

Life With Aged To Form Theme For Conference

With the turbulent teens commanding so much attention as the national scene, Oakland University will swing the pendulum the other way at a conference Nov. 15 on "You and the Elders in Your Life."

The conference planners, recognizing the need to examine the problems of aging and the aged, have developed the day-long program primarily to benefit those faced with handling older persons' concerns in their own families.

Researchers have found that families often find themselves totally unprepared to cope or even to know where to turn when an aging relative needs professional help. They are aware that there are community agencies that can provide answers to some of their problems and that they themselves can do much to reduce the worries that come with advancing years.

THE CONFERENCE, first of its kind for the layman, will bring together resource people and agency representatives discussing the various aspects of aging as it relates to their individual responsibilities. The topics will range from "Social Security-Medicare" to "Facing Death with the Aged."

Keynote will be Dr. Wilma Donahue, Institute of Gerontology, University of Michigan, who will speak after the noon luncheon. Chairman of the Michigan Commission on Aging, Dr. Donahue is a pioneer in the field of gerontology. Appropriately, she will discuss "Understanding Older People."

There will be six concurrent sessions in the morning including a panel discussion of community resources. They will be repeated in the afternoon giving attendees the opportunity to pick the two sessions that interest them the most.

ONE SESSION will be led by Woodrow W. Hunter, co-director of training, Institute of Gerontology, University of Michigan. His topic will be "The Situational Aspects of Aging."

Boston O.B. Will Discuss Lamaze Method

Dr. Clement Yahlis, Boston obstetrician and gynecologist, will speak on "The Physician and the Lamaze Method of Childbirth" twice this week.

His talk is scheduled at 8 p.m. Thursday, Oct. 30, in the Rackham Auditorium, 60 Farmworth, Detroit, and at 8 p.m. Friday, Oct. 31, in the Rackham Auditorium at Williams and Huron, Ann Arbor.

A film illustrating the Lamaze method will be shown at each meeting. The sessions are sponsored jointly by the Childbirth Preparation Association, the University of Michigan Center for Adult Education and the Ann Arbor Public Schools.

Dr. Yahlis, a native of Egypt and a graduate of Harvard University medical school, is a strong proponent of the Lamaze method of childbirth. He is author of many publications, including "Preliminary Experience with a Psychophysical Program of Preparation for Childbirth."

There will be a \$1 charge for the talk in Detroit.

Featured in another session will be Patricia Sobel, R.N., Nursing Care Facilities, Oakland County Health Department. She will discuss "Criteria for Selecting a Nursing Home for the Aged."

The community resources panel will be comprised of Irma Blaurock, supervisor of nursing homes, Department of Social Services; Helen McLellan, consultant on the aged, Family Service of Oakland County; Ann Mok, R.N., supervisor, Visiting Nurse Association, Greater Detroit Area; Rita O'Donovan, senior case worker, Referral Service for Aging, United Community Services of Metropolitan Detroit; and Joseph H. Ham, director, Senior Citizens Opportunities, Office of Economic Opportunity.

ONE OF THE most vital concerns of older people is finances. Providing some of the answers about "Social Security-Medicare" will be Gilbert Galvin, assistant manager, Social Security Administration, Department of Health, Education and Welfare.

Dr. Robert J. Kastenbaum, professor of psychology and director of the Center for Psychological Studies of Dying, Death and Lethal Behavior, Wayne State University, will conduct the fifth session. His topic will be "Facing Death with the Aged."

THE SIXTH session will feature Herbert Robb, M.D., who will discuss "The Medical Dilemma for the Aged." Dr. Robb is a noted specialist in cardiovascular diseases.

A question and answer period will follow the afternoon sessions.

The conference fee is \$7, which includes registration fee for 9:30-10 a.m. luncheon, coffee hours and luncheon.

To obtain a descriptive brochure, contact the Conference Department, Oakland University, Rochester, 48063, or telephone 377-2000, ext. 2175.

New Program Can Help After Cancer Surgery

"Reach to Recovery," a new physical rehabilitation program for women who have undergone a breast removal, is now offered by the Wayne County Unit of the American Cancer Society.

There are an estimated 1,350 women in the greater Metropolitan Detroit Area who will undergo medical treatment for breast cancer each year according to statistical research. Breast cancer is the most prevalent cancer in women.

