

Harvest 20 to 45 Bushel to Acre Wheat in WESTERN CANADA



Think what that means to you in good hard dollars with great profit made for wheat which prices. Many farmers in Western Canada have been able to reap the profits from stock raising and dairying, for you can buy on easy terms.

Farm Land at \$15 to \$30 an Acre

Learn the Facts About Western Canada (see list on improvements), beautiful climate, good schools, churches, pleasant social relationships, a prosperous and industrial people.

M. V. MacINNES, 178 Jefferson Ave., DETROIT, MICH.
Canadian Government Agent.

No Exception. "It seems to me there is a tax on everything but talk on the League of Nations."
"Oh, no; even that is a tax on our patience."

INFLUENZA starts with a Cold

Kill the Cold. At the first onsets take

HILL'S CASCARA QUININE BROMIDE

Standard cold remedy for 20 years. Kills colds, cures, no opiate—breaks up a cold. Cures—relieves grip in 3 days. Money back if failed. The genuine has a Red Top. Beware of cheap imitations. At All Drug Stores.

Pershing Decorated. A young American soldier had just finished painting a door panel in one of the halls of the Hotel Carlton in Paris. With his paint can in his hand he hurried around the corner and bumped into an officer in uniform who was hurrying in an opposite direction. As the officer brushed the splashed paint from his uniform the soldier made profuse apologies.

"What's all this?" replied the officer, "only be leeches the next time you and your paint come around the corner."

The officer was General Pershing.

Entertaining France. Nearly \$3,000,000 is proposed to be spent by France for improvement of ports, interior navigation and railroads.

But Woman Does. "Oh—Woman is like a man. Her Hubby—Certainly; what man wears a straw hat in January?"

THE KITCHEN CABINET

HOLIDAY CANDIES.

A varied diet will not promote health resistance to disease or efficiency and longevity in the same degree as a diet containing liberal amounts of milk and leafy vegetables.—McCormack.

Who could imagine the holidays without candy? Candies made at home are doubly delicious and usually more wholesome.

One may have an elaborate equipment or one which is very simple. A few wooden spoons, a thermometer, a few bowls and basins, and a few aluminum saucers, a pair of scissors and a candy hook to pull the

boiled sugars on, some bon-bon cases; these may be saved from time to time, saving the buying. The candy thermometer is of the greatest convenience; it is made of wood and copper or brass and registers in degrees.

When boiling sugar the steam of kettles and pans should be avoided. A clear light day is best. When sirup is cooked to a high degree of heat it is apt to sugar. Cream of tartar and glucose or a few grains of citric acid added to the mixture will keep it from granulating. A tablespoonful of glucose, a quarter of a teaspoonful of cream of tartar will be enough for a pound of sugar.

The making of fondant is the most important step in candy making. It is used in many ways, both as a covering and also as filling.

If it is desired that one has no thermometer to make the fondant in small quantities. To four cupfuls of sugar add half a cupful of water and a tablespoonful (heaping) of corn sirup or glucose, or a bit of cream of tartar. Let it boil, washing down the sides with a swab to keep the grains from forming, until when a drop is added to cold water it makes a ball which can just be handled. Four it carefully into a hot water bath. Turn it on a platter and let it cool until it can be handled. Stir with a wooden spoon from the edges to the center until it is all creamy and smooth. Then pack it in a bowl, cover with a buttered paper and set away for a day or two. It is now ready for any of the flavors, colors or kinds one wishes to make of it.

The softer the fondant the more delicate it is for the filling of chocolate creams. Chill the fondant and mold in balls; chill again and dip quickly in melted chocolate.

SEASONABLE GOOD THINGS.

The national song of China is that sung by its tacticians, and our poets liken it to the echoes of a cataract muffled by clouds, a distant sea breaking upon the rocks, a rainstorm sweeping a bamboo forest, or the sighing of the pines on a distant hill.—Dr. Wu Ting Fong.

A little care and thought in the arrangement of food will make of a very common dish something worth while.

With sugar keeping up price it will be hoove almost any householder to "keep a bee."

A hive in an attic will prove a most valuable addition to the family larder. And when one may take sixty pounds from a hive it seems quite worth while to learn how to care for a hive of bees.

Honey Custard.—Beat two eggs, add half a teaspoonful of salt and one-third of a cupful of strained honey, two cupfuls of milk and mix thoroughly. Turn into four custard cups and set in a dish on foiled paper with cups surrounded with boiling water. Let bake in a moderate oven until firm in the center.

