

INCREASE WEIGHT AND VITALITY WITH PHOSPHATE

Nothing Like Plain Bitro-Phosphate... Put on Firm, Healthy Flesh and to Increase Strength, Vigor and Nerve Force.

The average person in beginning to realize more and more that the lack of physical strength and nerve exhaustion (frequently evidenced by excessive tiredness) are the direct cause not only of the failure to succeed in life's various enterprises, but also for the handicap in one's social and domestic life.



At the seaside too, the plump well-rounded figure is most admired.

The well rounded figure which is usually accompanied by the bloom of health and attractiveness... The millions of people are conscious of this handicap in evident from the columns of advertisements in newspapers and magazines of many different varieties.

Our bodies need more phosphate than most of them are able to extract from their foods... The essential phosphate food elements in the phosphate salts of the body are the nerve cells should produce a pleasant change in the blood and increased vitality and strength.

Garage Fire

Flint, Mich., June 17th. The four automobiles that were in the garage fire Sunday morning were insured in the Citizens Mutual Automobile Insurance Company at Howell.

The adjuster for the company met with the owners of the automobiles and made a satisfactory settlement, making a total cash settlement of \$3,240.00.

The adjuster for the company said they were able to pay in cash because they had accumulated a surplus during the five seasons and had on hand over \$300,000.

U. S. Army Raincoats

Finished too late to go to France while they last—For Civilians Government Specifications... Highest Possible Waterproof Quality Released and Offered Direct to Civilians.

Itching Rashes Soothed With Cuticura

Why that position was impressed upon me at the sheer prospect, up which not even a bird could walk.

Jacqueline of Golden River By VICTOR ROUSSEAU

UNDER THE MOUNTAIN.

Paul Hewlett, loitering at night in Madison square, New York, is approached by an Eskimo dog. He holds the dog to a scrubbing house and meets the animal's mistress coming out with a large amount of money.

CHAPTER X—Continued.

"M. Duchaine has been a recluse for many years," he said, "and of late his mind has become affected. It is said that he was implicated in the troubles of 1890, and that, during the winter of 1890, he built this chateau in this desolate region, where he would be safe from pursuit.

"My duties took me to Quebec. There I learned that Mme. d'Epervan had died on the night of my arrival, and that her husband was in pursuit of her. Again it was told me that she was living at the Chateau Frontenac with another man. It was not for me to question whether she loved her husband but to do my duty.

"I found one of the pistols in the hat, and in the pocket of my fur coat were a couple of cartridges which I had overlooked. The rest I had fired away in my delirium.

"The cabin was situated in a valley, around which high hills clustered. Strapping on the snowshoes I set to work to climb a lofty peak which I had not been told had to be done.

"I stopped to stare in admiration. Far below me the narrow valley had widened into a smooth, snow-covered surface, and I saw the tops of the hills in the distance.

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the impossible lake at some time from the top of the arch, it happened to be so poised that at a touch it could be swung into one of two positions, alternately disclosing and concealing the tunnel in the cliff wall.

"I glanced at my watch. It seemed that I had been traveling for an interminable time, but it was barely eleven o'clock. I felt drowsy, and somehow, before I was aware of any fatigue, I was asleep.

"There was no visible entrance to that mountain-lake on any side, and to descend that sheer, ice-coated precipice was an impossibility.

"I awoke too late on the fifth morning, and I was too stiff to make much of a journey. I climbed to the edge of the glacier once again in the hope of discovering an approach.



He Neither Heard Nor Saw Me.

ground my teeth and swore that I would win to her. But all the rest of that day went in fruitless searching. This was to be my last night in the cabin. I could not return, not though I were perishing in the snows.

"As I stood, rather weary, balancing myself upon my snowshoes, I heard a wolf's howl quite near to me. Raising my head I saw no wolf but an Eskimo dog—the very dog I had encountered in New York—Jacqueline's dog!

CHAPTER XI.

Under the Mountains. The dog was standing on a rock at the base of the hill immediately before me—and calling.

