MRS. LULA VANN FULTON, ARK.

Suggests to Suffering Women the Road to Health

Fulton, Arkansas.—"I used Lydia E. Pinkham's Vegetable Compound for a soreness in my side. I would suffer so badly every month from my waist down that I could not be on my feet half the time. I was not able to do my work without help. I saw your Vegetable Compound advertised in a newspaper and gave it a fair trial. Now I am able to do my work and don't even have a backache every month. I cannot praise your Vegetable Compound enough and highly recommend it to those who have troubles like mine. I am willing for these facts to be used as a testimonial to lead all who suffer with female troubles, as I did, to the right road to health."—Mrs. LULA VANN, Box 43, Fulton, Arkansas.

It is this sort of praise of Lydia E. Pinkham's Vegetable Compound, given by word of mouth and by letter, one woman to another, that should cause you to consider taking this well-known medicine, if you are troubled with such symptoms as painful periods, weak, nervous feelings, miserable pains in your back, and cannot work at certain times.

Here is a woman who is so grateful and glad to be relieved from a painful and nerve racking physical condition that she wishes to tell all sick women.

A Man of Resource.

Wife—John, I must have some new clothes. I'm sure the entire neighborhood knows my present wardrobe by heart.

Hub—But it would be cheaper to move to a new neighborhood, wouldn't it?

In Congress.

"Now shall we adopt a resolution?"

"Adopt one? Haven't we got enough of our own?"

Backache Is a Warning!

Those agonizing twinges across the small of the back, that dull, throbbing backache may mean serious kidney weakness—serious, if neglected, for it may lead to gravel, stone in the kidneys, bladder inflammation, dropsy or fatal Bright's disease. If you are suffering with a bad back, have dizzy spells, headaches, nervous, despondent attacks or disordered kidney action, heed Nature's warning. Get after the cause. *Doan's Kidney Pills* have helped thousands. They should help you. *Ask your neighbor!*

A Michigan Case

John W. Holmes, carpenter, 58 Bridge St., Grand Rapids, Mich., says: "I had kidney trouble so badly I couldn't straighten my back. I had a dull ache in my back all the time and when I stooped sharp catches took me. My kidneys acted irregularly. Doan's Kidney Pills soon fixed me up. The aches and pains left and my kidneys became regular."

Get Doan's at Any Store, 60¢ a Box

DOAN'S KIDNEY PILLS

FOSTER-MILBURN CO., BUFFALO, N. Y.

Women Made Young

Bright eyes, a clear skin and a body full of youth and health may be yours if you will keep your system in order by regularly taking

GOLD MEDAL HAARLEM OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles, the enemies of life and looks. In use since 1696. All druggists, three sizes.

Look for the name Gold Medal on every box and accept no imitation

RATS DIE

When They Eat

STEARNS' ELECTRIC PASTE

It also kills mice, cockroaches, water bugs and ants. It forces these pests to run from building for water and fresh air. A 35c box contains enough to kill 80 to 100 rats or mice. Get it from your drug or general store dealer today.

READY FOR USE—BETTER THAN TRAPS

Past and Present.

The late Mrs. George Gould hated divorce.

At a Lakewood dinner party a young divorcee was admiring Mrs. Gould's splendid jewels.

"Oh, that's your wedding ring, isn't it?" she said. "How old-fashioned it looks, doesn't it? In the past they made them so much wider and heavier than they do now."

"In the past, you see," said Mrs. Gould, "they expected them to last a lifetime."

Use **MURINE** Night and Morning

Keep Your Eyes Clean—Clear and Healthy

Write for Free Eye Care Book Murine Co, Chicago U.S.A.

MAKING LEATHER ON SMALL SCALE

There Are Times When Farmer Finds It Profitable to Do His Own Tanning.

DETAILED DIRECTIONS GIVEN

Suggestions as to Usual Practices, Rates and Methods of Payment Are Made in Circular of Department of Agriculture.

(Prepared by the United States Department of Agriculture.)

Tanneries are equipped to make all the leather the country needs and can make better leather more economically than the farmer can, but there are times when the producer of hides finds that the margin between the price paid for the raw material and the price asked for finished leather is so great

Removing the Flesh That Was Left On in Improper Skinning.

that he determines to do his own tanning. For example in certain large sections of the country a farmer can hardly give away the hides he has, yet leather in small pieces costs him from $1 to $1.50 a pound. To help him in such emergencies the United States Department of Agriculture has just issued Department Circular 230, Home Tanning, which gives detailed directions for making leather for various purposes.

