in a special Aug. 9. Another special, featuring Andy Williams, wraps up the Meadow Brook season on Labor Day weekend, Sept. 3 and 4.

PETRUS SAID several other big names are tentatively scheduled for special Meadow Brook appearances.

but they will be announced after dates are confirmed.

The Friday evening popular entertainment series differs from the special only as to the day of the week.

Two ageless jazz legends, singer Ella Fitzgerald and Count Basie with his band, open the popular music season June 24. Picking up their momentum July 1 will be Oscar Peterson, jazz pianist, and Dizzy Gillespie and his band.

Two newcomers to Meadow Brook take over July 8 when England Dan and John Coley present a concert of soft-rock. Petrus injects an air of mystery into that evening with the promise of a surprise guest artist who will be announced later.

Stan Kenton—generally credited with leading the move from traditional to contemporary jazz—brings his orchestra to Baldwin Pavilion on July 15, to share the stage with the Four Freshmen.

CHUCK MANGIONE, no stranger to Meadow Brook audiences and recipient of a "Grammy" award for his song "Bellaviva," is scheduled to entertain with his trumpet July 22.

The contemporary in music gives way to nostalgia July 29, with Gordon MacRae, Rosemary Clooney and the Four Lads onstage with "Moments to Remember."

August will begin with a festival first—an extended evening of jazz with three separate attractions: The Wolverines Classic Jazz Orchestra, the Marian McPartland trio, and Lionel Hampton and his quartet, each contributing to a "Jazz Jamboree."

Appearing in a twin bill Aug. 12 will be Maynard Ferguson and his band and Buddy Rich and his band.

In a switch from contemporary sound, the festival turns again to nostalgia Aug. 19, with Tex Beneke and his band recalling "Glenn Miller and Tommy Dorsey Sounds from the Summer of '42," with vocalists Helen O'Connell and Bob Eberly.

All Meadow Brook Music Festival programs begin at 8:30 p.m., except the Sunday evening pops series, which begins at 7:30. Further ticket and program information is available from the festival office at 377-5318.



Farmington resident Lillian Cogswill (center) Braille for blind children with lessons in Detroit's works with two Crusaders, Susan Talbot (at left) and Brian George. The youngsters are transcribing