TRAINED VOLUNTEERS, all of whom have undergone mastectomy will make in-hospital consultation with the patient and explain how they also can be fully rehabilitated and lead a full life.

The Reach to Recovery program details the physical exercises necessary for rehabilitation and the personal adjustment of clothing and cosmetic needs. The program is under

the complete guidance of physicians and patients' names are kept confidential.

Information to further help the patients and public information is provided to the family, said Robert M. O'Bryan M.D., the medical advisor for the Reach to Recovery Program.

REACH TO RECOVERY takes its name from the exercises which help a breast cancer patient toward physical rehabilitation. "The patient will be given at no cost, the exercise equipment, manual of information, and a temporary prosthesis to wear when leaving the hospital," Dr. Robert M. O'Bryan said.

Breast Self Examination, another continuing program of the American Cancer Society stresses early diagnosis and the treatment of breast cancer which is detected in its early stages is 83 per cent curable.

Clinic Aids

College Return

Back-to-college clinics for women interested in entering or re-entering Wayne State University are in session from 1 to 6 p.m. Wednesday, Oct. 29, at Alumni House, 341 West Ferry, on the university campus in Detroit.

Advisers from six WSU divisions planned to conduct roundtable discussions to answer individual questions about admission procedures, course requirements, preparation for teaching, study skills, and financial assistance available to students.

There is no charge for clinics, sponsored as a public service by Women of Wayne Alumni Association.

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New Pregnancy Test Gives A Quick Answer

"Am I pregnant?" This has traditionally been one of the most personal and important questions a woman asks her doctor.

And the time between question and answer has always been a most anxious -- and sometimes agonizing -- waiting period, both for the woman who wants to become pregnant and the one who does not.

The reason for this time lapse has been the necessity in the past for time-consuming analysis of the patient's urine in outside laboratories utilizing laboratory animals. More recently, the time lapse was shortened with the development of procedures that can be implemented in the doctor's office.

However, because these tests are often difficult to interpret, most doctors do not do tests in their own offices, but rather send them out to a lab. This can mean a wait of up to three days for results.

TODAY, the waiting period has been entirely eliminated with the introduction of the first practical chemical test method for doctors' use to detect pregnancy.

Now available to doctors for the first time, the test was invented by Harry W. Gordon, Ph.D., director of scientific research for Julius Schmid, Inc., a leading manufacturer of pharmaceutical and contraceptive products.

Dr. Gordon reports that clinical tests have found the Twintest test to be as effective

as any standard immunologic screening test for pregnancy now in use. Because of the speed and reliability of the method, and the fact that no special equipment is needed, it is expected that the test will be used widely in doctors' offices as a routine examination technique, Dr. Gordon said.

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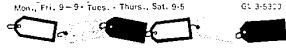
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COMING—The Traveling Playhouse, an adult professional company from New York City, will appear Saturday, Nov. 8, under the sponsorship of the Livonia Entertainment Guild. The actors will appear in a production of "The Emperor's New Clothes." Curtain times are 11 a.m., 1 p.m. and 3 p.m. in Bentley High School. For tickets call Terry Hand at 427-6583 or Joyce MacLean at 427-0620.

Conference To Study Potential

Focusing on creative approaches to "Enriching Children's Lives," more than 300 area parents and teachers will gather at Oakland University Saturday, Nov. 8, for the annual one-day conference on preschool children.

Katharine Whiteside Taylor, author of "Parents and Teachers Learn Together," will speak on "Releasing Children's Creative Potential" before the conference breaks into group discussions exploring various aspects of creative, enriching experience for preschoolers.

Workshops will focus on such topics as: childhood experiences that strengthen, relative

Neurotics Group Has New Chapter

A new chapter of Neurotics Anonymous, an organization of persons trying to help each other with emotional problems, will begin meetings at 7:30 p.m. Mondays in the Christus Victor Lutheran Church, 25535 Ford, Dearborn Heights.

Two other chapters meet at 3 p.m. Sundays in the GAR Building, 1942 Grand River, Livonia, and at 7:30 p.m. Thursdays in the Rouge Recreation Center, 7501 Spitznagel Drive, Detroit.

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