

PHYSICALLY FIT AT ANY AGE

It isn't age, it's carelessness living that puts men down in their 30's. Keep your internal organs in good condition and you will always be physically fit.

The heart is the most over-worked muscle in the human body. When they break down under the strain, and the death grip is laid upon them, the crystals tear and scratch the delicate veins, and set up irritations which may cause premature degeneration and often do turn into deadly British heart disease.

One of the first warnings of sluggish kidney action is pain or stiffness in the small of the back, or a sense of oppression in the chest.

Do not wait until the danger is upon you. At the first indication of trouble, get a trial bottle of GOLD MEDAL Kidney Oil Capsules, imported direct from the laboratories of the U.S.A. for almost immediate relief. If for any reason they should not, your money will be refunded. But be sure to get GOLD MEDAL Kidney Oil Capsules, in sealed boxes, three sizes—Ad.

Accum. Greatness.

The best way to accumulate greatness is an intense interest in a great program. Then it is that the fellow becomes so full of the job that he hasn't time to think about whether he's great or not. He sees the things to be done and becomes so full of how to do it that he rises without knowing that he's becoming great in the eyes of the world. So the best thing is to be filled with your job and work it until it gets the fruits.

Distinction.

"Did you go up Mount Washington?" "Oh, yes; we stayed overnight at the summit."

"I suppose you lived high?"

"Yes, we had a top-supper."

HOME MADE TEA FOR CONSTIPATION

Is used by entire families because it is purely vegetable, does the work and costs very little.

Downy high prices for Liver and Bowel remedies are now a thing of the past. Our new product is pure vegetable, can be brewed at home in a small package, will last long time.

Thousands of old people will tell you that they have been helped to live after the liver and bowels have been put in this condition in a few days.

For those who have a weak stomach it is necessary to keep on taking it.

Please drink a cup of Dr. Carter's K. and B. Tea once in a while, after a sick headache or a sailor's skin. It's good for boys and girls especially those who are not strong or fresh. Druggists have been selling it for many years.

UNCLE SAM a SCRAP chew in PLUG form MOIST & FRESH *Liquorice & Tobacco Co.*

ABSORBINE
REDUCES STAINS, FULLY ABSORBS OIL, PAINT, ETC., FROM BOOTS, SWELLINGS, STOP LIMBERING AND ALAYS PAINT. HEALS SORES, CUTS, BRUISES, BOOT CLASPS. IS A
SAFE ANTISEPTIC AND HERMIGE.

Does not blister or remove the hair and can be washed off. Pleasant to use. \$2.00 a bottle, however. Dr. Carter's Absorbine is the best. Price 50c a bottle.

W. F. YOUNG, P. D. F., 111 Main Street, Springfield, Mass.

WANTED
MEN WHO
COULD
SELL
GOLD
DOLLARS
FOR
90¢
A WONDERFUL new endeavor for men. If Ford Cars in your town, there is a Ford Garage. If there is no Ford Garage, start one in a weather proof building, heating or priming, is as simple as it is safe. We have it all ready for you. It will sell for \$1000.00. Easy to install. Price only \$2.00. Easy to learn. Does not blister or remove the hair and can be washed off. Pleasant to use. \$2.00 a bottle, however. Dr. Carter's Absorbine is the best. Price 50c a bottle.

No special experience necessary. This business will make you rich. W. F. Young, C. W. A. & Co., 111 Main Street, Springfield, Mass.

**Cuticura Soap is
Easy Shaving for
Sensitive Skins**
The New Up-to-date Cuticura Method

**E-Z Stove Polish
Outshines All
IRON ENAMEL
Makes Rusty Pipe Smooth
E-Z Metal Polish for Nickel Parts.**

**SHILOH
30 DROPS COUGHS**
Children's Coughs
may be checked and more easily removed by promptly giving the child a dose of cold water.

PISOS

Since 1870

Shiloh 30 drops cures

children's coughs

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