

# The Nail Doctor Manicurist turns consultant

By LORAIN McCLISH

Marsha Wolf, a cosmetologist who specializes in manicuring, has turned consultant and instructor to professional manicurists "because they just kept calling on me whenever they had a problem. And because there was no one else to turn to."

She is now known as the Nail Doctor and spends her off-hours giving seminars in area salons and one-to-one consultations dispensing all up-to-date techniques and information on the latest products used in the profession.

"I've never been asked a question on the subject I couldn't answer," the Farmington Hills resident said. "I keep experimenting, writing letters, taking classes when they're offered and have spent a lot of money to keep up."

SHE IS A firm advocate that all professionals, no matter what their field, should be doing as she is, but the person who turns manicurist after leaving beauty school she says is left in a sort of limbo.

"Salons give seminars for their hairdressers, but the manicurists are left pretty much on their own, at least in this area," she said. "They're left to give themselves on the job training."

"I know why I got the reputation of being called on. It was because I've al-

ways been anxious to tell everything I know.

"The manicurists I've met just out of school don't know much more about manicuring than the basics.

"Those working at it for while tend to get into ruts with the products or the techniques they use," she said.

Mrs. Wolf has worked as a cosmetologist since 1961 and turned manicurist about 12 years ago.

She began specializing in what she termed "a sit-down job" partly because was concerned about leg damage in a job that demanded standing all day. And partly because she feels that good-looking hands are so important for the

well-groomed man or woman.

**HAND AND NAIL** at-home care is very simple and takes very little time and takes very little money, the Nail Doctor said.

"Put just a dab of oil, baby oil or Vasoline will do, on your cuticles every morning or after your shower. This takes a minute. Be sure to rub the oil in all the furrows," she said.

"File your nails once a week. Use a little nipper to nip off the dead cuticle when your hands are well oiled.

"Use your emery board gently on all the skin around your nails, even the pads of your fingers, to whisk away the dead skin there.

"Use a good sealer over your polish and keep it lubricated between manicures. The polish will be less likely to crack or lift up on the corners.

"Train yourself to dial a phone with a pencil and open boxes with a knife, not your nails," she said.

"If you take just that little time for your hands, you can be your own maid and look like you aren't."

**PROBLEM NAILS** are another matter altogether that will probably need professional advice and treatments in a salon.

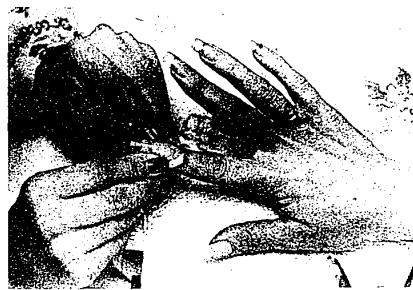
But Mrs. Wolf says there are about 10 different methods of handling these problems that are accessible now, each a means to a different end.

She is a consultant on patching, nail wrapping, sculptured nails, nail tips, nail extensions and hot wax facial hair removal.

The Nail Doctor can be reached by calling 661-0342.



A linen patch was used on the completed manicure shown above, recommended by the Nail Doctor for those with cracked nails. Below, Marsha Wolf demonstrates how she uses a form for a false nail, which extends the existing nail. (Staff photos by Randy Borst)



Marsha Wolf, at left, who is known to professional manicurists in the area as the Nail Doctor, tells newcomers in the field how to set up their own sta-

## club circuit

**POLISH NATIONAL ALLIANCE** begins Polish ballroom dance lessons for adults at 9 p.m. Wednesdays in Plymouth East Middle School, 1042 Lilley Road.

The 10-week session is offered to

promote Polish dancing and provide Polish activities for those in the metropolitan area at a cost of \$20. Lessons will include the polka, oberck and waltz.

Registration deadline is Feb. 1 and

will be taken by calling Ciel Brown, 464-2654.

**FARMINGTON ASSOCIATION FOR CHILDREN WITH EXCEPTIONAL TALENT (FACET)** meets at 7:30 p.m. tonight in North Farmington High School cafeteria.

