

Stitch your game plan

Thursday, October 25, 1979

(S.F.Ro-7C)OPE

In the fall, leaves turn color and husbands go wild over football.

On Saturday afternoons wives cease to exist, so it's a great time to needlepoint. Here's a football coaster to work in your husband's team colors. If you can't beat 'em, join 'em.

You'll need a four-inch square of 10-gauge plastic needlepoint canvas, felt for backing, a No. 18 tapestry needle, and all your leftover yarns from other projects.

Be sure you have blue and gold, or green and white, or whatever colors your team carries.

Stitch the goal posts as diagrammed, alternating the team's colors. Use the darker color for dark stitches and the lighter for dotted ones. Have goal post colors as bright as possible. You might even use two strands of No. 3 pearl cotton to give the stitches gloss.

Work green grass below the goal posts as diagrammed, using backstitch or tent stitch. Plastic canvas



the lively needle

Mary Kay Davis

won't warp so use the stitch you like. Stitch the stadium's diagonal aisles in a soft grey. Keep the tone light so that aisles won't compete with the goal posts.

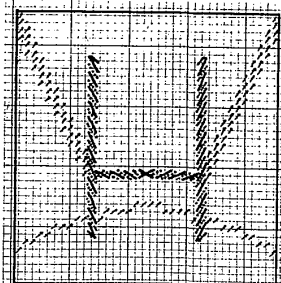
Then fill in all the people in the stadium. Each stitch is a body and they come in random colors. I used a cross stitch over one intersection for each person, but a single tent stitch would work as well and be quicker.

Keep your colors pale. They may look dull and greyed when viewed alone, but they'll perk up considerably when they're all together. You don't

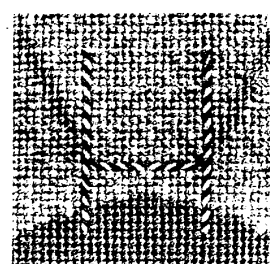
want the background to compete with the goal posts.

Cut away excess canvas, leaving one unworked thread around the needlepoint square. Stitch this with the long-armed cross worked in the darker of your team colors.

Tuck felt to the coaster back between the long-armed cross and the design. Trim away excess felt. Hand it to your husband, and smile.



Stitch a stadium on a coaster.



Finished, it looks like this. (Staff photo)

consumer mailbag

What is EDTA? Is it a safe additive?

S.S. — Birmingham

EDTA or ethylenediamine tetracetic acid is used to hold color, flavor and texture in foods such as mayonnaise, salad dressings, pop, beer, pickles and vinegar.

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I'm tired of fanatics, radicals and environmentalists using scare tactics to hamper our energy policies in this country. It's time we went all out to produce as much fuel as possible from oil, coal, nuclear or whatever to keep this country going.

Harold F., Bloomfield Hills

I'm even more tired than you are, Mr. F., of trying to defend the environmentalist position on energy sources and conservation. So this one time I

defer to a source that can neither be labeled radicals nor fanatic, Harvard's Business School.

In its recently published Energy report it states that "none of the four conventional sources of domestic energy — oil, coal, natural gas, or nuclear — can supply much more energy than they do now."

"Broadly speaking," the report adds, "the nation has only two major alternatives for the rest of this century — to import more oil or to accelerate the development of conservation and solar energy."

"Conservation and solar energy, in our view, are much to be preferred." Copies of the Harvard Business School Energy Report are available at most bookstores.

10-20-TIP: Autumn is the very best time to start your compost pile for use in your garden next summer. For free composting information send a stamped self-addressed envelope to Concern, Inc., Detroit, 1 Northfield Plaza, Troy 48099.

GRACER R. GLUSKIN
Director

CMU campus a melting pot

More than one quarter of Central Michigan University's student body comes from Oakland, Wayne and Macomb counties, figures from CMU Registrar's Office reveal.

But, in keeping with recent years, CMU continues to draw students from each of Michigan's 83 counties.

The University also continues to be a

largely all-Michigan institution, with 97.8 percent of its students calling Michigan their native state.

Oakland County, with 1,949 students at CMU, leads all other counties as home base for CMU students this fall. Wayne is next with 1,639 and Isabella, the university's home county, is third with 1,165.

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