

# Specialists says 'Pamper your skin'

By LORNAINE MCCLISH

The Farmington Community Center kicks off its annual Fabulous Fridays series for the spring with a lecture and demonstration by Mira Linder called Pamper Your Skin.

The every-Friday morning series gets under way Saturday, April 1 with a continental breakfast.

The \$2.50 admission price this week will be nourishing the inner body as well as the outside one," said center volunteer Dolores Shevlin speaking for the series this week. "Mrs. Linder will demonstrate the basic steps toward proper cleansing, nourishing, and protecting the skin."

Mrs. Linder contends the most important part of her lecture center

around the guests' concerns of their individual problems.

Her training in Europe is that of an "aesthetician," a word more common abroad than in the United States, which means teacher as well as skin specialist. Her mission, she says, is "creating beauty."

SHE IS OWNER of Aesthetics of Mira Linder in Toronto and in Southfield, and is a proponent of the theory that all skin care must be approached on an individual basis.

In this behalf, she makes two trips to Europe every year, combining the cosmetic laboratories there and more time here doing the same. The result of this is her own cosmetic line.

"Based on the best of many manufacturers."

But she is adamant that "There isn't a product in the world that is going to help if you don't start with the three basics: cleansing, nourishing and protection. Knowledge is the key to beauty. All it takes is the practice at home of what we preach and teach in the salon."

She will use volunteers from the audience to demonstrate steps toward proper skin care and make-up application, and will teach some of her techniques that guests can take with them to put to use at home.

"Everything in life influences our skin," she says. "Climate, age, posture and diet are obvious. But stress

and our emotional life, even our sexual life, play a role in the appearance and quality of our skin."

She stresses that each persons' skin is different. Consequently, one must be knowledgeable about their skin and what factors in the individual's life style is affecting her skin.

The skin problem suffered by the sun bather or the woman whose job brings her into contact with a specific chemical every day.

BECAUSE OF Mrs. Linder's frequent trips abroad, mostly to France and being an active member of the World Congress of Aesthetics and Cosmetology, she is a continual source of information about what is new on the fashion and beauty scenes.

She will tell you about new camouflage cosmetics on the market; what the European youth-rejuvenating clinics are doing; the newest face-lift procedures; spring make-up colors; getting rid of excess hair; or new body exercise theories.

Her Southfield salon is at 2983 Northwestern Highway, where she works dispensing her theory that "No woman need ever surrender her beauty to the ravages of sun, wind, dust, anxiety or time."

Tickets for the lecture-demonstration are now on sale in the center.



MIRA LINDER

## Nardin Park transcribers

# Braillists keep finding new ways to aid the blind

By LORNAINE MCCLISH

A surprised and pleased manager of Merricks Restaurant in Southfield accepted three copies of his luncheon menu written in Braille recently.

When Bill Wilson thanked his donors for the gift, he added: "This is fantastic. They will be wonderful to have." Something that never occurred to me."

The gift-giver was Dee Josaitis, a volunteer who works with the Nardin Park Braille Transcribers out of the Farmington Hills church, who was lunching with her Bradlist companion Bonnie Shriner.

Their joint response to Wilson's remark was that it was not unusual. Yet the two, as others like them in their group, hardly live through a day without transcribing something, or doing something to aid the blind.

Mrs. Shriner says of this, "I know there is a student somewhere in a classroom who can't keep up and this pushes me. I know there is a blind person

waiting for what I'm working on at the time."

The two are constantly on the lookout for new areas to serve the unsighted. Merricks is about the sixth business in the metropolitan area to receive a copy in Braille, an idea that stemmed from Mrs. Shriner.

Mrs. Josaitis is working with an idea to put indexes in Braille in elevators.

THE GROUP HAS transcribed confirmation books and knitting instructions and recipes, or anything else that's asked for, on request, beyond the continuous flow of requests for student textbooks.

It took them several months of bagging and cutting through a lot of red tape to make the Farmington Hills Community Library the first in the country to have the Braille masters in the country.

Members purchased a thermofax machine for copying the sheets, and it will copy anything that can be copied.

With the help of the Farmington Hills Kiwanis, they have been able to make a gift of a Braille writer for an elderly gentleman in a Sterling Heights nursing home.

Beyond all of this, it is their present project members are most excited about, concerning a group called The Crusaders in Bethesda Lutheran Church in Detroit.

LILLIAN COGSDILL, a Farmington resident and co-chairwoman of the project that began in October, is working with the fifth and eighth grade Crusaders who are learning a simplified method of Braille to help their blind counterparts.

The 16 youngsters work two hours a week with an eye on a late April deadline transcribing short Bible stories which will be combined and bound into a book.

One of the Crusaders, Cathy King, was chosen by her school to do a report on Braille with a display at the Science Fair in Cobo Hall.

