

Club Circuit

BOY SCOUTS from Troop 179 are looking for other members 11-18 years old to join them for meetings with Scoutmaster Kenneth Milliken.

The members have recently returned from a backpacking outing on the Potawatomi Trails near Ann Arbor, and a Camporee in Kensington Park.

One of the troop's patrols, the Grem-lins, took first prize in competition as the best patrol in the entire Clinton Valley Council.

Membership inquiries will be taken by calling Milliken at 474-8606.

JUVENILE DIABETES FOUNDATION, of Michigan, will host Nathan

Pritikin in an open meeting at 8 p.m. Friday, Nov. 3, in the Gordon Hall-room of Troy Hilton Inn, 1455 Stephenson Highway at Fifteen Mile.

Pritikin is the author of "Live Longer Now," and he will address the foundation members and guests about his recent studies of diabetes, heart disease and hypertension.

His unusual degree of success in treating these diseases through unconventional diets and exercise has made him both the center of interest as well as controversy in health fields.

The foundation supports research and educational services in the fight to conquer the diabetes.

It is sponsoring Pritikin's appearance in response to interest in the role

of diet and exercise in treatment of diseases such as diabetes, and endorses exposure to many points of view.

While in the Detroit area, the author will appear on "The Morning," "Kelly & Company" and "Focus."

ST. MICHAEL, ST. BEATRICE AND DIVINE PROVIDENCE PARISHES join for its first inter-parish dinner dance at 7 p.m. Nov. 4 in Divine Providence Cultural Center, 2535 Nine Mile, east of Beech-Daly.

The \$10 donation includes admission and buffet dinner.

Tickets are available by calling Frank Zager, 553-9133.

SENIOR CITIZEN DROP IN CENTER, of Farmington, is open each Monday and Wednesday from 10 a.m.-2 p.m. in Masonic Temple, Grand River and Farmington Road.

Guests may bring a sandwich if they wish. Coffee and tea are provided.

Bridge and pinocle games run continuously.

PHI MU ALUMNAE meets for its annual Make It-Bake It-Sew It, or Grow It auction at 7:30 p.m. Nov. 7.

Host for the evening is Amette Yasin, 678 Fieldstone, Rochester.

Members may make inquiries or arrange for a ride by calling Elly Orsley, 651-2423.

WIDOWED PERSONS meet at 7:30 p.m. Nov. 7 in Mercy Center, 28600 Eleven Mile, for a program called "Keeping Fit, True Grit."

The speaker for the program is Tora Dan, physical fitness specialist for the YWCA. She believes that trying times are even more trying when one is not physically fit.

"Being fit is important to one's emotional, as well as physical well-being," she said. "Reasonable care, exercise, and proper eating habits should be a regular part of the day, each day."

The meeting is open to all widows and widowers in all surrounding areas. A donation of \$2 is asked at the door.

holder to reduced rates on all activities.

CHRISTIAN WOMEN'S CLUB meets for a "Total Package Luncheon" at noon Thursday, Nov. 16, in Mayflower Meeting House, Main and Ann Arbor Trail, Plymouth.

The afternoon program will include a gift wrapping demonstration and music furnished by Jana Wacker, a recording artist and Chicago TV personality.

All events are open to church women in surrounding areas.

Luncheon and baby sitting reservations are taken before Monday, Nov. 13, by Jo Cone, 477-3825.

FARMINGTON AMATEUR RADIO CLUB meets at 7:30 p.m. Wednesday, Nov. 8 in Room 101-G of Farmington High School, 3200 Shawwassee.

All meetings are open to persons interested in amateur radio.

RENAISSANCE SINGLES meets at 8 p.m. Wednesday in Golden Manor, 1094 Grand River, four blocks west of Southfield Freeway.

A program, free beer, coffee, munchies, cash bar and dancing is standard fare for every meeting.

Donation is \$5 per meeting, limited to singles over the age of 21. However, a free 60-day trial membership card is being offered now which entitles the

AMERICAN CANCER SOCIETY, Farmington Area Branch, meets at 7 p.m. Thursday, Nov. 9, in Farmington Hills Community Library on Twelve Mile.

For membership information, phone Walt Koning at 477-6606.

DETROIT NORTH SUBURBAN ALUMNAE ASSOCIATION OF ALPHA DELTA PI meet at 8 p.m. Thursday, Nov. 9, in the home of Sue Gaston, 4188 Old Dominion, West Bloomfield.