Best Way of Handling.

With the issuance of this publication the department now has for distribution, information on the handling of hides from the skinning of the animal to the care of the leather in the finished article such as harness, belts, boots, and shoes. Farmers' Bulletin 1055, Country Hides and Skins: Skinning, Curing and Marketing, recently revised and reprinted for the third time, tells how to perform these operations in the most efficient manner. In Farmers' Bulletin 1183, The Care of Leather, also recently revised and reprinted, are directions for making leather last longer. Any, or all, of these bulletins, including the new circular, may be obtained free by writing to the Department of Agriculture, Washington, D. C.

Suggestions as to Rates.

In the circular just issued the farmer who wishes to do tanning on a small scale may find explicit directions for making bark-tanned sole and harness leather, chrome-tanned leather, and alum-tanned lace leather. But in case he wishes to have the tanning done for him he will find suggestions as to the usual practices, rates, and methods of payment. It is the custom among some tanners who do work for farmers having only a few hides to tan a side for half the leather. That is, the farmer sends in a hide and gets back one-half of it made into leather, usually paying the shipping charges both ways.

A list of tanneries that will tan one or more hides for farmers may be obtained from the bureau of chemistry, United States Department of Agriculture, Washington, D. C.

When high prices are charged for leather in small quantities it is usually possible to buy at a comparatively low price by taking more at a time. If a side of leather is bought, instead of a couple of pounds at a time says the circular, it is often possible to buy it at only 10 to 20 per cent above wholesale prices.

NEW TYPE OF MILK BOTTLES

Department of Agriculture Has Not Approved or Disapproved Any Specific Container.

A number of inquiries recently received by the United States Department of Agriculture seem to be based upon newspaper reports that the government had approved a new kind of milk container made of paper. So far as the department is concerned, no statement of either approval or disapproval has been made regarding any specific type of milk container, from either the sanitary or the economic standpoint.

STATES GETTING WAR MATERIAL FOR ROADS

All Sorts of Supplies and Equipment Delivered.

Texas and New York Lead With Nearly $8,000,000 Worth and Other States Go Over Million Dollar Mark—Lots Left.

(Prepared by the United States Department of Agriculture.)

Surplus war material valued at $139,773,983 was delivered to the states for use in road construction up to July 1, reports the bureau of public roads, United States Department of Agriculture. The material, which consisted of all sorts of supplies and equipment suitable for road building for which the War department had no further need, was distributed on the same basis as monetary federal aid.

In value of material delivered, Texas and New York lead with nearly $8,000,000 worth of material, and every state with the exception of five of the smaller ones received supplies valued at over $1,000,000.

This material has been of great value in road construction, and there is hardly a county in the United States in which some of it has not been used.

Probably of greatest value has been the 29,325 motor vehicles distributed, consisting of 24,752 trucks and 4,573 automobiles, and in addition a large number of tractors.

The system of distribution has been so arranged that the states requisition only material useful to them. In some cases they fall behind in allotments in order to wait for material particularly desired. Many of the states have shown great ingenuity in conditioning worn equipment, using war material to equip shops in which other war material is made suitable for use.

There is still a large quantity of material in this country for distribution. This will be further increased by material used by the army of occupation in Germany soon to be brought back.

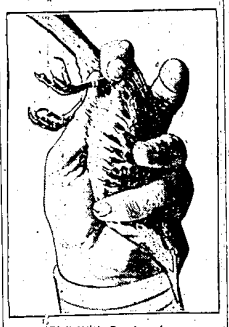
NEED PERMITS FOR BANDING

Biological Survey Is Anxious to Have as Many Collaborators as Possible for Success.

(Prepared by the United States Department of Agriculture.)

Federal permits are necessary in all cases for bird-banding work, says the biological survey of the United States Department of Agriculture. The survey is anxious to have as many collaborators as possible, but success depends largely on complete co-operation between officials and collaborators.

State permits also are required in many cases. Some states issue them



Bird With Band on Leg.

without charge to collaborators, when notified by the biological survey that the applicant has a federal permit. Others have taken the position that the federal permit is sufficient authority. Each operator should be informed as to the attitude of his state game officials and be prepared to co-operate with them at all times.

BOYS INTRODUCE PUREBREDS

Among Other Things, Wyoming Club Brings Into County Nearly 200 Poland-China Pigs.

