

Weekly Health Talks

The Many Mysteries of Nature

BY L. W. BOWER, M. D.

You can take an onion seed and a pansy seed, and plant them side by side in the same spot of ground. In one case, you get an onion, with its peculiar strong odor, and in the other you get a flower of rare beauty. You can plant a poppy seed and get opium, a dangerous, habit-forming drug, or you can plant a flaxseed and get something that helps constipation. No scientist, living or dead, can explain these mysteries of Nature. Behind the invisible life germ in each seed is hidden the deep secret that nobody understands. Everything growing out of the ground seems intended for some use in establishing natural conditions. Dr. Pierce, of Buffalo, N. Y., long since found out what is naturally best for women's diseases. He learned it all through treating thousands of cases. The result of his studies was a medicine called Dr. Pierce's Favorite Prescription. This medicine is made of vegetable growths that nature surely intended for backache, headache, weakening drains, bearing-down pains, periodical irregularities, pelvic inflammations, and for the many disorders common to women in all ages of life. Dr. Pierce's Favorite Prescription is made of lady's slipper root, black-cohosh root, unicorn root, blue cohosh root and Oregon grape root. Women who take this standard remedy know that in Dr. Pierce's Favorite Prescription they are getting a safe woman's tonic so good that druggists everywhere sell it.

Favorite Prescription should have the full confidence of every woman in America because it contains no alcohol and no narcotics. Dr. Pierce knew when he first made this standard medicine that whisky and morphine are injurious, and so he has always kept them out of his remedies. Send 10c to Dr. Pierce's Invalids' Hotel, Buffalo, N. Y., for trial box of tablets.

YOUNG MAN WAS INTERESTED

Not Understanding, Fellow Passenger of "Literary Workers" Imagined That He Scented Romance.

Indiana has many women novelists, and will more aspiring ones. The other day two girls with literary ambitions and who have not yet been successful in selling a story went to an Indianapolis movie. As usual they began to discuss the stories on which they were working. "How is your new now?" asked the first in a louder tone than she usually used. "How is he getting along in his love-making?"

"Oh, I'm having a terrible time with him," returned the second. "Everything he says sounds so awkward and—"

The pair of broad shoulders in front of them turned and the eyes of one of Indianapolis' young attorneys began to try to solve their identity. But before he could recognize them they fled with the determination to do "literary work" at home only—Indianapolis News.

State of Ohio, City of Toledo, Lucas County—

Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that he has not been convicted of any crime involving moral turpitude within the last five years.

THREE DOLLARS for any case of Catarrh that may be cured by this medicine.

FRANK J. CHENEY, Sworn to before me this 5th day of December, A. D. 1904.

(Seal) W. H. Gleason, Notary Public, Lucas County, Ohio. My commission expires internally and acts through the blood on the mucous membrane of the urinary tract. The Testimonial from F. J. Cheney & Co., Toledo, Ohio.

Matter of Principle.

"Why do you call yourself a socialist?"

"Because I feel like it," replied the anarchist.

"But some socialists are respectable, law-abiding people."

"That's the idea. I claim the right to help myself to anything a respectable, law-abiding person has, even his title."

A woman's idea of perfect happiness is being rich enough to take advantage of all the sales.

Look out for Spanish Influenza.

At the first sign of a cold take

CASCARA QUININE

Standard cold remedy for 25 years—in tablet form—safe, sure, on system—breaks up a cold before it gets into the system. It is the only cold remedy that does not irritate the system. The genuine bottle has a Red Star on the label. Ask for it. At All Drug Stores.

More than 60 yrs. ago

an English chemist began to manufacture BEECHAM'S PILLS.

Today they have the greatest sale of any medicine in the World! Why?

BEECHAM'S PILLS

Sold everywhere. In boxes, 10c, 25c.

For Coughs and Colds

Take a trial and tested remedy—one that acts quickly and efficiently and costs no more. You get that remedy by taking

PISO'S

At one time—probably it is to be seen there yet—was exhibited in one of the colleges at



Lincoln the Ideal of American Youth

Martured President Most Illustrious Example of What World Calls the Self-Made Man.

he forsook farming and sought a position as a clerk in a country store.

