

Oct. 8 run will benefit the blind

The Birmingham Lions Club and the Varsity Shop sporting goods stores are sponsoring a 10,000-meter Run for the Blind on Oct. 8, a Sunday.

"All proceeds will go to the Leader program in Rochester," said John Olson, public relations chairman for the Lions Club. "We anticipate making this an annual event."

Pre-registrations, mailed to the Community House, 380 S. Bates, Birmingham, prior to Oct. 5 will cost

\$3.50. A registration fee of \$5.50 will be charged for entries made the day of the race. Registrations will be taken from 8:45-9:30 a.m. at the Varsity Shop on the day of the race.

Entry forms are available at the Varsity Shop stores in Birmingham and Rochester, Mills Pharmacy in Birmingham, the Birmingham YMCA and at Oakland University.

Following are the race divisions: 13

and under boys and girls; 14-19 teenage boys; 20-29 men; 30-39 men; 40-49 men; 50 and over men; open women's (three previous 10,000-meter races); novice women (those participating in their first or second 10,000-meter race).

The first 150 people to finish the race, regardless of division, will receive a T-shirt with a Lions Club emblem and a City of Birmingham

arch on the front, plus the words "Run for the Blind" on the back.

Meet director Tom Kearney, head track coach at Birmingham Groves High School, has paced off the 10,000-meter race at about 6.2 miles. The course starts and finishes at the Varsity Shop's Birmingham Store at Pierce and Merrill. The course includes some of Birmingham's parks and the Lincoln Hills Golf Course.

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Program to help those hurt by drugs

A three-part professional help program for families of alcohol or drug abusers is being offered by Providence Hospital's Department of Substance Abuse. The program is designed to help families create a home environment which will encourage the abuser to seek treatment.

Each family first meets with a therapist to determine the specific problem. Attempts are then made to understand the family system and how it can work to contribute to the treatment, according to Clifford Furgison, director of the substance abuse department.

The family then enters a basic education phase, where information on alcoholism and drug abuse is provided in an effort to dispel social myths about drug and alcohol abuse. This is done in a series of 10 lectures.

In the third phase, families begin a series of "confrontation skill-building" sessions with therapists.

A final assessment is completed before the family implements the program at home, hospital officials said. They add that the program emphasizes the family's role in objectively confronting its situation and contributing to it in a positive manner.

For more information, phone the department of substance abuse at Providence Hospital, 424-3116.

Cyclist dies

A 22-year-old Royal Oak motorcyclist died Monday afternoon in Providence Hospital after he struck a car exiting from a driveway and bounced into the path of another car.

Kevin M. Costigan was pronounced dead at 5:10 p.m. by hospital officials, less than an hour after the accident at approximately 4:30 near the intersection of Rutland and Ten Mile Road.

Police said Costigan was traveling eastbound on Ten Mile, 200 feet west of Rutland, when he struck a car leaving a driveway at 17225 Ten Mile. That car was driven

by Kevin J. Ostach, 23, of Farmington Hills.

Costigan reportedly careened off the car and landed in the westbound lane of Ten Mile, where he collided with a car driven by Ms. Belle Fields of Southfield.

Pt. Joseph Schwartz and Sgt. Michael Chapman responded to the accident which remained under investigation.

The accident victim was employed at General Motors' Detroit Diesel facility as a forklift driver. He lived with his parents and was single. Funeral arrangements will be handled by Sullivan Funeral Home in Royal Oak.

Adjustment to divorce course is scheduled

Michigan's pioneer program in Adjustment to Divorce, a four-week series designed to help parents involved in marital dissolution, will take place in October.

This will be the 11th consecutive year that the Michigan Inter-Professional Association on Marriage, Divorce and the Family will sponsor the series. The discussion series is designed to help individuals involved in the divorce process understand and cope with their situation.

mourning, child adjustment and child rearing, living alone and remarriage.

Opening session will be at 7:30 p.m. on Tuesday, Oct. 10, with more sessions at the same time on Oct. 17, 24 and 31. The sessions will take place at the First United Methodist Church in Dearborn.

For more information call 644-3443.

Taxing knead?

A study from the Tax Foundation says taxes are levied 151 times on one loaf of bread by the time it's taken from the oven.

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