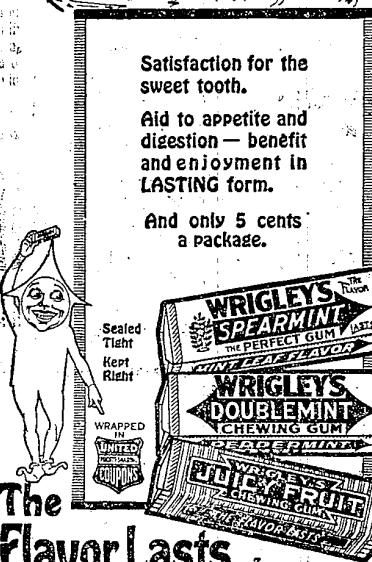


LONG-LASTING

WRIGLEY'S

EVER READY REFRESHMENT



The Flavor Lasts

Subtly wins but wisdom holds.

GREEN'S AUGUST FLOWER

has been a household remedy all over the civilized world for more than a century to combat the intense tiredness of mind and liver, the generally depressed feeling that accompanies such disorders. It is a most valuable remedy for indigestion or nervous dyspepsia and liver trouble, bringing on headache, coming on of food, palpitation of heart, and many other symptoms. A few doses of August Flower will relieve you. It is a gentle laxative. Ask your druggist. Sold in all civilized countries—Adv.

Keep It Up.

A maid servant applied for a maid, as her home was distant, for the purpose of being at home on her parents' silver wedding day.

The leave was granted, and the maid returned.

"Well," said her mistress, "did everything go off satisfactorily?"

"Oh, yes, thank you, mam," said the girl, "and mother told me to say very grateful to you for letting me off."

"And what did your father say?" asked the lady.

"Oh, lor! um-am," replied the girl, "she wasn't there. He's been dead this 20 years."

That Friend!

"Mother doesn't think she'd go to the theater with us tonight, Albert."

"Is that so? I have got three tickets?"

"Give it to me, my boy, always go out to see between the acts," he said with us and you won't have to go out and see him."

Complimentary to him. He—but I'll add you, dearist, to keep our engagement a secret for the present.

She—I couldn't help it. That hateful Miss Oldham said the reason I wasn't married to me, so I up and told her you. Brooklyn Citizen.

Cuticura Stops Itching and Saves the Hair

All complete box free of Cuticura, Dept. E, Boston.



Mystery Explained.

He stood amid the blaze and splendor of his magnificent mansion, and in his hand he held the portrait of a beautiful woman. His face was pale and haggard, and his lips moved convulsively.

What was this mystery? Was this the picture of his departed wife?

No.

Was it the portrait of his dead butlerly remembered daughter?

No.

What, then, was the cause of his haggard face?

Was it not the same portrait that two minutes ago had fallen from his nail, and raised a lump as big as his egg on his head?

It was.

A Diagnosis.

"Oh, doctor," said a worried looking sibigranum. "My wife is in a awful condition! From a medium fat woman she has reduced to skin and bones. She talks incessantly in a loud whispering voice, and is absence and never seems to be at home. She has a subject without the least witness anything that she's least say."

"I'm I see?" returned the physician. "Go home, Mr. Gableby, and take out your party line telephone at once. Your wife has been stealing in on too much."—Kansas City Star.

Lots of people make fortunes out of other people's indiscretions.

Breakfast is Ready when you have a package of

Grape-Nuts

for this tasteful blend of wheat & barley is ready-cooked.

Not a bit of waste. Usable to the last crumb.

Usual price 15¢ per package.

IMPROVED UNIFORM INTERNATIONAL SUNDAY SCHOOL LESSON

By REV. P. B. KILMER, D. D., Pastor of English Bible in the Moody Bible Institute of Chicago.

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LESSON FOR MAY 25.

REPENTANCE

LESSON TEXT: Jonah 3:1-9. Luke 13:1-5.

TOPIC: GOLDEN TEMPTATION.

ADDITIONAL MATERIAL: Luke 13:1-5; Acts 13:10, 27, 2 Cor. 7:10.

PRIMARY TOPIC: God's Will in Jonah.

JUNIOR TOPIC: The People of Nineveh.

INTERMEDIATE TOPIC: Jonah.

SENIOR AND ADULT TOPIC: The Nature and Fruits of Repentance.