Teresa Burtrum, who has given demonstration in the Flint Art Institute, will show how to make dough art Christmas ornaments.

Diabetes detection tests given Nov. 6-10

Free testing for diabetes will be available during National Diabetes Detection Week from 9 a.m.-3 p.m. Monday through Friday in Botsford General Hospital, 28500 Grand River.

The testing program is sponsored by American Diabetes Association-Michigan Affiliate in cooperation with 150 hospitals and health facilities in the state.

Diabetes is a disease that impairs

the ability of the body to use sugar. Insulin is needed to convert the starches and sugars into energy. Diabetes is diagnosed through blood sugar tests.

It is estimated that there are about 200,000 undiagnosed cases of diabetes in Michigan. The purpose of the drive is to identify these people and alert them to the need for proper treatment.

In 1977 the detection week program found 571 persons who didn't know

they had the disease. THE MOST common symptoms of diabetes are excessive thirst, frequent urination, blurring vision, constant hunger, or the slow healing of cuts and scratches.

The disease, however, may be present "without any of these symptoms."

Persons who are over 35, overweight, and blood relatives of a diabetic are particularly urged to take

the test since they are in the high risk group and are most likely to develop diabetes.

To assure an accurate test, it is important to eat a high carbohydrate meal, one with a large amount of starches and sugars, about two hours before the test.

The testing is limited to those over 18 years of age who have not previously been diagnosed as diabetic.

Russian emigre stars in 46th Balfour event

A Russian immigrant, who has won acclaim as a violinist in Israel and the U.S., will be the leading performer at the 46th Annual Balfour Concert at 7:30 p.m. on Sunday, Nov. 12 at Congregation Shaarey Zedek in Southfield.

Boris Belkin, who has performed with Zubin Meta and the Montreal Symphony, as well as with Leonard Bernstein and the New York Philharmonic will be accompanied by Robert Bravo.

Joining Belkin in the Balfour Concert program will be flutist Michele Sahn and oboist Stuart Dunkel. Jewish Community Center Symphony Orchestra conductor Julius Chajes will conduct a string ensemble for the concert. Misha Rachelevsky will be concertmaster.

Ms. Sahn received a master's degree in 1975 from Boston University where she was a fellowship student. She attended Tanglewood as a recipient of the Beinecks Fellowship and won the C. D. Jackson Outstanding Flute prize. She is now principal flutist

of the Opera Company of Boston and is on the faculty at the All-Newton Music School.

Dunkel received a bachelor of music degree from Boston University and has performed with the Boston Symphony. He is solo oboist of the Opera Company of Boston and is on the faculty of the All-Newton Music School and the South Shore Conservatory.

BORN IN Lvov, Poland, Chajes came to the U. S. in 1937 after having won the honor prize in the first international competition for pianists in Vienna. He has served as the head of the piano department of the Music College in Tel Aviv.

Rachelevsky is director of the Solisti Barocchi, a group of musicians who concentrate on Baroque music. He joined the Detroit Symphony in September, 1976. He has performed in radio and television concerts in Moscow and other musical centers of the USSR. He has also been soloist with orchestras in Israel, South Africa, Mexico and Canada.

Cantor Jacob Barkin of Congregation Shaarey Zedek will sing the national anthem.

Maxwell M. Hoffman, president of the Detroit District Zionist Organization of America, a resident of Southfield, has appointed Lester Zeff and Max Sosin as co-chairmen of the annual concert. Mrs. Sidney Z. Leib and Mrs. Philip Slomovitz are women's committee chairpersons.

Others on the committee are Mrs. Ira G. Kaufman, Philip Slomovitz (honorary chairpersons), Mrs. I. Walter Silver, Mrs. Bernard Weston, and Mrs. Richard B. Kramer.

The annual fundraising event benefits Zionist causes and Israeli programs and activities. ZOD support the Kfar Silver High School of Agriculture and the Molly Goodman High School at Kfar Silver in Ashkelon, Israel.

FUNDS RAISED also help send young people to camp in this country and in Israel.

Tickets for the Nov. 12 concert are priced at \$500, \$250, \$50, \$30, \$18, \$10 and \$7.50.

To order tickets or for more information, call the ZOD office, 18451 Ten Mile, Southfield, at 569-1515.



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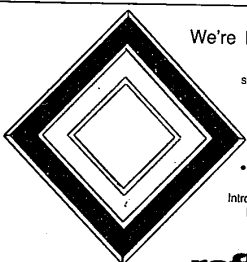
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