A boys' pork club, organized three years ago in Niobrara county, Wyo., according to reports received by the United States Department of Agriculture, has accomplished the following: Introduced nearly 200 purebred Poland-China pigs into the county, including one of the best boars in the state; helped organize a county purebred Poland-China association; developed a county standard for purebred Poland-Chinas, and contributed materially to the success of community, county and state fairs through its exhibits and its interest in stock judging.

SWEET CLOVER GOOD SILAGE

Growing of This Kind of Hay Provides Valuable Forage for Both Steers and Cows.

Sweet clover, as you know, spoils easily, and is probably one of the hay crops most difficult to put up in good condition during rainy seasons. Yet the growing of this kind of hay not only provides valuable forage for both steers and milk cows, but also enriches the soil wonderfully.

Indigestion and Dyspepsia Overcome

Victims of stomach trouble, indigestion, dyspepsia and their allied complaints find Tanlac an ever-ready source of relief and comfort. Thousands of people have found the joys of health by its use after everything else they tried had failed.

"Tanlac helped me wonderfully," said Mrs. W. H. Hocks, 84 Rose Ave., Clifton Forge, Va. "For over a year I suffered tortures from indigestion, and had to live on the simplest foods. I became almost a nervous wreck. Tanlac restored me to the best of health."

Tanlac helps the stomach digest the food properly and eliminate waste. Soon the whole system is built up, the blood is purified and the entire body takes on new tone, vitality and energy. Get a bottle today and start on the road to health. For sale by all good druggists.—Advertisement.

Tender-Hearted Creatures.

Brown—You know my wife's so tender-hearted she can't whip the cream.

White—Yeah! My wife won't beat the rugs, and she cries every time she has to skin an onion.

Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it Bears the Signature of *Chas. H. Fletcher*

In Use for Over 30 Years.

Children Cry for Fletcher's Castoria

Can You Beat It?

He—Why is a vacuum tube like a baby?

She—I can't tell.

He—Because it is a bulb.

Freshen a Heavy Skin

With the antiseptic fascinating Cuticura Talcum Powder, an exquisitely scented, economical bath, skin, baby and dusting powder and perfume. Renders other perfumes superfluous. One of the Cuticura Toilet Trio (Soap, Ointment, Talcum).—Advertisement.

ALL FEEL CHARM OF PARIS

Various Spots May Have Particular Application, but There Is Variety for Every Visitor.

The fairy tale of Paris belongs to all of us, in whatever terms it may be told. For some, it is Marie Antoinette and the Petit Trianon; and, curiously, by comparison with a rather worthless queen, the great war pales. For some it is Napoleon in his cocked hat and white breeches, and his great tomb, one of the landmarks of Paris. For still more it is the Bois and the elegance and luxury and beautiful women; and for the rest, there is always the particular application—the house where Balzac had his printing press, or perhaps just a great stone wall, symbol of the centuries over which a fruit tree blooms, symbol of centuries continually renewed, writes Muriel Harris in the North American Review.

Only now and again do we realize that Roman and Frank and Gaul; Catholic and Huguenot; artist, priest and warrior; saint, martyr, philosopher, midinette, have really our energies in their grip.

But Not Martha.

Katharine and Martha, six and four, respectively, visited a neighbor woman who had no children. After playing with the girls for a time she said: "My, I wish I had two or three girls like you!"

Martha soberly replied: "Mamma might let Katharine come and stay with you, but she wouldn't let me come."

10c Makes Old Waists Like New

Putnam Fadeless Dyes—dyes or tints as you wish

LUCKY STRIKE CIGARETTE

IT'S TOASTED

It's toasted. This one extra process gives a delightful quality that can not be duplicated

Be a Private Secretary or an ACCOUNTANT

YOU can prepare for a high-grade office position in a short time under our instructions. Write for bulletin AA, explaining courses and tuition rates. Opportunities to work for board and room while attending. "The School that places its graduates in better positions."

DETROIT BUSINESS UNIVERSITY

411 W. Grand River Ave., Detroit

Oldest and Best Known Business School in Mich.

Laxatives Replaced

By the Use of Nujol

Nujol is a lubricant—not a medicine or laxative—so cannot gripe.

When you are constipated, not enough of Nature's lubricating liquid is produced in the bowel to keep the food waste soft and moving. Doctors prescribe Nujol because it acts like this natural lubricant and thus replaces it. Try

Nujol

REG. U.S. PAT. OFF.

