

By ELLY

And because a whole meal cooked in one pot, sounds so delightfully easy at this busy season, we'll add a New England boiled dinner - with a reminder. A "boiled dinner" is never really boiled. Long, slow cooking of the meat is recommended, because boiling tends to toughen rather than tenderize.

ASPARAGUS SANDWICH

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1 pkg (10 oz.) frozen asparagus
spears
1 can (10 oz.) condensed cream
of mushroom soup
6 slices pumpernickel or white
bread
4 hard-boiled eggs
1/2 c. blue cheese (about 3 oz.
crumbled)
Cook asparagus as directed;
drain. Meanwhile heat soup.
Toast and butter bread.
Assemble sandwiches on a bak-
ing sheet. Divide asparagus
spears evenly on toast, top
with soup, sliced egg and
1/2 tablespoons cheese.
Broil until cheese starts to
melt (approximately three
minutes). Serve immediately.

FAMILY BRUNCH.

FASINET BROCCOLI
1 medium corn boned chicken,
cooked
6 large biscuits from mix
1 1/2 c. garlic salt
2 stuck butter or margarine
1 c. medium white sauce
1 1/4 c. lemon juice
2 beaten egg yolks
1 1/2 c. frozen peas
1 1/4 c. blue cheese
Simmer chicken for 10-15
minutes in butter and garlic
salt. Cook peas; drain. Pre-
pare white sauce (see below).
Scoop out the top of the out-
sized biscuits (about four
inches in diameter). Arrange
bits of chicken on biscuit top
with poached egg. Pour blue
cheese sauce over entire
mound.

Sauce: As regular white sauce begins thickening, stir in lemon juice. Remove from heat. Blend a small portion of sauce into the beaten egg yolks. Return to rest of sauce in pan. Cook for one minute. Add blue cheese and drained cooked peas stirring constantly until cheese is partly

CHICKEN DIVAN

1 pkg (10 oz.) frozen broccoli
spears, cooked and drained
sliced, cooked chicken, about
four servings
1 can (10 oz.) condensed cream
of chicken soup
1/2 c. sour cream
1/4 c. blue cheese
1/4 c. buttered bread crumbs
paprika, salt to taste

Arrange broccoli in eight inch square baking dish. Top with sliced chicken. Blend soup, sour cream, paprika, salt and blue cheese. Pour over all. Top with bread crumbs. Bake at 450 degrees for 20 minutes. Serves four.

CHEESE-ONION FONDUE

FONDUE.
Combine one package Welsh Rarebit with one-half cup sour cream and one tablespoon dry onion soup mix. Heat. Serve in fondue pot with cubes of French and rye bread.

TURKEY FLORENTINE: Defrost two packages Turkey Tetrazzini and one package Spinach Souffle. Spread one package tetrazzini on bottom of loaf pan, top with one half package spinach. Repeat layers ending with spinach. Sprinkle with three tablespoons parmesan cheese. Bake at 350 degrees for 60 minutes.

YAMS AND APPLES

Combine one package defrosted Escalloped Apples and one-half teaspoon nutmeg. Arrange canned, drained yams in a baking dish. Pour apple mixture over yams, dot with butter, sprinkle one-quarter cup brown sugar on top. Bake at 400 degrees for 30 minutes.

NEW ENGLAND
BOILED DINNER
3 to 4-pound corned beef brisket
water to cover

4 to 6 medium-sized carrots
4 to 6 medium-sized onions
1 small head cabbage, cut in
wedges
cooked beets, if desired

Cover corned beef with wa-
ter and cook over low heat un-
til nearly tender, about three
hours. Add carrots and onion
and continue cooking about 4
minutes or until tender. Add
cabbage wedges 10 to 15 min-
utes before end of cooking
time. Serve with boiled or
canned beets if desired. Make
four to six servings.

DOUBLE BREASTED OR

3-Legged Fryers

35[¢] LB

WHOLE

Fresh Fryers

29[¢] LB

U.S. CHOICE TENDERAY

Round Steak

98[¢] LB

LEAN FRESH

Pork Loin Roast

67[¢] LB

7 RIB END

9 INCH LOIN END

77[¢] LB

LEAN MEATY

Pork Chops

CENTER RIB CUT **99[¢]** LB

1/4 PORK LOIN **88[¢]** LB

COUNTRY CLUB **Corned Beef** **69[¢]** LB

PETER'S VAC PAC **Sliced Bologna** **59[¢]** LB

FULLY COOKED WHOLE

Semi-Boneless Ham **88[¢]** LB

TENDERAY BONELESS BOSTON **Roll Roast** **11[¢]** LB

NO BACKS ATT. WHOLE FRYER LEGS OR **Fryer Breasts** **69[¢]** LB

HYGRADE **Ball Park Franks** **77[¢]** LB

FRESH PICNIC **Pork Roast** **55[¢]** LB

ALL MEAT **Eckrich Wieners** **79[¢]** LB

ECKRICH REGULAR, BEEF OR MAPLE **Smok-Y-Links** **79[¢]** PKG

PETER'S VAC PAC **Wieners** **59[¢]** 1-LB PKG

SHANK PORTION **Smoked Ham** **69[¢]** LB

SPECIAL LABEL

Giant Tide XK

73[¢] 3-LB 1-OZ PKG

MEDIUM, WIDE OR EXTRA WIDE

Kroger Noodles

3[¢] 1-LB PKGS

SPECIAL LABEL

Joy Liquid

39[¢] 1-PT 6-OZ BTL

CLOVER VALLEY

Strawberry Preserves

59[¢] 2-LB JAR

MIST-O-GOLD FROZEN

Orange Juice

15[¢] 6-FL OZ CAN

KROGER 2% HI-NU

Lowfat Milk

49[¢] 1/2-GAL CTH

KROGER GRADE 'A'