"I took a few steps toward it, and it disappeared immediately, as though it had been apparently into the heart of the mountain. When I reached the spot where it had been it was nowhere to be seen.

must have fallen at some time from the top of the arch, it happened to be so poised that at a touch it could be swung into one of two positions, alternately disclosing and concealing the tunnel in the cliff wall.

"I advanced cautiously until the light grew quite bright; I saw the tunnel end in front of me, and emerged into an open space in the heart of the hills.

"I might have been more surprised that I was able to find the entrance all centered on Jacqueline, and the waning of the light showed me that the sun must be well down in the sky. I must go on at once if I were to descend that sheer, ice-coated precipice was an impossibility.

"I was within a hundred feet of Jacqueline's home and yet so far away as though leagues divided us. I looked down at the chateau and

"Presently I began to hear a murmur of water in the distance and then a faint flicker of light. The thunder of the cataracts filled my ears. A fine spray, like a garment of filmy silk, obscured my clearer vision; but through and beyond it, between two torrents that sailed above like crystal veils, I saw the chateau before me.

CHAPTER XII.

The Roulette Wheel. The building stood far back beneath the overhanging ledge and seemed to be secured against the living rock. It was evident that there was no other approach except the tunnel which I had just passed.

"It was almost dark now and growing bitterly cold. I felt in my pocket for my pistol and loaded it with the two cartridges that alone remained of the lot I had brought with me. Then I advanced stealthily until I found beneath the cataract, and here I stood the spray no longer drenched me. I came upon a door in the dark wall and, turning the handle noiselessly, found myself inside the chateau. And at once my ears were filled with yells and a confused laughter in men's and women's voices.

"As my eyes became accustomed to my surroundings I perceived that I was standing near the foot of an uncarpeted wooden stairway. There was a dark room with a door leading immediately in front of me, and another at the farther end of the passage, from beneath which a glimmer of light issued, and it was from this room that the sounds of laughter and music came.

"I turned to the left, and advancing I suddenly found myself face to face with Philippe Leroux. "He was seated at a table in a room which I saw at once was the dining hall. Behind me I was aware of it. I saw his thin face with the little upturned mustache, and the cold sneer about the mouth; and I think I should have shot him if he had not been so old and steadily, and I crept back from the door.

"Hewlett meets Duchaine and Jacqueline and Leroux and learns many things.

(TO BE CONTINUED)

Proverb Returned. "There is no fool like an old fool." "I don't know. There's the young fool that marries an old fool."

DAIRY INCREASE IN DAIRY PROFITS

Dairy Bull Associations Have Done Good Work, it Shows Big Increase in Income.

(Prepared by the United States Department of Agriculture.) Scrub dairy bulls are doomed. The bull association funds their death knell, but it repairs them with bulls of better breeding.

The New Windsor (Maryland) Bull Association has furnished production records of dams and daughters for three successive years. Each year the daughters have produced more milk and butter fat than their dams, which



A Good Holstein Bull.

demonstrates that the bulls were well selected. Of the 21 daughters of a selection bull for which the 1918 records are available, 16 exceeded their dams in butterfat production, and 15 exceeded their dams in production of both milk and butter fat.

The average yearly production of the dams was 5,000 pounds of milk and 210 pounds of butter fat. The average yearly production of the 21 daughters was 6,200 pounds of milk and 283 pounds of butter fat. In milk production the daughters exceeded their dams by 100 pounds or 17 per cent, and in butterfat production by 44 pounds, or 20 per cent.

"Because of cooperative ownership the bulls cost the farmers no more than would have been paid for scrubs; it costs no more to feed the daughters than to feed the dams, and it costs much less to feed the bulls because there were not so many of them. The increased production, therefore, was all net profit.

GROWS GARDEN TO BUY CALF

Washington Boy Raises Prize-Winning Vegetables and Buys Jersey Heifer With Money.

