

## PWP Topics

### The best ever!



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As 1969 draws to a close, I wish to extend my best wishes to all that 1970 will be the best year ever! Happy New Year!

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THE FARE MORTUARY

The Wayne-Westland Chapter of Parents Without Partners has announced the speakers for the December and January meetings of the organization.

Both sessions begin at 8:30 p.m. in room 136 of John Glenn High School on Marquette, two blocks west of Wayne Road and a half-mile south of Ford Road, in Westland.

Rev. Robert E. Burkey, associate pastor of Mt. Olivet United Methodist Church of Dearborn, will discuss "What Effect Divorce Has on Our Children" on Wednesday, Dec. 17.

On Wednesday, Jan. 7, Mrs. Lucile Cantoni, director of Family Life Education for Family Services of Metropolitan Detroit, will discuss "What You Buy When You Buy Into an Affair without a Commitment of Marriage."



By MARGARET MILLER  
Women's Editor

Helen Cope of Farmington started studying Yoga when she was 75 and now, five years later, can still do a shoulder stand.

She takes infinitely more pride in the campaign she and her husband, Edge W. Cope, led in the early 1950s against a move to build a race track in Farmington Township.

She celebrated her 80th birthday Nov. 2 with two days of festivities for 18 members of the family at the home of her daughter, Mrs. Charles Barber, in Connecticut. Then she and Mr. Cope went on to Richmond, Va., to spend Thanksgiving with one of his sons.

In the Kendallwood Apartments, where the couple now is enjoying retirement, she turns out quantities of needlepoint, has fun with cooking and tends a tremendous spreading philodendron plant.

All in all, she'll tell you without hesitation, "Life has been very good."

HELEN COPE was a retiree before she ever moved to Farmington, where she has been known for her work with the American Association of University Women and in Republican and Church circles.

A native of Detroit, she taught at one time and then was one of the pioneers in the social work field, spending 25 years with the Public Welfare Department of the City of Detroit.

She did case work during five depression years and then

## Women on the Go Retirement Years Busy For Farmington Lady



HELEN COPE at work on a needlepoint project.

(Evert photo)

served as an executive in the department's inter-city correspondence branch.

One of the big problems with case work in the 1930s, she recalled, is that so many people were too proud to accept public assistance "so they were completely deprived."

"It's a lot different, now, from what I read," she added.

"With all the complaints of welfare aid, I feel sure the situation isn't as bad as they say, but it's hard for me to tell what are the real facts."

EDGE AND HELEN COPE's marriage is the second for both. They met while attending a northwest Detroit church, and when Helen retired they headed for a new home in the Woodcroft subdivision of Farmington Township.

"We had a half-acre lot and Edge did the gardening," Helen said.

"And that makes a funny story," her husband added. "I wanted to do some physical work, so I decided I'd plant tomatoes because I like the juice so much—I drink maybe 125 quarts a year."

"So I asked Helen how many tomato plants I should get. She said about 50. Well, we got 28 bushels of tomatoes from those plants. I had my tomato juice, and all our friends and neighbors had as many tomatoes as they would come and pick."

THE COPEs enjoyed their country living until they moved to the apartment complex a couple of years ago.

the proposal.

HELEN'S VENTURE into Yoga came through a course at the YMCA "because I needed the exercise."

"I know I was the oldest in the class," she said, "maybe the oldest they ever had. I've let it go a lot recently, but I still can do the shoulder stand I learned. The teacher said a headstand was too dangerous for us."

The Copes have traveled widely in their retirement—to England, Alaska, Hawaii, the Caribbean, South America, New Zealand and Australia, Mexico and all over the United States. They've cut down on that recently because of Edge Cope's failing eyesight.

"I guess we'll stay home this Christmas," Helen said.

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## Automated Housewife Still Puts In 7-Hour Day

Despite automatic equipment and convenience foods, today's homemaker spends about seven hours a day working in and for the home.

That information comes from a study reported in the U.S. Department of Agriculture's "Family Economics Review."

The study also shows that full time homemakers—those not gainfully employed—averaged about eight hours a day in household work or one hour more than the average for all homemakers.

RESEARCHERS collected data from almost 1,300 husband-wife families. The daily time-use records numbered more than 2,500, equally distributed among the days of the week and the seasons of the year.

Where there were no children in the home, the homemaker averaged about five hours in daily household work. As the number of children increased, the homemaker's working hours rose. Her time averaged about seven hours a day in one-child families; eight hours in families with two, three and

four children; and about nine hours in families with five or more children.

The ages of the children also made a difference. Average daily work time varied from more than nine hours for homemaker if the youngest child was less than one year old to six hours if the youngest was 12 to 17 years old.

IN FAMILIES with gainfully employed homemakers, the number of hours spent in household work decreased as the number of hours in employment increased. For example, homemaker making time decreased to about seven hours a day for women employed one to 14 hours a week; to six hours for those employed 15 to 29 hours; and to five hours for those employed 30 or more hours a week.

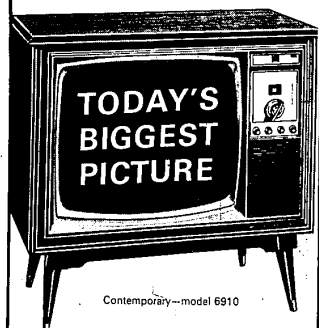
When researchers counted time spent in volunteer work as well as paid employment and household tasks, the working day averaged about nine hours for full-time homemakers and 10 hours for women employed 30 or more hours a week.

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