Apricot Omelet.—Press canned or stewed apricots through a sieve to fill a cup. Melt two tablespoonfuls of butter. In it cook two tablespoonfuls of flour and one-fourth teaspoonful of salt. Add the cupful of apricot puree and stir well. Add gradually to the points of five eggs beaten very light then fold in the stiffly beaten whites. Melt one tablespoonful of butter in a smooth omelet pan, turning the pan to have the sides well greased. Pour in the apricot mixture and cook on the top of the stove for two minutes; then set in the oven. Cook until done to the center. Score at right angles and fold at the scoring. Turn on a hot platter. This will serve eight.

Potato and Mackerel Salad.—Flake cooked salt mackerel, using half as much fish as potato cubes. Mix a plate of potato with half a grated onion and the flaked fish (one cupful), a teaspoonful of finely minced parsley, one dill pickle chopped fine, one cupful of mayonnaise and half a cupful of whipped cream with a teaspoonful of horseradish. Garnish with sliced canned tomatoes.

Shredded Eggs Creole Style.—For three eggs cut half a green pepper and half an onion in shreds. Cook in a tablespoonful of butter until soft. Add three-fourths of a cupful of cooked strained tomato, and salt to season. Turn into egg dishes and into the tomato break a fresh egg. Set in the oven to cook until the egg is set. Serve at once.

BOSCHEE'S SYRUP.

A cold is probably the most common of all disorders and when neglected is apt to be most dangerous. Statistics show that more than three times as many people died from influenza last year, as were killed in the greatest war the world has ever known. For the last fifty-three years Boschee's Syrup has been used for coughs, bronchitis, colds, throat irritation and especially lung troubles. It gives the patient a good night's rest, free from coughing, with easy expectation in the morning. Made in America and used in the homes of thousands of families all over the civilized world. Sold everywhere.—Adv.

Planning His Future.

The Proud Father—"I'm sure of it. The kid's going to inherit my looks. The Fond Mother—That will be awful. Can't you make a will and disinherit him?"

"Cold in the Head"

is an acute attack of Nasal Catarrh. Persons who are subject to frequent "colds in the head" will find that the use of HALL'S CATARRH MEDICINE will soothe the Symp, cleanse the Blood and render them less liable to colds. Stopped attacks of Acute Catarrh may lead to Chronic Catarrh.

HALL'S CATARRH MEDICINE is taken internally and acts through the Blood into the mucous surface of the System. All Druggists Sell. Postpaid, 50c. For all cases of Catarrh. HALL'S CATARRH MEDICINE will not cure.

F. J. Cheney & Co., Toledo, Ohio.

Sending Cotton to Japan. One million bales of American cotton will have been shipped to Japan by the end of the year.

HOW RHEUMATISM BEGINS

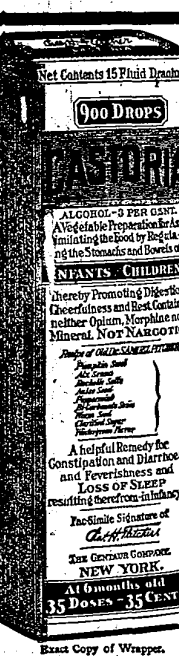
The excruciating agonies of rheumatism are usually the result of failure of the kidneys to expel poisons from the system. If the filtration of these uric acid crystals is allowed to continue, favorable bladder or kidney disease may result, attend to temporary relief. The sick kidneys must be restored to health by the use of some sterling remedy which will prevent a return of the disease.

Get some GOLD MEDAL Hexium Oil Capsules immediately. They have brought back the joy of life to countless thousands of sufferers from rheumatism, lumbago, sciatica, neuralgia, gravel and other affections of the kidneys, liver, stomach, bladder and allied organs.

They will attack the poisons at their clear out the kidneys and urinary tract and the soothing healing oils and herbs will restore the indurated tissues and organs to normal health.

All others are imitations. Ask for GOLD MEDAL and be sure the name GOLD MEDAL is on the box. Three sizes, at all good druggists.—Adv.

Matrimony is a school in which women unlearn most of the things they know about men.



CASTORIA
For Infants and Children.
Mothers Know That Genuine Castoria Always Bears the Signature of *Charles H. Fletcher* In Use For Over Thirty Years **CASTORIA**

Net Contents 15 Fluid Ounces
900 Drops

ALCOHOL—3 PER CENT.
Avoidable Preparations for Infants and Children. Contains the Steadfast and Borden's INFANTS' CHILDREN'S.

It Promotes Digestion, Cheerfulness and Rest. Causes neither Opiate, nor Laxative Mineral. Not Narcotic.

