

THIS WEEK, NERVOUS MOTHER

Tells How Lydia E. Pinkham's Vegetable Compound Restored Her Health.

Philadelphia, Pa.—"I was very weak, always tired, my back ached, and I felt sickly most of the time. I went to a doctor and he said I had nervous indigestion, which added to my weak condition kept me worrying most of the time—and he said if I could not get well, I had better try Lydia E. Pinkham's Vegetable Compound. I took it for a week and felt a little better. I kept it up for three months, and I feel fine and can eat anything now without distress or nervousness."—Mrs. J. WORTHLINE, 2842 North Taylor St., Philadelphia, Pa.

The majority of mothers nowadays crowd, there are so many demands upon their time and strength; the result is invariably a weakened, run-down, nervous condition with headaches, back ache, irritability and depression—and soon more serious ailments develop. It is at such periods in life that Lydia E. Pinkham's Vegetable Compound will restore a normal healthy condition, as it did to Mrs. Worthington.

Some Practitioner.
Sam Brown, with an over-zealous cup and two bars on his arm, was back in town.

"Hello, Sam, haven't seen you for a long time. Where have you been?" asked an old acquaintance.

"Ah, he's over in France vid da United States vermahny for 'em."

"Veterinary? I guess you mean vet-erans, don't you, Sam?"

"No, Ah reckons Ah means just what Ah says—vermahny. Ah jest naturally been a vermahny—good, them German dogs gunpowder for their distemper."

Important to Mothers.
Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the signature of *Dr. J. C. Williams*. In Use for Over 30 Years. Children Cry for Fletcher's Castoria

Otherwise Peaceful.
"Was it a military dinner?"
"Just a suggestion of the military. We shelled the outs."

Penury is often the unexpected wages of the pen.

Weak From Pain

Mrs. Gibbert Was in Misery, But Doan's Brought Her Splendid Health.

"About 15 years ago my kidneys were in bad condition," says Mrs. Lucy Gibbert, 1530 Columbia Ave., Harvey, Ill. "There was a constant dull, bearing-down pain in the small of my back. I couldn't turn over in bed without such pain. I could hardly breathe, and I was stiff, sore and lame all over; my back was like a rusty hinge."

"Inflammation of the bladder nearly drove me wild. The kidney secretions passed every little while, day and night, a little at a time, and burned like fire. Great quantities of water formed under my eyes."

"I was in such misery. Mr. Gibbert would become weak and so nervous I could scarcely get on my feet. My headaches and the back of my neck pained me. I was so dizzy I didn't dare bend over for fear of falling on my face. My sight became blurred. I was sick all over."

"Five boxes of Doan's Kidney Pills cured me of kidney trouble. Since then I have enjoyed splendid health and I owe it all to Doan's."
Smooth to before me,
S. M. DANICK,
Notary Public.

Get Doan's at Any Store, 50c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

Cuticura Soap

Best for Baby

DAISY FLY KILLER PRICED ANYWHERE
ALL FLIES, Mosquitoes, and other insects, are killed by this soap. It is made of purest materials and is perfectly safe for the skin. It is sold in boxes of 100 bars, and is the best for the purpose.
WASBOLD BROTHERS, 120 De Kay Ave., Brooklyn, N. Y.

Estimated.
"Was she shy when you asked her age?"
"Yes, I imagine about ten years."

Lots of men who have traces of creases in their necks will every thing by kicking over the traces.

Your Enlarged Eyelids.
Eyes inflamed by exposure to Sun, Dust and Wind, quickly relieved by **Martin's Eye Remedy**. No Smarting. Just Eye Comfort.
Your Druggist or by Mail, 50c per Bottle. For Sale by The Eye Remedy Co., Chicago.



