

Winter make-up is sophisticated

This season's look in makeup is sophisticated—sparkling, smooth and polished. It is the perfect complement to the fashion world's glamorous look called "high chic."

Mira Linder, owner and operator of Aesthetics of Mira Linder on Northwestern Highway in Southfield, has just returned from this year's Congress of World Beauty in Brighton, England.

"As in past seasons, the eyes are the focal point of the face," she says, "with the accent on muted shadows. Taupe, mauve, gray and brown are blended for subtlety and softness."

To create an illusion of depth, she recommends smoothing on the darkest shade to be used onto the upper eyelid, then use a lighter shade on the lower eyelid.

Pastel color shadow from the top of the nose to the eyebrows will add luminosity and warmth.

For those who want a more dramatic intensity, Ms. Linder suggests black mascara on the eyelashes and black pencil rimming of the eyes.

"Lips, too, are intense," she said. "Outline the lower lip, but give a softer, less well-defined look elsewhere around the mouth."

SKIN TONES should be light, in order to contrast with the more intense colors around the eyes and mouth, so a pale or natural foundation is suggested.

"To look especially sophisticated incorporate a discreet touch of powder tints, the Disco Dusts, that glitter into everything: eyelids, cheekbones, forehead, lower lip, shoulders and even décolleté," she says.

One of the newest tips she comes back with from Europe is that eyeliner is back. The color is optional. Either cake or liquid bring out the eyes this season.

Three or four trips to Europe every year keeps the aesthetian in touch with "what's going on in the world of beauty internationally." Ms. Linder says, "but with the cold and dry winter winds here again, your best treatment is still a collagen facial. It puts

back into your skin the essential oils the Michigan winters remove, and it only takes about an hour and 15 minutes."

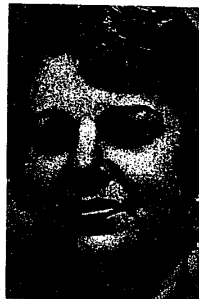
For those who are heading south, "Remember to take your cosmetics with you, because on the ski slopes or in the sun you'll need all the protection you can get," she says.

HER SUGGESTION is a super-protective cream for the face; eye cream for underneath the eyes, and a screener for the nose and lips.

"After ski or after sun, cleanse the face thoroughly and apply a soothing lubricating cream to help calm the skin, and at the same time restore its moisture. If you like, I'll be happy to recommend specific products. But in any case, if you follow these steps they'll make for a much more enjoyable winter vacation," she said.

While in England, Ms. Linder spent time attending professional lectures and seminars she believed would be of special interest to her customers.

She returned with new-found knowledge on plastic surgery; rejuvenating treatments for the hands, psychological stress on teen-agers caused by acne, and the proper application of



MIRA LINDER

makeup for those with acne. All consultations offered by Ms. Linder are without charge.

Down to Earth

Now's the time to search the catalogues

It's January—time to start planning for 1979 gardening. Try to avoid repeating the same old things. Branch out and grow with new ideas. It's time to study current catalogues.

The way to get the most out of the catalogues is to go over the entire booklets, unburied, and mark the examples you want to keep on your "interest" list.

There are many catalogues on the market. Here are three good ones.

The catalogue put out by the George Park Seed Co., Greenwood, S. C. 29647, has a good reputation among growers. Even if you don't start seedlings yourself you will become familiar with the leaders in the plant categories and can speak up for what you think is an outstanding selection.

As you look at this catalogue take special notice of the plants that have a shield-shaped emblem just before the name. These are All-American Selections, a very coveted honor in competition.

The George Park catalogue also features Astors, which have been hybridized and are not those buggy specimens we used to find in gardens, and Asclepias, a brilliant orange butterfly flower. The latter is a beauty for a grouping in a secondary border, flowering in July and August.

AN OUTSTANDING SELECTION I have grown from seed out of this catalogue is the Italian white sunflower. It grows four inches high and has an abundance of chalk white flowers, four inches in diameter, and worthy of raves.

You will be amazed at how many of the plants described in this catalogue can be grown to maturity in a sunny window.

A second catalogue is put out by Burpee Seeds, Warmminster, Pa. 18991. In this area we rave about Howell melons. You can grow the very same melon—Burpee Amrods Hybrid. Just give it good soil and a sunny location.

Another seed to try is the Spacemas-



by ALICE WESSELLS BURLINGAME

ter bush cucumber. They require very little space for an abundant crop.

Another good vegetable is Burpee's Golden Beet. It doesn't bleed as the red ones do, and it's sweet. The third catalogue is from Wayside Gardens, Hodges, S. C. 29226. This one will cost you a dollar, but it's worth it, as it is truly a textbook for gardeners. In it you can find unusual plants and the latest shrubs and trees to encourage you to use your space well.

It's a what?

Lollipops had been around since the 1850s, but they didn't have a name until the turn of the 20th century, when Lolly Pop, a race horse, was a track favorite. The stick, incidentally, was pushed in by hand until 1908, when a machine was invented which turned out 40 lollipops a minute.

Thursday, January 4, 1979

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