(Prepared by the United States Department of Agriculture.) Alfred Olson of Klekkitt county, Wash., is a member of one of the calf clubs organized by the United States department of agriculture and the state college of Washington. With his purebred Jersey heifer calf, Arca's Babe, he won the state championship prize last year. In 1917 Alfred became interested in the calf club work, but purebred calf costs money, and he did not have funds to buy that requisite for membership. To enroll in a garden club and save toward entering the calf club was an unusual but that was what the Klekkitt county boy did, and he reached the desired goal. The weeds in his club garden kept him busy all summer, but he gave up his fabled garden to his vegetables were prize-winners. He exhibited a collection of them at the state fair and took \$50 worth of prizes.

Meanwhile he had been writing to Jersey breeders for prices and conditions of calves. He decided on Jerseys because that was the breed his father had. With \$40 of his garden prize money he bought a month-old Jersey heifer calf in October. He kept it in the barn all winter, but in the spring she was turned out in the range. When brought in in September to be made ready for exhibition purposes she was larger at eleven months than his father's grade calves of five than five months. At the state fair Alfred's Jersey was awarded the state championship prize in the boys' and girls' club class and was valued at \$150.

SMALL-TOP MILK PAIL BEST

Prevents Entrance of Dust or Dirt and Greatly Reduces Number of Bacteria in Milk.

In modern dairies where clean milk is produced the small-top milk pail is a necessity, as it presents only a small opening into which dust and dirt may fall from the air or from the cow's hump. It has been found by experience that the use of a pail of this kind greatly reduces the number of bacteria in milk from dairies where it is used. Many types of milk pails are for sale, but are thinner by the addition of a hood than convert an ordinary pail into a small-top pail.

We are cash buyers of merchandise, anything and everything handed in a jewelry store... We will pay highest prices for diamonds, watches, false teeth, gold and silver.

THE PORTOPHONE. Just the thing for the home, summer cottage, camp or to take to a party or dance.

Detroit Music House. Don't be a wage earner any longer. Get into business for yourself.

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DO YOU WANT TO SELL YOUR FARM? We can sell it or exchange it for city property... DAN OLSON, FARMER AND REAL ESTATE BROKER.

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SHORE AUTO PARTS. 185 Grand River. Detroit, Mich.

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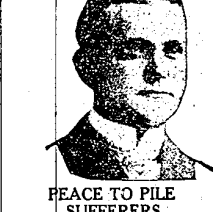
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CHEAPEST AND BEST! For suburban moving order your vans of SHEKEL'S MOVING CO. 127-129 Grand River. Phone Main 965. Detroit, Mich.

PEACE TO PILE SUFFERERS. By My Non-Surgical Method. No knife, chloroform or detention from your daily duties.



By My Non-Surgical Method. No knife, chloroform or detention from your daily duties. Piles, Fissure, Hemorrhoids, Itching, Bleeding or any disease of the rectum, except cancer. My Method is original, My own. No other Physician CAN USE IT. I have used it for 20 years, without a failure. Others can imitate, but imitations don't last long. I have been in my present office for 15 years. My patients can tell the result. When I tell you my method is safe, sure and painless, you may rely on it all ways. There are more people suffering from rectal diseases, and other troubles, resulting therefrom, than few people imagine, and every one of them can be made well and happy, if they would not pay on treatment that is often useless. Unless the CAUSE OF RECTAL DISEASES IS REMOVED ENTIRELY operations and other treatments FAIL. I treat as many people who have had operations, as those who have not. That proves it. If you are a sufferer, come in and have a private talk with me. I will not cost you anything to talk, unless you talk too long, and I will give you some reliable advice, and TREATMENT THAT WILL GIVE YOU PEACE AND COMFORT IF YOU DESIRE. AT A PRICE REASONABLE—ALWAYS—for the results produced, and you may arrange payments which will suit your financial condition. I am anxious to make you well, as well as to make it known that I am the BEST. I advertise because I have SOMETHING to advertise. No treatments by mail—ADV.