Sewing Machine Hints.
When your sewing machine belt becomes loose, do not stop to take it off in order to tighten it. Just drop a little machine oil upon it and you will find the belt tight after a few turns of the wheel. One sometimes has trouble because the needle cuts heavy cotton or linen goods when stitching. If the seam to be stitched is rubbed with hard white soap you will have no more difficulty.

A Tonic for Sewing Machines.
After some years' usage every sewing machine is likely to clog up with fine dust which the machine oil collects on the bearings. As soon as the machine begins to work heavily, take out the shuttle and then give each movable part a generous bath of gasoline. Work the foot lever briskly, so that the gasoline may penetrate every part. The old oil and caked dust will loosen and fall off in quantities that will amaze you. Then open the windows of the sewing room and let the fumes of the gasoline escape. Of course, during this cleaning process, the machinist will take good care that there is no lighted gas lamp or fire in the room. It is a good plan then to let the machine stand without the usual lubricating oil until you are ready to use it again. A piece of chamois should always be kept on hand to wipe off the superfluous oil before beginning to stitch.

Economy in Machine Needles.
Keep a piece of white soap in the machine drawer, and when stitching anything with much dressing in the goods, rub the seams with the soap and you will find you can stitch with ease and with no danger of breaking the needle.

Always keep on hand in the machine drawer a small whetstone, and if your needle becomes dull sharpen it on the whetstone. You can make it as good as new.

An Excellent Spool Rack.
To keep machine drawers in perfect order saw a thin board to fit the bottom of the drawer, mark it with rings, dipping a spoon, and put a peg or nail in the center of each ring. Now each spool is in its own place on a nail and the thread does not become tangled.

With a short hawthorn one can guide and place the work. Keep the hawthorn in the sewing machine drawer.

Tea for Tinting.
Tea is better than coffee for tinting the various shades of cream lace, because there is less chance of streaking. Use a strong solution of black tea, and add this to the rinsing water, dipping it once or twice. This gives a better color than using tea strong enough to give it the right color the first time it is dipped. After lace has been washed and tinted it should be brought back to its original shape by pinning on a clean, ironing board, or several folds of a towel. Keep in mind the shape of the lace as you pin, and pin it so that all the scrolls are the same size. These plans should be put in a very close and neat work requires a great deal of patience.

Casus Belli.
"I understand Mrs. Twobble and Mrs. Gadspar have had a spat."
"That's true."
"But surely their little differences can be patched up?"
"I'm afraid not. Mrs. Twobble said the young Gadspar were avastive and porcine. As soon as Mrs. Gadspar could lay her hands on a libellous she vowed to get even."—Birmingham Age-Herald.

SWAMP-ROOT FOR KIDNEY AILMENTS

There is only one medicine that really stands out pre-eminent as a medicine for curable ailments of the kidneys, liver and bladder.

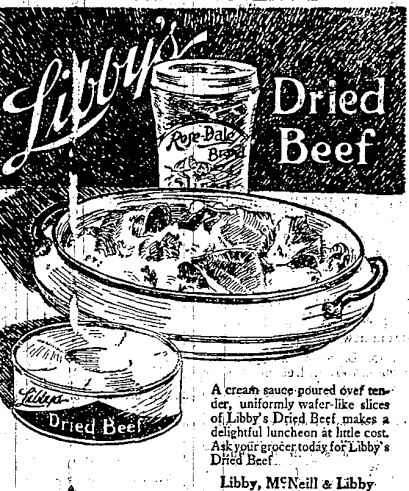
Dr. Kilmer's Swamp-Root stands the highest for the reason that it has proven to be just the remedy needed in thousands upon thousands of distressing cases. Swamp-Root makes friends quickly because its mild and immediate effect is soon realized by most cases. It is a gentle, healing vegetable compound.

Start treatment at once. Sold at all drug stores in bottles of two sizes, medium and large.

However, if you wish to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

What's in a Name?
Mr. Homebody—This tea substituted the worst dope I ever tasted. Who recommended it to you so highly?
His Wife—It was a correspondent in the Ladies' Confidant who signs the name "Adv."

