

Regional meeting set by Hadassah



Michigan Region Hadassah will have its annual conference on May 15-17 at the Northfield Hilton Hotel in Troy. Theme of the meeting will be "Close Encounters of the Best Kind."

Guest speakers will be Blanche Shukow, a member of the national board and current chairman of the National American Affairs Department of Hadassah, who will be conference advisor.

She will deliver the keynote address at the opening plenary session at 10 a.m. on Tuesday, May 16. Aaron Rosenbaum, research director of American Israel Public Affairs Committee and publisher of "The Near East Report," will speak at the 30th anniversary banquet on Tuesday evening, May 16. His subject will be "The Turning Point—An American and Zionist Affairs Update."

Major seminars at the conference will deal with education, membership, programming and Hadassah's youth movement, Hashahar.

Entertainment at the banquet will be provided by the Music Study Club chorus of Detroit.

Workshop coordinators are Har-

-BLANCHE SHUKOW
 riet Band of Huntington Woods and Eileen Newman of Grand rapids. Workshop chairwomen are Pat Gauer and Sophie Barkman of Flint, Phyllis Newman of Birmingham and Ruth Lando of Kalamazoo.

Conference committee chairwomen are Iris Aaron and Connie Wise of West Bloomfield; Sue Kaufman and Marie Solway of Bloomfield Hills; Rita Frumin, Linda Berlin, Barbara Rosenthal and Rose Rosenblatt of Southfield; Marilyn Ash and Pauline Jackson of Huntington Woods; Estelle Hartman of Flint; Virginia Hoffman of Detroit; Lynn Hecht of Lansing; and Ruth Meisner of Farmington Hills.

Reservations can be made by contacting Mrs. Abraham Katzman at 547-5588 or Mrs. Davis Benson at 424-8207. Husbands and guests are welcome at the banquet.

Liquid protein going, but fad diets remain

Liquid protein, one of the latest and most controversial weight loss substances, won't be around much longer. Carolyn Lackey, Michigan State University food science and human nutrition specialist, says that people are now frightened enough to leave the liquid protein alone.

Speaking to participants of a recent MSU workshop for state Expanded Nutrition Program personnel, she said that the diet was originally designed for treating only extremely overweight persons. The substance, however, became popular a year ago as an over-the-counter aid and has since been suspected in a number of heart failure deaths.

"Many weight loss clinics that relied on liquid protein regimens are already out of business and in late March the Michigan Department of Public Health urged physicians not to use or recommend it," the specialist reported.

MS. LACKEY said the Michigan agency's directive was illustrative of what other officials were doing nationally, but that "diet fads are here to stay."

"We're a pill-taking society," she explained, noting that in the United States being overweight is considered a "disease." A big psychological appeal of liquid protein has been that it smells and tastes bad like medicine.

She said that because Americans are so intrigued with taking pills to cure ills they are quick to fall for diets that require them - even though the pills themselves are worthless and expensive.

She cited two of the more recent fads, one involving a pill containing kelp, Vitamin B, vinegar and lecithin; and another based on a "no-hunger bran pill."

"People fall for these diets because of advertising and faulty logic," she explained.

Class Reunions

NORTH FARMINGTON 1968
 A committee from the class of 1968 at North Farmington High School is beginning plans for a 10-year reunion this summer.

Those interested in attending or having information on class members may call Kathy Werny Wahl, 476-4835, or Claudia Elmanson, 681-6166.

DETROIT REDFORD 1958
 The class of 1958 at Detroit Redford High School will hold its 20-year reunion Aug. 12. Those interested in attending may call Nicky Cullen, 459-6389.

DETROIT REDFORD 1953
 The class of June 1953 at Redford High School will hold a 25-year reunion Saturday, Aug. 5, in Fairlane Manor, Dearborn. Those interested in attending may call Ralph Larsen, 591-0006.

CLARKSTON 1973
 The Clarkston High School class of 1973 is seeking addresses of classmates for a five-year reunion. Those interested in attending or having information on members of the class may call Vicki (Cooper) Stuart, 681-2885, or Sami Sanger, 673-2018.

PONTIAC 1943
 A 35-year class reunion is being planned for those who graduated from Pontiac High School in 1943 beginning at 6 p.m. Saturday, July 1, in the Pontiac Elks Club for the class that graduated from Pontiac High School in 1943.

A charge of \$10 per person will include dinner, tax and tip, dancing and prizes. The club is located at 114 Orchard Lake Road.

Those interested in making reservations or having information on others in the class may call Mrs. Robert Pack, 682-2386.

Moynihan talks in Southfield

Sen. Daniel Moynihan (D-New York) will speak on the American political scene at 8 p.m. Sunday, May 7 in congregation Shaarey Zedek, 27375 Bell, Southfield.

Moynihan has served in the cabinets or cabinets of Presidents Kennedy, Johnson, Nixon and Ford. He has been the U.S. ambassador to the UN and president of the Security Council.

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