The film "Children of Promise" will be shown.

The speaker for the evening is Mary Metz, educator and parent founder of the Springfield, Mo. program for the gifted. She will talk of the planning and implementation of the district-wide program called "The Role of Parents Working With Educators to Make a Gifted Program a Reality."

FACET is the new acronym and name for the community organization in the Farmington area which supports gifted education.

FACET's bylaws are now completed

and available to members as well as other parents and interested persons who wish to support talented youth on local, state and national levels.

Memberships fee is \$5 a year. Inquiries will be taken by calling Lillian Alsop at 477-2621.

**THE SELECTABLE SINGLES** (ages 21-34) and **The Livin' Singles** (ages 31-44) meet for a "discussion huddle" at 8 p.m. Tuesday, Feb. 3 in the home of Liz Rode, 3850 Old Creek Road, Troy. Inquiries about the meeting or the singles groups will be taken by calling Marcia Magid, 855-3455.

**DETROIT NORTH SUBURBAN ALUMNAE ASSOCIATION OF ALPHA DELTA PI** sponsor a card night benefit at 7:30 p.m. Thursday, Feb. 5 in the Royal Oak home of Mary Margaret Bair, 918 Edgewood.

Bridge and other card games will be played. A charge of \$1.50 will be donated to Detroit Panhellenic Scholarship Fund.

Inquiries will be taken by calling Kathy Sigouin, 879-9176.

**LAMAZE CHILD BIRTH EDUCATION ASSOCIATION** of Livonia offers a class of exercise for mothers with babies and small children who wish to get into shape.

The six-week series, which will include sharing of child care problems, runs 10-11:30 a.m. Thursdays beginning Feb. 5 in St. Matthew Church, on Six Mile Road east of Merriman.

The class will be conducted by a registered nurse. The fee of \$22 includes babysitting for other children.

Registration and inquiries are taken by Yvonne Bouchard, 464-1215.

Monday, Feb. 9 in the school's library. The event is open to all members and interested parents of students at the school.

**NORTH FARMINGTON GARDEN CLUB** will host Dr. Weldon Petz when its meets at noon, Friday, Feb. 10 in Farmington Hills Community Library on 12 Mile Road.

Dr. Petz is a nationally recognized authority on Abraham Lincoln. His talk is called "Lincoln and Flowers" and will detail the role in which flowers played in the life of Abraham Lincoln.

Meanwhile, the club has started a series of flower arranging study groups, headed by Grace Balman and Gladys Knight, to further members' artistic endeavors.

All club news and announcements for this column are to be addressed to Club Circuit, Farmington Observer, 2332 Farmington Road, Farmington 48024 and must arrive on the Monday prior to Thursday publication.

## Center offers variety of quality workshops

A variety of limited-session workshops for busy people are being offered during the winter session in Farmington Community Center.

Minnie Vantreas offers instruction in creating unique Collage jackets in a one-session workshop from 9:30 a.m.-2:30 p.m. Friday, Jan. 30.

She will help students select a pattern and various colorful fabrics which will be layered on a backing and enhanced with ribbons and other trims.

Personalized flowers debuts this season from 9:30 a.m.-2:30 p.m. on Friday, Jan. 30 in a two-session meeting with Betty Haynes instructing. Mrs. Haynes will uncover the secrets of creating the miniature table decorations.

In Mary Bowman's "Sum-e Card-making Workshop" which meets from 1 to 3 p.m. Friday, Feb. 6, students will

create individualized cards enhanced by the Zen art form.


A hobby which has gained popularity in recent years, making miniatures, returns to the center in a class led by Stella Semczuk of Greenfield Village.

She will meet with her students for two sessions from 9:30 a.m.-12 noon on Saturdays, beginning Feb. 7. The class will learn to make tiny accessories to decorate miniature houses or shadow boxes.

**THE ANCIENT Chinese** craft of brass rubbings makes a second appearance this winter season in an evening class Monday, Feb. 9.

This is an addition not listed in the recent brochure. Many requests were received to add evening hours for those unable to meet during the daytime.

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