1. The Repentance of the People of Nineveh (vv. 1-9).

The following steps are noted in their conversion:

1. Hearing the Word of the Lord (vv. 1-4).

The Lord commanded Jonah to go to Nineveh, a great and wicked city, and that "you must preach" to them. He failed him. Jonah's runaway experience (see chapter 1, 2) was such that he was willing to obey God. His chastisement was severe, but by God's grace he was now ready to execute the commission. "Jonah arose and went unto Nineveh according to the word of the Lord" (v. 3). So great was the city of Nineveh that it required three days to compass it; then he visited its every center of activity. In the city of Nineveh, Valentine, doubtless entered the city by the south, and, during an entire day going from center to center, cried, "Let forty days be given to Nineveh that it may turn from its ways" (v. 4). Since the king's palace seems to have been in the south part of the city, Jonah's message soon found its way to him. Every preacher who would preach what God bids him there would be more cities to turn to God.

2. Believing God (vv. 5-9).

They not only heard God's word, they believed him, but believed in God and put their trust in him for mercy and salvation.

3. Repented (vv. 5-9).

Their penitence was shown in (1) proclaiming a fast and putting on sack-cloth (vv. 5-7). These marks of humiliation were shown by all, from the king on his throne to the most humble man. (2) Cried mightily to God (vv. 8). In the midst of their humiliation they cried with intensity to God. (3) Turned from their evil ways (v. 9). The final test of their penitence is turned aside. This is what is meant by their repenting.

4. Accepted by God (vv. 10-19).

When the Ninevites turned from their evil ways, God restrained from executing doom upon them. It averted judgment. God is unchangeable. His holy nature is unalterably opposed to sin. When men repent from their sins his wrath is turned aside. This is what is meant by their repenting.

5. The Necessity of Repentance (Luke 13:1-5).

Repentance is necessary on the part of all, since all are sinners. "The wages of sin is death" (Rom. 6:23).

While God is unalterably opposed to sin, he is infinitely gracious. His holy nature compels him to cause judgment to fall upon those who will not turn from their sins to serve him. His penitence is not merely a matter of penitence, or of being sorry for one's sins, but the result of God's grace.

Repentance is the only door of escape from judgment. It is not a question of how great a sinner one is, that determines the need of repentance. When God comes back upon evil: "For thine art of purer eyes than to behold evil, and cannot look upon iniquity" (Hab. 1:13). No one can ever see him to peace unless he turns from his sins. God commands men to repent (Acts 17:30).

6. The Blessed Results of Repentance (Luke 13:1-5).

1. Removal of sins. Repent means to send away. The one who repents is fit forever for his wife, for he is a new man in Christ.

2. Gift of the Holy Spirit. When one is regenerated he not only is rid of his sins, but God's Holy Spirit takes up his abode in him. He is his teacher, guide and defender. These blessed results ought to move one to repent. The goodness of God compels his love men to penitence.

You Cannot Lose.

To have is to use; not to have is to save his life shall lose it." That is the reason for spending yourself—the fact that you cannot lose what you really have: the fact that spiritual quantities are real quantities; that the best in us is better and stronger than the worst. We believe in it; that, to the eye of faith, Sin—the bane—is forever falling from the heaven of things that endure.—W. E. Blane.

Influence of the Bible.

Hold fast to the Bible. It is the sheet-anchor of your liberties: write its precepts on your hearts, and practice them in your lives. The influence of the book has been enlisted for the progress made in civilization, and to this we must look as our guide in the future. U. S. Grant.

God is Love.

"Love is not love which abhors and finds." The unchangeable, the love, and love is the unchangeable, too. God is love.

WHY DRUGGISTS RECOMMEND SWAMP-ROOT

For many years druggists have watched with much interest the remarkable record maintained by Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder medicine.

It is a physician's prescription.

Swamp-Root has stood the test of years. It has won the confidence of all drugmen on its merits, and it should help you. No other kidney medicine has so many friends.

We are sure to get Swamp-Root and start treatment at once.

Remember, if you wish to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

Some men have the knack of making their one grain of sense appear bigger than the other fellow's two.

The anatomist ought to be able to furnish inside information.

THICK, SWOLLEN GLANDS

One needs a large Wether. Name: Thick Wind or Choke-down, can be cured with Absorbine.

Other Remedies or Swellings. Nobler, no horse, and horse kept at work. Ecological—only after drops required an application. 20¢ per bottle—dissolve 10 drops in water, then add 10 drops of liniment for man, reduces Cysts, Wens, Painful, Swollen Palms and Ulcers. \$1.25 a bottle at dealers or Absorbine. Book "Evidence" free.

R. E. T. F. D. T. Springfield, Mass.

Truly, the Mother Pays!