Whether Lincoln ever would have been heard of had not the Black Hawk war occurred about a year after he went to work at New Salem, Sangamon county, remains a question. It need not bother any one, however, because the war did occur and Lincoln did go into it as a captain of volunteers.

This might be said to have been the turning point in his career. Up to this time he had not found himself. He was studying, but drifting. He does not appear to have had any aim in his life beyond the ambition to educate himself and to succeed.

Lincoln afterward said that his experience in the Black Hawk war gave him greater pleasure than anything that had occurred to him up to that time. He had no opportunity to distinguish himself in that little conflict, but he returned to New Salem a man of more public importance than when he left it. He started a store, but it failed, and the debts fell upon him. He was appointed postmaster, the first federal office he ever held. He ran for the legislature, but was defeated. But the next election he ran again, and was elected and later returned for another term.

Law and Politics. While he was keeping a general store he began the study of law. He once said that one of his first books was a copy of the laws of Indiana, and that was about all the law he knew up to that time.

It was while serving as a legislator in Illinois that Lincoln first turned his attention to the blot of slavery, which he began to grapple with all his might and influence. After he decided to retire from the legislature he started to practice law, having been licensed to practice in 1837. He removed to Springfield, where the remainder of his days, until he went to Washington as president, were mainly spent.

In 1846 he was elected to a seat in congress, but he declined re-election and settled down to the practice of his profession in Springfield.

Lincoln spent his spare time in the store of his friend Joshua Speed, which was the rendezvous of many prominent men in that section. He was famed for his stories and for his keenness in debate. It was in this little general store that Lincoln first met Douglas in debate. Douglas was regarded far and wide as a little giant in debate, and he remarked that the store was no place for him to debate any question with Lincoln.

By this time Lincoln had become something of a politician. His party was the Whig. He took a lively interest in political affairs, and finally took part on the Whig side in a joint debate with the unclaimed lands where some say the mammoths still existed.

But when later he died, Thomas, the father of the future president, did not inherit much, if anything, and had to start out for himself at an early age. He married Nancy Hanks, the niece of the man he worked for, and she became the mother of Abraham Lincoln, the president.

Little Chance for Education.

Kentucky then (1800) had been a state for seven years, but it was a wild-wilderness of a land. There were few books, no schools in the modern sense, and little hope for anything but hard work. It was exactly the kind of country for a great man to make a start in, for unless he had some elements of greatness he never would achieve his goal.

It was a country of hard knocks, as well as hard work, and it made for economy of time and energy.

Lincoln's mother, who was a bright, delicate woman, taught her son as much as she could. A visiting schoolmaster gave him some lessons in the ordinary "Three R's." The country was so sparsely settled and so distant from civilization that at the little church the services that were held were conducted by itinerant clergymen.

The boy Lincoln grew up here in a small log cabin that was without windows, and whose wide chimney was built on the outside of the cabin. At night a log in the fireplace gave all the illumination the place afforded. By this firelight, the music of the crackling burning logs, young Lincoln, stretched flat on the floor, studied and worked out little problems in arithmetic, which in that section was regarded as of greater importance than a deep knowledge of English literature.

Lincoln's mother died when he was nine years of age, or about a year after his father moved to Indiana, and the following year his father married Mrs. Sally Bush Johnston. Contrary to the impression usually created by the old fairy tale, the second Mrs. Lincoln was a model stepmother.

Studied While Working. At the same time young Lincoln was working as a farm hand. He borrowed books from neighbors and greedily devoured them. The only book that impressed him most was Webster's "Life of Washington." He received his exalted idea of the Father of His Country from that book, which defied the first president rather than told his life. But Lincoln believed in it and it influenced his life.

He read "Robinson Crusoe" and Bunyan's "Pilgrim's Progress" and a history of the United States, and it was on these that he founded all his knowledge of biography, history and literature. But he knew those books by heart, for he had no money to buy them, as they had been borrowed. He walked out to a store where a St. Louis newspaper was taken to borrow it, and thus he received his news of current events.