A LUBRICANT—NOT A LAXATIVE

SAVE HALF

TOP COVERS Sent Prepaid

Made for All Cars. Send for estimate. State Name and Year of car. 19.50 This Ford Top as illustrated complete

COMFORT AUTO TOP COMPANY 1619 Germantown Ave., Phila., Penna.

Fords Run 34 Miles Per Gallon

on cheapest gasoline or half kerosene using our new carburetor. Increased power; starts for all motors; attach yourself. Money back guarantee; 5 days' trial. Big profits to agents. AIR INJECTION CARBURETOR CO., 400 Madison street, Dayton, Ohio

THICK, SWOLLEN GLANDS

that make a horse Wheeze, Roar, have Thick Wind or Choke-down can be reduced with

ABSORBINE

TRADE MARK REG. U.S. PAT. OFF.

also other Bunches or Swellings. No blister, no hair gone, and horse kept at work. Economical—only a few drops required at an application. $2.50 per bottle delivered. Book 3 A free.

W. F. Young, Inc., 310 Temple St., Springfield, Mass.

WANT TO MAKE SOME REAL MONEY in a straight, legitimate business, dealing in one of the basic resources of this country, located on the rapidly growing Pacific Coast? A wonderful opportunity in which we have invested to our limit. Property completely paid for; no bonds or other similar forms of indebtedness. Will stand rigid investigation. We take this means of interesting a few rather than employing expensive brokers. We can't make you rich quick, but we can show some wonderful profit possibilities. F. H. Lantz Co., Smith Bldg., Seattle, Wash.

NO DYE To restore gray or faded hair to original color, don't use a dye—it's dangerous—Get a bottle of Q-Ban Hair Color Restorer—Safe as water—apply it and watch results. At all good druggists, 75c, or direct from HESSIG-ELLIS Chemists, Memphis, Tenn.

Help Wanted

WANTED: Male help over 18 for automobile machine shop and assembly work. Experience not necessary. Ideal living conditions in best resort town on Lake Michigan.

Apply or write Employment Department,

Continental Motors Corp. Muskegon, Mich.

W. N. U., DETROIT, NO. 36—1922.

NO DOUBT ABOUT GRATITUDE

Any Youngster Will Understand That Poor Boy Was Deeply Appreciative of Tommy's Gift.

For some time Mrs. Caraway had been endeavoring to instill into the heart of her youngster, Tommy, aged ten, the sentiment of generosity, which it seemed to her, was not naturally present. In this relation she had been especially careful to commend to Tommy's consideration the son of a poor family in the neighborhood.

One day Tommy came home radiant.

"Well," he said to his mother, "I gave that poor boy half of the box of candy you bought for me."

The mother also beamed. "You are a dear little boy," she said. "Was the poor boy grateful?"

"Yes, ma'am," said Tommy; "he was grateful, all right. He came round to the school yard and let me lick him where everybody was looking on."—Harper's Magazine.

Prohibition.

Knicker—"They say the Big Dipper is breaking apart." Bocker—"Is that inverted bowl we call the sky going dry?"

MERE MATTER OF AMUSEMENT

Arkansan Could Easily Afford to Treat Such Amateur Shooting With the Contempt Deserved.

"What's that?" cried a tourist to whom a resident of Straddle Ridge, Ark., was showing the scenery of the region.

"Aw, just Tug Bald or his brother-in-law taking a shot at me from over across the holler," was the nonchalant reply. "Them fellers have been cutting that caper off and on for six weeks or such a matter."

"Great grief! What do you do about it?"

"Nuth'n'g in partickler. They're the poorest shots on the Ridge and never come nigher to me than ten feet or so. It sorter amuses me to see grown men doing such childish tricks and never compishing anything at it."—Kansas City Star.

After a man's sweetheart has stepped on his foot he is apt to lose the notion she is a fairy.

Ten dollars on a subscription list fetches a broader smile than the offer of "moral support."

Maybe that hill is not there, after all—

VERY often the hill we seem to be climbing is made out of the common mistakes of diet which starve tissues and nerves and slow down energies.

How smooth and level the path seemed to be when we were younger.

Simple, natural food may level that hill to a smooth path again.

Why not try it?

Begin today with a dish of Grape-Nuts with cream or milk—and fresh or preserved fruit added if you like.

Keep on with this crisp, delicious, strengthening food in place of heavy, ill-assorted, starchy breakfasts and lunches—and see if the old-time zest and speed on the old-time level path doesn't come back again.

Grape-Nuts—THE BODY BUILDER

"There's a Reason"

Made by Postum Cereal Company, Inc., Battle Creek, Michigan