

# Homemade Ice Cream Is Great

By JOYCE TOTTEN

Do you have a crank or electric ice cream freezer that has been sitting idle? Why not put it to work and make some homemade ice cream? From one generation to the next, the fun of making a freezer of ice cream never diminishes. It can be a family activity, and children will be delighted to help with the preparation and never forget the experience.

Deciding on what flavor to make may cause some problems since each flavor is so tempting. But once the decision is made and you have all the ingredients on hand it's time to make the tasting good recipe. This basic recipe contains gelatin for extra smoothness. And when you use gelatin you won't need as much rich cream. The result is a refreshingly light ice cream—not too sweet and not too rich.

There are many variations to this basic mix and you can make four great flavors. There is bound to be one flavor that your family will like.

**BASIC VANILLA ICE CREAM**  
 2 T. unflavored gelatin  
 5 c. milk  
 2 c. sugar  
 1/4 t. salt  
 6 eggs  
 1 1/2 qts. light cream  
 1 (3/4 oz.) pkg. instant vanilla pudding mix  
 5 t. vanilla  
 Soften gelatin in 1/2 c. cold milk. Scald 1 1/2 c. milk and stir into gelatin mixture until it dissolves. Add sugar and salt, stirring until dissolved. Add remaining 1 c. milk. Beat eggs at high speed of electric mixer for five minutes. Add light cream, pudding mix, vanilla, then gelatin mixture. Pour into one gallon ice cream freezer container. Freeze following usual procedure for your freezer. Remove dasher; pack down ice cream. Replace lid. Repack ice and salt around container in a three to one proportion. Allow to stand two hours. Makes 3 1/2 qts.

**PEPPERMINT STICK**  
 Melt 1/2 c. crushed peppermint stick candy with the 1 1/2 c. milk. Proceed as above, reducing sugar to 1 1/4 c. and vanilla to 1 T. After cream is frozen, stir in 1/2 c. crushed peppermint stick candy; repack. COFFEE-WALNUT:

Add 1/4 c. instant coffee with pudding mix. Reduce vanilla to 1 T. After ice cream is frozen, stir in 1 c. coarsely chopped, toasted walnuts. Repack.

**GRAPE**  
 Substitute 3 c. grape juice for milk. Proceed as above, reducing light cream to 5 c. and sugar to 1 1/4 c.; eliminate vanilla. Add the juice of 1 lemon.

**FRUIT ICE CREAM**  
 2 cans sweetened condensed milk  
 1 lbs. pkg. frozen fruit, partially thawed  
 1/2 gal. homogenized milk  
 Mix all ingredients. Pour into ice cream freezer and freeze. Frozen fruit may be strawberries, raspberries or peaches.

## Be Prepared Topic For Red Cross Chapter

Being prepared was the topic at the recent meeting of the Disaster Nursing Preparedness program of the Southeastern Michigan Chapter of the Red Cross.

Approximately 103 registered nurses, representing 38 hospitals and 15 health agencies, met at the Red Cross Chapter House in Detroit. Mrs. James Richards, Disaster Nursing Chairman for the chapter, of Bloomfield Hills, reported on activities of Red Cross volunteers during civil disorder last summer.

Further meetings are planned to coordinate future activities in time of disaster.

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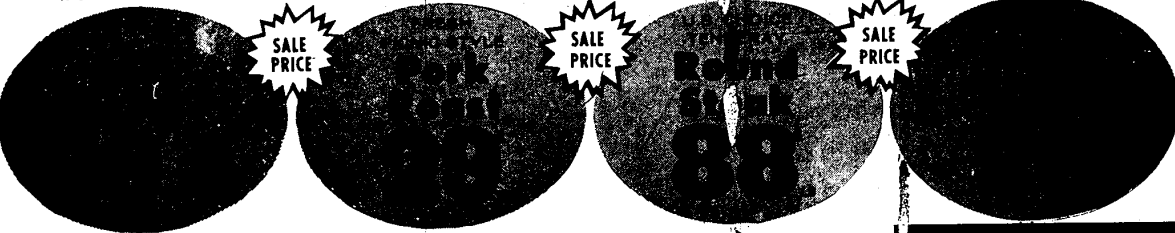
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 2 T. unflavored gelatin  
 5 c. milk  
 2 c. sugar  
 1/4 t. salt  
 6 eggs  
 1 1/2 qts. light cream  
 1 (3/4 oz.) pkg. instant vanilla pudding mix  
 5 t. vanilla  
 Soften gelatin in 1/2 c. cold milk. Scald 1 1/2 c. milk and stir into gelatin mixture until it dissolves. Add sugar and salt, stirring until dissolved. Add remaining 1 c. milk. Beat eggs at high speed of electric mixer for five minutes. Add light cream, pudding mix, vanilla, then gelatin mixture. Pour into one gallon ice cream freezer container. Freeze following usual procedure for your freezer. Remove dasher; pack down ice cream. Replace lid. Repack ice and salt around container in a three to one proportion. Allow to stand two hours. Makes 3 1/2 qts.

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**HYGRADE'S B L PARK Wieners**.....1-LB **73¢**

**WHOLE Semi-Boneless Hams**  
**66¢** HALF **69¢** LB

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 1-LB PKG **59¢**

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**KROGER FROZEN Pot Pies**.....8-OZ **15¢**

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