And all the while he was working, and working hard. Now, however, new plowing had to be done, the jackknives country, for he was quite a young man when his father returned to Illinois.

Lincoln was about twenty-two at the time when

STOMACH UPSET?

PAPE'S DIAEPSPIN AT ONCE ENDS SOURNESS, GAS, ACIDITY, INDIGESTION.

When meals upset you and you belch gas, acids and undigested food. When you have lumps of indigestion pain or any distress in stomach you can get relief instantly—No waiting!



As soon as you eat a tablet of Pape's Diaespin all the indigestion pain stops. Gas, acids, heartburn, flatulence and dyspepsia vanish. Pape's Diaespin tablets cost very little at drug stores. Adv.

"SWELL MANNERS" IN 1855

Here is Proof That Our Grandfathers Were by No Means Unacquainted With Dainty Conduct.

Some people affect to think that nice table manners are of recent invention, and that our grandfathers were unacquainted with dainty conduct. To show such people how wrong they are allow us to quote from a treasured work, "Inquire Within, or 3,000 Facts for the People," published in Philadelphia in 1855:

"If possible, the knife should never be put in the mouth at all; but if it is necessary, let the edge be turned outward."

"The teeth should be picked as little as possible, and never with the fork."

"Carefully abstain from blowing the nose, raising the mouth or spitting while at table."

"When napkins are provided, they are to be unfolded and laid on the knees. Use the napkin to wipe the mouth or the fingers; never as a handkerchief, or to wipe the brow."

"The 'if possible' is what makes a hit with us."

An Attack of Influenza Often Leaves Kidneys in Weakened Condition

Doctors in all parts of the country have been kept busy with the epidemic of influenza which has visited so many homes. The symptoms of this disease are very distressing and leave the system in a run-down condition. Almost every victim complains of lame back and urinary troubles which should not be neglected, as these danger signals often lead to dangerous kidney troubles. Druggists report a large sale on Dr. Kilmer's Swamp-Root, which so many people say soon heals and strengthens the kidneys after an attack of grip, Swamp-Root, being an herbal compound, has a gentle healing effect on the kidneys, which is almost immediately noticed in most cases. Those who try Dr. Kilmer's Swamp-Root, N. Y., offer to send a sample size bottle of Swamp-Root, on receipt of ten cents, to every sufferer who requests it. A trial will convince any one who may be in need of it. Regular medium and large size bottles, for sale at all druggists. Be sure to mention this paper—Adv.

Children's Clever Scheme.

Grimshy (C) town council, after closing the schools to stop the epidemic of influenza, passed an emergency by-law prohibiting children under fourteen attending the movies. The resulting attendance at the cinema failed to decline and an investigation proved that children produced their birth certificates at the pay boxes before entering the show, but further investigation disclosed that the parents were hired for 2 cents from older children who had seen the show.

The traffic in birth certificates was proved to have been considerable.

GREEN'S AUGUST FLOWER

Has been used for all ailments that are caused by a disordered stomach and inactive liver, such as sick headache, constipation, sour stomach, nervous indigestion, fermentation of food, palpitation of the heart caused by gases in the stomach. August Flower is a gentle laxative, regulates digestion both in stomach and intestines, cleans and sweetens the stomach and alimentary canal, stimulates the liver to secrete the bile and impurities from the blood. Sold in all civilized countries. Give it a trial—Adv.

How She Knew.

Miss Blunt—There was a man I church in this morning who looked exactly like me.

Mr. Close—How do you know it wasn't me?

Miss Blunt—Oh, I saw him put some money in the contribution box—Boston Evening Transcript.

A Lady of Distinction.

Is recognized by the delicate fascinating influence of the perfume she uses. A bath with Cuticura Soap and hot water to thoroughly cleanse the pores, followed by a dusting with Cuticura Talcum Powder usually means a clear, sweet, healthy skin—Adv.

Go! thank a man from home a good deal, but it isn't in it with a reputation as a speechmaker.