A fish in the hand is worth a dozen in the angler's story.



A cream sauce poured over tender, uniformly wafer-like slices of Libby's Dried Beef, makes a delightful luncheon at little cost. Ask your grocer today for Libby's Dried Beef.

Libby, McNeill & Libby
Chicago

INFLUENZA

And all diseases of the horse affecting his throat speedily cured; colic and worms in the same stable kept from having them by using SPONIN'S COMPOUND, 5 to 6 ounces often.

Safe for brood mares, baby colts, stallions, all ages and conditions. Most efficient scientific compound. SPONIN'S is sold by your druggist.

SPONIN MEDICAL CO., Hirs, Genes, Ind.

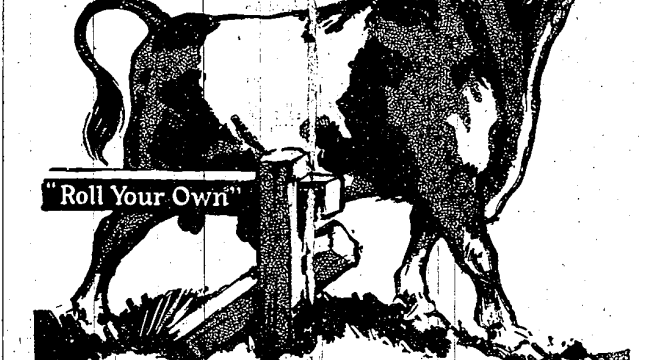
VACATION FROCKS



Life holds exciting prospects for the younger generation just now. The long vacation is almost here, with days to be filled with play and quiet like a journey and a visit to add to its attractions. And there is always the certainty of new clothes when one is to go visiting. A frock to travel in, others for play, and one or two for grand occasions when everyone dresses up, all help in making life one continuous round of pleasure in vacation time.

Since the designing of children's clothes has been given into the hands of specialists who devote all their time and thought to it, all the needs of the folk are well taken care of, and mothers need only concern themselves with making selections from the styles submitted to them. At the left of the two frocks above there is a model which is suited to cotton materials, for everyday wear, and will look well developed in dark-colored taffeta, for traveling and street wear. It is made with knickerbockers and is altogether practical.

As shown in the picture, the dress is plain chambray. A single-box plait at each side of the front and a front piece gathered to a band at the neck give it good lines. The three-quarter length sleeves and the pockets add a hand fluff, the belt of the neck—all that one could wish, but two large pocket buttons are allowed for adornment at the ends of the band at the neck. The wide collar of white batiste or organdie is a separate affair, and its hem is finished with a narrow band of contrasting colored silk. Plain chambray and plain gingham



THERE HE STANDS!

GRAND old "Bull" Durham. He belongs in this country's Hall of Fame. Can you think of a more familiar figure? For over half a century Bull has been part of the landscape; the tobacco he represents has made millions and millions of friends.

You can roll fifty, thrifty cigarettes from one bag. The Government tax on 50 "Bull" Durham cigarettes that you roll yourself is less than 1 1/2 cents; the Government tax on 50 machine-made cigarettes is 15 cents. It's real good sense to roll your own.

GENUINE "BULL" DURHAM TOBACCO



Morning Frocks for Summer. Simplicity should guide you in ordering your morning frocks of gingham. Remember smart, severity marks these tub dresses. An interesting example of these gingham frocks which will be popular this summer, is made of blue and white checked gingham with trimmings of butcher's linen. All square yokes of butcher's linen is worked in blue eyelets, through which a blue silk lacer runs. The same treatment is used on cuffs with right angle "notions." A border of white linen binds the skirt. The belt of white serge is punched with blue eyelets and fastens with a blue enamel buckle.

Novelties in Creps. Crinkly crepe is one of the interesting fabric novelties of Paris; and with its shade of red and white and light colors.