

How do you manage when parents age?

Graphologically Speaking

By LORENE GREEN



"The adult children of aging parents often have many more options than they realize."

That's the opinion of Sydney Reiter of Oakland University's Continuum Center, who will lead a six-session program called You and Your Aging Parent from 7-10 p.m. Wednesday, Feb. 21 to March 28, at Oakland University.

Mrs. Reiter of Southfield, coordinator of the Gerontology Training Project at the center, designed the program along with her co-leader, Adele Weaver of West Bloomfield, a counselor and trainer at the center.

The program was designed under grants by the National Institute of Mental Health and the Administration on Aging as part of a series of older adult programs that won creative programming awards from the National University Extension Association in 1977.

"WE ARE TRYING to help men and women who are concerned about their aging parents on several levels," Mrs. Reiter said. "Some are just beginning to notice that their parents are getting older and wonder what that will mean for the future."

"Others are overwhelmed by parents who aren't functioning well and need help. But what kind of help they give and how can they give it? Some adults have very old independent parents, but they still wonder whether they are doing what's right for them."

"Until recently, there has been little community support for people who were looking after the aged. Now there are a lot of community resources that people don't know about or don't know how to use." Each of the three-hour sessions will include informational presentations of relevant information about aging, as well as about community resources and the typical feelings of adult children.

The program will be held at the Continuum Center on Adams Road south of Walton Boulevard, on the east side of the Oakland campus. Fee is \$55 for an individual and \$90 for a couple. Enrollment is limited. Advance registration is required.

Contact the Continuum Center at Oakland University in Rochester or call 377-3033.

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Dear Mrs. Green:
I wrote to you once before, and I did not see an answer, so I thought I'd try again. I'm 18 years old, and I read your interesting column each week. Could you please analyze my handwriting? I'd really appreciate your professional opinion. Thank you.

I wrote to you once before, and I did not see an answer, so I thought I'd try again. I'm eighteen years old and I read your interesting column

J.R., Westland
Dear J.R.,
I am glad you live by the old cliché, "If at first you don't succeed, try, try again."

In many ways you are a mature 18-year-old young lady. Your lack of lead in strokes tell me that you are independent and self-reliant. When you have a job to do you can get right at it without a great deal of fanfare. You do not waste time on unnecessary details.

Your margins tell me that you are experiencing fear and apprehension about the future. Something has you very concerned, but you are not able to discuss it with others.

You are extremely sensitive to criticism of your personal self (this can be concerning your hair, voice, figure, clothing, etc.). It is shown by the looped stems.

Although you have a good analytical and questioning mind I think you probably have rather limited interests. I think you would also enjoy reading and have literary ability (shape of your g's). Your life is enriched by many inner resources.

Outwardly you are very poised and do not show your emotions freely. You are objective and quick to consider how a situation is going to affect you. (This is revealed in your upright slant.) You are quite cautious (straight word endings that run along the baseline).

Friction and arguing you do not like and you try to get along smoothly with others, but you are rather easily irritated. Some of your amiability I feel is calculated because you feel it is necessary to get along.

Pride and dignity are strong traits of yours (height and retracing of your t's) however, the low crossings tell me that you are not challenging yourself enough.

You like having your own way (shown by the first letter of many of your words being larger than the rest).

You have a tendency to make moun-

tains out of molehills (overworked periods). Each of us has strong need to be appreciated. The shape of your personal pronoun I tell me that your need is especially strong and is not being fulfilled.

The gestalt picture of your handwriting suggests that the relationship with your mother at the present time is not all that it should be. The many extra loops in your circle letters tell you co-

ten rationalize both to yourself and others so I feel it will probably be difficult for you to admit this.

If you would like to have your personality analyzed through your handwriting, write to Mrs. Lorene C. Green, certified graphologist, in care of this newspaper. Please write on a full sheet of unlined paper in the first person singular.

Village has winter tours

Guided tours, hot cider, a sleigh or wagon shuttle ride and entertainment by a village minstrel are all part of the winter weekends through March 18 at Greenfield Village. There is no additional charge for these attractions beyond regular village admission.

The village is open all winter, but the special added features are limited to weekends only. Village tickets are sold from 9 a.m. to 3:30 p.m. during the winter weekends.

Visitors are met by a village guide at the entrance and then are escorted in groups on a

Your duads need enough sleds

A key step when doing the laundry is to use the correct amount of detergent. Here are some suggestions:

- Read and follow package directions. They are based on the amount that gives the best performance under conditions most homemakers encounter. Use recommendations vary from brand to brand.
- For more heavily soiled clothing, use more detergent. As much as 1 1/4 cup over the recommended amount.
- The size of the wash-load (amount of clothing) as well as the amount of water in each washload writing the Now Wash also call for a change in basket, PO Box 75128, the amount of detergent Sanford Station, Los Angeles, Calif.

- If the water in your area is hard, use more than the recommended amount of detergent (up to one cup) to adequately soften the water, thus insuring thorough cleaning.
- Remember that synthetic fabrics and special finishes are hard to clean, and detergent alone may not provide adequate cleaning performance. Increasingly, homemakers are using laundry additives along with their detergent to condition and improve stain removal and help whiten and brighten whites and colors.

Learn more about detergents and additives by water in each washload writing the Now Wash also call for a change in basket, PO Box 75128, the amount of detergent Sanford Station, Los Angeles, Calif.

A kiss may test for cystic fibrosis

"Kiss your baby" is the message of the Detroit Chapter of the Cystic Fibrosis Foundation is stressing for a special week Feb. 11-18.

Dr. Robert Gregg, president of Children's Hospital of Michigan, and chairman of "Kiss Your Baby" Week, said a salty-tasting baby may be the one who has the serious lung-damaging disease.

"Asking parents to kiss their babies is our way of alerting parents to the symptoms of CF," said Dr. Gregg, former director of respiratory diseases at Children's and an authority on CF.

CF is an inherited disease in which abnormally thick mucus clogs the lungs and airways, causing breathing problems.

"So far, there's no cure for CF but early diagnosis can prolong life," Dr. Gregg added. Today 50 per cent of CF patients can be expected to live past age 19.

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