Here is an account from a Paris paper of what was said at his trial by the mother of Cottin, the young anarchist, who shot Clemenceau. "Cottin's mother stops. She wants to speak, but tears choke her words. She makes an effort and only hears a voice that is nothing but a sob. 'I did not come to defend him. But I don't want them to say that he is a bad man. He was a good son to me.'

He went when he spoke to me about all those boys dying with the word 'mother' on their lips. He wanted to enlist. It's a pity they did not accept him. He was brave. They might have given him dangerous orders, and at least he would be dead by now. But she hasn't strength to finish what she wants to say. She turns back and collapses on a bench, sobbing."

Letters to Major Roosevelt.

A group of red oak in Bufford park, Brooklyn, have been set out with appropriate emblems in honor of his late Colonel Roosevelt, and because of his interest in the conservation movement and in our life, the American Forestry Association of Washington points out that no more fitting memorial than trees can be erected to his memory. The association is making a national honor roll of all memorial trees planted in memory of those who served their country in the war.

The Star Performer.

The Modest "Violet" Watch me shrink.

The Soda Water Glass—I can beat you at that.

The Farmer who would like to see his children do their best should call on them to do big things.

NERVOUS PROSTRATION

May Be Overcome by Lydia E. Pinkham's Vegetable Compound—This Letter Proves It.

West Philadelphia, Pa.—"During the thirty years I have been married, I have been in bed health.

and attacks of nervous prostration until it seemed as if the organ in my whole body was gone. I was finally

persuaded to try Lydia E. Pinkham's Vegetable Compound, and it made a well woman of me.

I can now do all my housework

and advise all young women to try Lydia E. Pinkham's Vegetable Compound, and I will guarantee they will derive great benefit from it."—Mrs. FRANK FITZGERALD, 25 N. 41st Street, West Philadelphia, Pa.

There is a great deal of women very

weak in Mrs. Fitzgerald's condition,

suffering from nervousness, backache,

headaches, and other symptoms of a

functional derangement." It is a

grateful gift for women to which

they owe this letter so that other

women may benefit from her experience

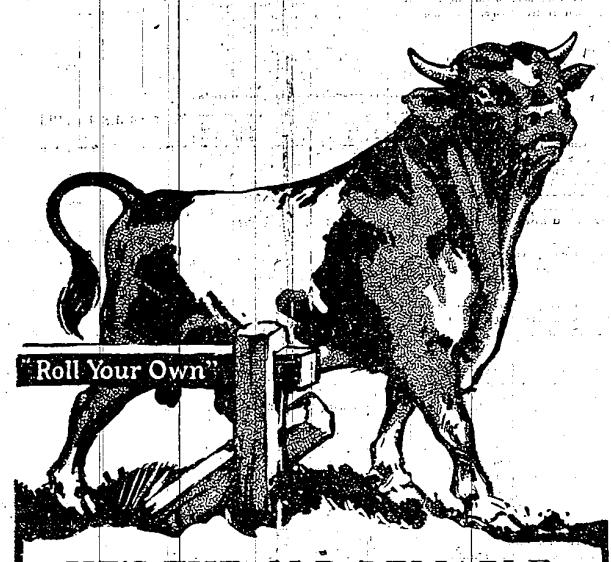
and find health as she has done.

For suggestions in regard to your condition, write to Lydia E. Pinkham's Medicine.

The Modest "Violet" Watch me shrink.

The Soda Water Glass—I can beat you at that.

W. N. L. DETROIT, May 21, 1919.



HE'S THE OLD RELIABLE

GRAND old "Bull". He's the best there is. He sold over 300,000,000 bags last year.

You know genuine "Bull" Durham—never an enigma; millions of friends.

Genuine "Bull" Durham tobacco—you can roll fifty-thrifty cigarettes from one bag.

That's some inducement, nowadays.

GENUINE

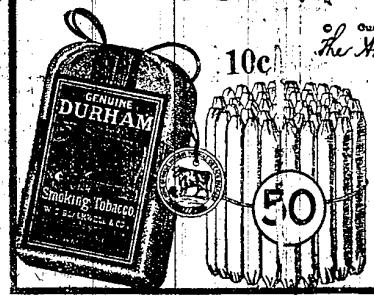
"BULL" DURHAM

TOBACCO

Guaranteed by

The American Tobacco Co.

10c



50c

Guaranteed by

The American Tobacco Co.

You pipe smokers;

mix a little "BULL"

DURHAM with

your favorite to-

bacco. It's like sugar

in your coffee.