A Reliable Remedy for Constipation and Diarrhoea and Feverishness and LOSS OF SLEEP resulting therefrom.

Facsimile Signature of *Charles H. Fletcher*
THE CASTORIA COMPANY, NEW YORK, N.Y.
At 6 months old 35 Doses—35 CENTS

Exact Copy of Wrapper.

SHILOH
SINCE 1870
30 DROPS COUGHS
30 DROPS COLDS

When your mouth tastes like all the mean things you ever did—mixed together, then you need Beecham's Pills. Your mouth is a good indication of the condition of stomach and bowels.

BEECHAM'S PILLS

Field everywhere. In boxes, 10c., 25c.

Largest Sale of Any Medicine in the World

186 ACRES HIGH GRADE CORN FARM, \$15,810

Unusually rich stock farm. All natural high grade land. About 70 acres rich creek bottom. Total 186 acres. 110 acres for the well-known fine cream pasture for 50 head; such rich 170 acre home, planted with the finest quality and lowest price Deciduous trees. This farm at \$18,110 terms. Details near St. Louis's Fall Catalog Farm Breeding Farm, Agents, 414 B. G. Ford Bldg., Detroit.

TO SHINE A COLD STOVE
Quick and Easy
Use **E-Z STOVE POLISH**
By **MARTIN & MARTIN, CHICAGO**

FRECKLES SOFTENED BY Dr. Beecham's Cream. Sold everywhere. Write for description. Price \$1.00. Frank B. Harris, Esq., N. Y.

W. N. U., DETROIT, MO. 81-1919.

The Price of Pork Chops and Bacon

Here are reasons why the fine, fresh pork tenderloins and pork chops, or savory ham, or crinkly bacon, which you enjoy for breakfast, cost much more per pound than the market quotation on live hogs which you read in the newspaper:

An average hog weighs 220 pounds.

Of this, only 70 per cent (154 pounds) is meat and lard.

So, when we pay 15¢ a pound for live hogs, we are really paying more than 21¢ a pound for the meat which we will get from these animals, even after taking into account the value of the by-products.

But people show a preference for only one-third of the whole—the pork chops, fancy bacon, and choice cuts from juicy hams.

This means that when we are selling Premium bacon at 43½¢ per pound wholesale and Premium hams at 30¢, there are other parts for which we get as low as 6¢ or 8¢ per pound. The net result is an average profit to us of less than 1¢ a pound.

The choice cuts are higher because of a demand for them.

Another thing: Only 35 pounds of the entire hog—or about 1/6th—is usually marketed at once. The rest must be pickled, cured, or smoked. This takes months, and adds to the costs which must be met.

Swift & Company, U.S.A.

SWIFT'S DOLLAR MEAT
WHERE IT GOES

12.96 85¢
To Sell at

THIS SHOWS THE RECEIPTS OF THE AVERAGE DOLLAR RECEIVED BY SWIFT & COMPANY FROM THE SALE OF MEAT

100 CENTS IS PAID FOR THE LIVE ANIMAL
85 CENTS IS PAID FOR THE MEAT
12.88 CENTS FOR LABOR
1.00 CENTS FOR PACKING
2.04 CENTS REMAINS TO SWIFT & COMPANY AS PROFIT

An Opportunity to Share in the Profits of

MONTGOMERY WARD & COMPANY

INCORPORATED
The Great Mail Order House

You have probably been a customer of Montgomery Ward & Co. for years. You have probably sent hundreds of dollars by mail to this concern. Perhaps it has never occurred to you that some day you might be able to own a few shares of stock in Montgomery Ward & Co.—be able to share in its profits. Here is such an opportunity.

510,000 Shares Common Stock at 45 Per Share

written, or and if issued and received by us.

The great Chicago mail order house is expanding—increasing its capitalization. It expects to do a greater business than ever before—to earn even larger profits. If this proves true Montgomery Ward & Co. common stock should greatly increase in value and earn handsome dividends.

On Monday, Dec. 8th, 1919, 510,000 shares of the new common stock were offered to the public for the first time at \$40 per share. Indications on that day were that it would all be quickly sold—that to secure any of it, you will have to place your order immediately.

Write NOW for Circular!

A circular describing this stock issue has been prepared. It tells of the gigantic nature of the business—the earnings of the company—the dividends that have been paid. Write for this circular today. Learn how you may become a partner in the business of Montgomery Ward & Co. Write for the circular NOW!

JOHN BURNHAM & COMPANY

41 South La Salle Street - Chicago, Ill.

The statements in this advertisement, while not guaranteed, are based upon information and advice which we believe to be accurate and reliable.

Nellie Maxwell