Large Eggs

75[¢] DOZEN

KROGER FROZEN BEEF, CHICKEN OR TURKEY

Pot Pies

19[¢] 8-OZ WT PIE

ALL PURPOSE

Crisco Oil **39[¢]** 1-PT 8-OZ BTL

HEINZ TOMATO **Ketchup** **39[¢]** 1-LB 12-OZ CAN

HELLMANN'S **Mayonnaise** **49[¢]** 1-QT JAR

SPECIAL LABEL **Gallon Clorox** **49[¢]** GAL JUG

DEL MONTE **Fruit Cocktail** **29[¢]** 1-LB 12-OZ CAN

CAP **Corned Beef** **39[¢]** 12-OZ WT CAN

KROGER **Tea Bags** **79[¢]** 100-CT PKG

SUN GOLD SALTINE **Crackers** **22[¢]** 1-LB PKG

BIRDS EYE FROZEN **Cool Whip** **49[¢]** 1-QT CTN

DEL MONTE WHOLE KERNEL OR CREAM STYLE CORN OR **Sweet Peas** **17[¢]** 1-LB 1-OZ CAN

MORTON ASSORTED FROZEN **Dinners** **39[¢]** 11-OZ WT PKG

DEL MONTE

Tomato Juice

19[¢] 1-QT 14-OZ CAN

SWIFT'S TASTY

Vienna Sausage

5[¢] 4-OZ WT CANS

MEL-O-SOFT BUTTERMILK

White Bread

89[¢] 3-LB 4-OZ LOAVES

7 VARIETIES INCLUDING RED RASPBERRY

Yubi Yogurt **5[¢]** 8-OZ WT CTHS

MELLO-RIPE **Pear Halves** **29[¢]** 1-LB 13-OZ CAN

CLOVER VALLEY **Margarine** **17[¢]** 1-LB ROLL

MORTON FROZEN CHERRY OR **Apple Pie** **29[¢]** 1-LB 4-OZ PKG

VALUABLE COUPON

SAVE 50¢ WITH THIS COUPON

Kroger Freeze Dried Coffee

95[¢] 8-OZ JAR

Valid Thru Sun., Jan. 11, 1970 At Kroger in Wayne, Macomb, Oakland, St. Clair and Livingston Counties. Limit One Coupon

10¢ OFF ROYAL VIKING DANISH PECAN COFFEE CAKE OR **Pecan Tea Ring** **69[¢]** 1-LB PKG

SNOW FLOSS **Sauerkraut** **19[¢]** 1-LB 11-OZ WT CAN

NESTLE'S EVEREADY **Cocoa** **59[¢]** 1-LB 12-OZ WT CAN

100 TOP VALUE STAMPS

WITH THIS COUPON ON 2-PKGS

STEHOUWER'S BEEF SIZZLE STEAKS

Valid Thru Sun., Jan. 11, 1970 At Kroger Det. & East. Mich. A

50 TOP VALUE STAMPS

WITH THIS COUPON ON 2-PKGS

KROGER DELITE CAKE

Valid Thru Sun., Jan. 11, 1970 At Kroger Det. & East. Mich. C

25 TOP VALUE STAMPS

WITH THIS COUPON ON 2-PKGS

GORDON'S PORK LINK SAUSAGE

Valid Thru Sun., Jan. 11, 1970 At Kroger Det. & East. Mich. B

25 TOP VALUE STAMPS

WITH THIS COUPON ON 2-PKGS

KROGER QUART HALF & HALF

Valid Thru Sun., Jan. 11, 1970 At Kroger Det. & East. Mich. E

50 TOP VALUE STAMPS

WITH THIS COUPON ON 2-PKGS

COUNTRY OVEN OR BIG VALUE COOKIES

Valid Thru Sun., Jan. 11, 1970 At Kroger Det. & East. Mich. G

25 TOP VALUE STAMPS

WITH THIS COUPON ON 3-LBS OR MORE

U.S. NO. 1 MICHIGAN APPLES

Valid Thru Sun., Jan. 11, 1970 At Kroger Det. & East. Mich. F

100 SIZE

Temple Oranges **69[¢]** DOZ

U.S. NO. 1 MICHIGAN RED DELICIOUS **Apples** **49[¢]** 3-LB BAG

U.S. NO. 1 MICHIGAN RUSSET **Potatoes** **99[¢]** 20-LB BAG

RED RIPE FRESH **Strawberries** **69[¢]** 1-QT BOX

U.S. NO. 1 **Candy Yams** **12[¢]** LB

SALAD SIZE VINE RIPE **Tomatoes** **79[¢]** 3-LB PKG

56 SIZE CALIFORNIA NAVEL

Sunkist Oranges

99[¢] DOZEN

Green Giant

BROWN SUGARED

Pork & Beans

10[¢] 15 1/2-OZ WT CAN

Health & Beauty Aids

DEODORANT **Arrid Extra Dry** **78[¢]** 6-OZ WT CAN

FAST RELIEF TABLETS **Alka Seltzer** **87[¢]** 36-CT PKG

SPECIAL LABEL REGULAR, OR SUPER **Meds Tampons** **89[¢]** 40-CT PKG

CINDERELLA REG. OR EXTRA HOLD **Hair Spray** **44[¢]** 13-FL. OZ. CAN

NOT THIS 113 SIZE

NOT THIS 88 SIZE

But Jumbo 56 Size

Green Giant

BROWN SUGARED

Pork & Beans

10[¢] 15 1/2-OZ WT CAN