

Her sewing wins national award

By SUSAN TAUBER

Sewing changed Sandra Boufford's life.

By tonight, the 17-year-old will be in New York City, where for four days she'll be treated like a celebrity.

The Rochester teenager, who will be a senior in the fall at Rochester High School, is one of four national winners in "Sew Biz," a contest sponsored yearly by Butterick, Seventeen Magazine and Eastman Kodak.

Sandra is the winner for the Midwest region.

The honor includes a four-day all-expense paid trip to New York City for her and an escort, where a representative will take her and the other winners to Broadway plays, tours of Eastman Fibers, Butterick, Seventeen Magazine, and Manhattan. They'll dine at Maxwell's Plum, Benihana's Palace, even the Monk's Inn.

Pam Boufford, Sandra's 23-year-old sister, will accompany her on the trip. "I'm so excited," said the winner. "This will be my first airplane trip that I can remember."

In order to win the prize, however, Sandra had to spend hours making a suit according to the rules of the contest.

Using blue and white pinstripe 50 percent Kodel polyester fabric, she made a fitted straight skirt with darts, an unlined jacket with all seams finished with lace trim and a gaze long sleeve shawl collar blouse finished with French seams.

THERE WERE 60 teenagers in the "Sew Biz" contest who won cameras and the four top winners. Sandra won a camera in last year's contest.

Sewing is done by almost every Boufford female in the Rochester home. Donald and Pauline Boufford

have five daughters and four sons and three sewing machines.

"I've been sewing since the fifth grade," said Sandra, who works as a lifeguard at Hidden Hills Swim Club. "I've taken sewing classes ever since I was in the seventh grade in school. I make most of my clothes, because I can make them for so little. It only costs me \$5 to make a nice dress."

Sandra hopes to go into either retailing and merchandising or clothing and textiles after she finishes high school. For her senior year, she's going to do an independent study, learning tailoring tricks. She'll do the work with her high school teacher, Eleanor O'Toole, whom she said gave her advice on her suit.

"We're really close," said Sandra. "She is ready to help me whenever I need it. She's a great teacher."

Through her years of sewing, Sandra has picked up many finishing hints on

her own. Her prize-winning suit, which she'll get back when she arrives in New York City, has her monogram on the jacket breast pocket. She installed the zipper by hand and used a rope belt to finish the tailored look.

"I USE ALL the pattern brands, but I found I like Butterick patterns the best. They fit me better and run more true to size. I like to take patterns and intermingle them, putting a yoke from one pants pattern onto another pair of pants," she said.

Though she hasn't learned yet to draft her own patterns, Sandra's sewing talent is obvious.

While in New York, wearing other outfits she's made, she'll have a chance to display her charm and poise, too. She's already been told to expect to wear her prize-winning suit several times for contest sponsors and other important people who will take a close look at her and her suit.

Monday, June 18, 1979

(O3B)



Sewing at home beats buying clothes in stores for Sandra Boufford. (Staff photos by Mindy Saunders)



Sandra models one of the dresses that will accompany her to New York City. She made the dress out of single knit polyester.



Looking perky in her three-piece slack outfit with the reversible vest, Sandra takes time from sewing to be outdoors.



Stephen Way, International Hair Fashion Director of the Saks Fifth Avenue Beauty Salons, will be with us in Troy from June 25th through the 29th! One of London's most popular stylists, Stephen Way believes hair health and shine, a gentle perm, an expert cut and improvement on nature's color when needed are the basics for beautiful hair, whether it's long or short, straight or waved. And he'll be with us soon to interpret for the American woman the very latest hairstyles shown at the Collections in Europe! Do plan to come meet him and let him design a beautiful new look for you. Haircut alone by Mr. Way \$50. Call 643-8514 for your appointment in the Beauty Salon—where we are all the things you are.

Troy, Somerset Mall, Big Beaver at Coolidge, open Mondays, Thursdays and Fridays, 10 AM to 9 PM; Tuesdays, Wednesdays and Saturdays, 10 AM to 6 PM; Sundays, Noon to 5 PM.

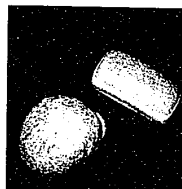
Where It's At

By JUDY SOLOMON

Bread winners

Just like a good man, a good bread is hard to find. And, if you're on a special diet (salt free, sugar free or whatever), it's even more difficult. The recently opened Diamond Bakery makes delicious salt free onion rolls, egg challah and pumpernickel breads plus both a salt and sugar free rye bread. For those on the Pritikin diet, the shop bakes a 100 percent whole wheat bread which has an infinitesimal amount of salt. By the way, if diets don't concern you, try their Sissle bread. It's a rich, doughy, moist double rye that you're going to love.

Diamond Bakery, West Bloomfield Plaza, 6722 Orchard Lake Road, West Bloomfield, 626-2212.



Entertaining ideas

If you're having a party, here's a wonderful way to eliminate running all over town to borrow silver platters from your Aunt Mary and crystal goblets from your cousin Jane. The Fife and Drum rents and delivers just about everything you could possibly need including crystal stemware, good quality china, punch bowls, silver tea services, candelabras, table linens and much more. What's even nicer, you don't even have to wash the dishes when the party's over. Just rinse and return.

The Fife and Drum, 18284 Grand River, Detroit, 273-8383.



Mobility

Mobiles not only add a touch of color to a baby's room, they also serve to entertain the baby as well. These adorable, brightly-colored, stuffed felt mobiles from Paper Place should be welcomed with open arms. The clown version (\$20) can be personalized with the child's name. Orders take two weeks. The rainbow version (\$24) has a configuration of rainbows, clouds, stars and birds, while the sailboat version (\$24) features a sailboat resting on a wave with a sun, clouds and birds overhead.

Paper Place, Applegate Square, Northwestend in Inkster, Southfield, 355-8468.



Camping in

If you're having trouble locating the various items your child needs for sleep away at camp, don't panic. Just head right on over to Brody's where, in one fell swoop, you should be able to get everything in nothing flat. Some of the things you'll find there are: flannel shirts and pajamas, foot lockers, sleeping and duffel bags, hiking boots, army blankets, flashlights, collapsible drinking cups, canteens, mess kits and scouting knives. Incidentally, Brody's is opening a second store in the West Bloomfield Plaza in West Bloomfield on July 2nd.

Brody's, 3745 W. Nine Mile, Oak Park, LI 3-4115.



open Mon., Thurs. & Fri. '89 • 644-7370

Interior Design Society

Get to know your IDS designers at Wiggs. We can do a lot of beautiful things together. Members of the Interior Design Society are professionals in every sense of the word...having passed rigid requirements to earn the right to use the IDS initials after their names. We are experienced in the practical side of helping people furnish tasteful homes. You undoubtedly have some excellent ideas, and our resource people have experience with color, texture, mixing furniture periods and accessorizing. So we can "put it all together" with real taste and flair. Browse through our many galleries and absorb the great designing ideas all around you in exquisitely planned room settings. And, when you have questions, ask for our IDS designers!

TELEGRAPH RD. (at Long Lake Rd.) BLOOMFIELD HILLS