The purpose of the project is a commitment these youngsters accept, knowing they are devoting time to not only learning Braille, but making them more aware and aware of the need of one less fortunate than they," Mrs. Josaitis said.

"Just spreading the word continues to be a very important part of the game," Mrs. Shriner added. "Some of these youngsters might be lured into thinking of special education as a career. Some will pass along the knowledge of the need. There just aren't enough people who know all that goes into producing material in Braille."

BRAILLE MACHINES are costly. The training of the volunteer is rigorous. The cost of the material is bulky and unsightly. If the youngsters at Bethesda Church continue Braille, they will advance from simplified studies into contractions, which can be compared to a sort of shorthand.

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*I know there is a student somewhere in a classroom who can't keep up and this pushes me. I know there is a blind person waiting for what I'm working on at the time.*

—Bonnie Shriner, volunteer from Nardin Park Braille Transcribers.

and that is a whole new course of study.

The Nardin Park Braille Transcribers are affiliated with the Tri County Braille Volunteers, the parent group which acts as a clearing house for requests so there is no duplication of anything done within the eight chapters.

The local group got underway eight years ago, with the help of the Detroit Lions, but has never been subsidized with county, state, or United Way funds.

It subsists on \$3 per year membership dues, donations, and the sale of greeting cards during the pre-Christmas season.

Mrs. Josaitis said she is "on call to speak to any group anywhere any time about the continuous need for volunteers and to let people know what we are doing."

She can be reached by calling her at 474-3468.

Starting in August, applications will be taken for the fall classes, which regularly begin in October.

Meanwhile, members will have held their spring meeting, celebrating the completion of 2,500 pages of Braille.

Cathy King represented her school in the Science Fair in Cobo Hall with a display of her new-found knowledge of Braille.



Dee Josaitis of Nardin Park Braille Transcribers (at left) and Tom DeManna of Farmington Hills Kiwanis (at right) flank Horace Baumgartner, a resident in Nightingale Nursing Home, where he was given a Braille writer for his personal use by the two organizations.

## Meadowbrook lines up festival entertainers

Meadow Brook Music Festival Managing Director Leon C. Petrus has announced the program of special and Friday evening popular entertainment for the 1971 summer season.

This summer's theme is the festival's "25 years of classical programming in 11 year history" and musical fare for family Sunday evenings under the stars at Baldwin Pavilion.

Regular Friday evenings and early or mid-week specials include Kris Kristofferson, Helen Reddy, Ella Fitzgerald and Andy Williams, to name a few.

Returning to Meadow Brook on July 22 is the foot-stomping, New Orleans sound of Preservation Jazz.

Then Kris Kristofferson, fresh from starring roles in "The Sailor Who Fell from Grace with the Sea" and "Barbra Streisand's 'Star Is Born,'" appears in a special Aug. 9. Another special, featuring Andy Williams, wraps up the Meadow Brook season on Labor Day weekend, Sept. 3 and 4.

CHUCK MANGIONE, no stranger to Meadow Brook audiences and recipient of a "Grammy" award for his song "Bellavia," is scheduled to entertain with his trumpet July 22.

PETRUS SAID several other big names are tentatively scheduled for special Meadow Brook appearances.

but they will be announced after dates are confirmed.

The Friday evening popular entertainment series differs from the special series only as to the day of the week.

Two aleges jazz legends, singer Fitzgerald and Celia Cruz with his band, will be the regular Friday series on July 22. Picking up their momentum July 1 will be Oscar Peterson, jazz pianist, and Dizzy Gillespie and his band.

Two newcomers to Meadow Brook take over July 8 when England Dan and John Foley present a concert of "classic" hits that even with the promise of a surprise guest artist will be announced later.

Stan Kenton—generally credited with leading the move from traditional to contemporary jazz—brings his orchestra to Baldwin Pavilion Sunday, Aug. 13, to stage the concert with the Four Freshmen.

All Meadow Brook Music Festival programs begin at 8:30 p.m., except the Sunday evening pop series, which begins at 7:30. Further ticket and program information is available from the festival office at 377-3318.

The contemporary in music gives way to nostalgia July 29, with Gordon MacRae, Rosemary Clooney and the Four Lads onstage with "Moments to Remember."

August will begin with a festival finale, an extended evening of jazz with three sets of jazz legends. The Wolverines Classic Jazz Orchestra, the Marian McPartland trio, and Lionel Hampton and his quartet, each contributing to a "Jazz Jamboree."

Appearing in a twin bill Aug. 12 will be Maynard Ferguson and his band and Buddy Rich and his band.

In a switch from contemporary sound, the festival turns again to nostalgia Aug. 19 with "The Golden Era," his band recalling "Glenn Miller and Tommy Dorsey Sounds from the Summer of '42," with vocalists Helen O'Connell and Bob Eberly.

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