



The J. L. Hudson Co. provided fashions and accessories for the teatime interlude. Table appointments are by the Home Interior Design Department, simple white china by Rosenthal, silver by Teghini of Florence, Alessi, Reed & Barton, and a Jena glass tea pot designed from an original piece at the Museum of Modern Art. Yvonne Gill Davis selected the teas and prepared the special foods for our proper tea table.

Photos by Stephen Cantrell

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made an ideal filling for a wheat and sage bread. "Tea sandwiches should be made of firm, day old bread filled with a thin layer of savoury such as chicken with tarragon or cucumber with mustard butter. The flavor in the sandwich should be built up with seasoned butter."

English scones made with fresh Devonshire cream were next on the tea time list, accompanied by butter and jam. These are usually enjoyed along with a fresh fruit, she explained.

Finally, the sweet may be brandy snaps and cream puffs, or fruit cake. "The traditional tea foods begin with a cream, a plain fruit cake, plain biscuit and a savoury," said Ms. Davis. "Tea should be a small blend of discretionary eating, but not a sweet table."

High tea traditionally served as a light supper when the main meal of the day is served at noon, contains the same elements as the afternoon tea. "But, you would add a substantial dish such as Welsh rarebit or scrambled eggs, or any light supper item," she said.

- Rustie Shand



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