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Thursday, February 5, 1981

# Woman fills Avon hot seat

#### By JUDITH BERNE

She had just moved from Indiana to Michigan and given birth to her fourth

Alcrigant and given out to her tourno child. Within a month of both events, she was in the umpire chair high over cen-ters of the state of the state of the term pionships of Detroit the the A year later, Glenda Herb of West Bloomfield is the lone local femate chair unpire officiating at the 1981 Avon tennis championships through Sunday at Cobo Hall, sponsored by the Junior League of Birmingham. As chair unpire, she has the ulti-mate responsibility for the conduct of each match. "Paleyes, lines unpires,

each match. Players, lines umpires, ball boys and girls are under her direc-

tion. "No matter how long you've done it, I will still feel nervous today," Mrs. Herb said, as she awaited her turn as chair umpire ahead of Monday's open-

chair umpire anead of Monday's open-ing Avon matches. New tennis rules "have put a tre-mendous amount of pressure on the chair umpire," who is now empowered to overrule any lines call, she said. "You must see every ball hit the court."

Tour and the set of th

By MARTY BUDNER

Les Frederick reliables the glamour of playing basichall in Detroit. And, apparently, so doef his Oakland University baskeball teore his Oakland University baskeball teore his observed the Planese successfully debuted at Detroit's Joe Louis Arena with an es-citing 83-75 Cent Lakes Intercollegi-ate Athletic Conference (GLIAC) victo-y over Lake Superior State College. Colland was one-third of a unique colland baskethul Universidence strand

Oakland was one-third of a unique college basketball triple-header staged Saturday evening at the year-old river-front facility. The Pioneers were sandwiched between the University of Detroit's women's and men's basket-ball games against Dayton.

She became chairman of all tennis umpires for the Indiana region, chair-man of umpires and linesmen for the U.S. Clay Courts and in 1979 was named Western Tennis Umpire-of-the-Year for the seven-state Western Ten-nis Association.

"BEING A WOMAN, I moved ahead very quickly," Mrs. Herb said. "In this area I am definitely the only woman," although she was one of three female chair unpires back in Indina. This uniqueness doesn't bother Mrs. Herb, although she characterizes her-self as a non-woman's libber. "The next

thing is my husband and I do it togeth-er. I'm at home. This is the one thing I

er. Tra at home. This is the one thing I do out in the community. "To this day, my mother thinks I'm just out of my head." Mrs. Herb has been in the chair for matches featuring Chris Evert-Lloyd, Harold Solomon, John McEaroe, Ilie Nastase and Jinmy Connors. She was forced to penalize Solomon for his con-duct. She's had no such problems with the more volatile Nastase. But she enjoys working junior matches as much as the high powered professional Louranments.

professional tournaments

professional tournaments. She adds that tennis rules may differ per tournament. For example, penalty points may be levied in meris tourna-ment play, but not i\* vomen's. She and her hushand spent the week-end studying the Avon rules. "You have to know everything when you're up there," she said. "There's no time to look it un.

**Pioneers win at Joe Louis** 

**Oakland cagers enjoy glamour** 



Glenda Herb, seated above the court in the head umpire's chair obo Hall, has ultimate responsibility of a professional tennis mat (Staff photo be Stephen Cantrell)

### **Opening-round** surprises mark tennis tourney

#### By MARTY BUDNER

There were plenty of surpries in the rst two days of action in the Avon first two day Championhsip Tennis matches earlier this week at Cobo Hall -- both on and this 1

bits reek at Cobo Hall — both on and off the court. For openers, local favorites Lisa Gonder of Saline and Susan Mascarin of Courter of Saline and Susan Mascarin of the second second second second the first-court of the second second favorite of the second second second favorite of the second second second favorite of the second second

MASCARIN, who recently turned pro after a very successful amateur ca-reer that included a U.S. Open Junior Title hast year, defaated No. 8 seed Joanne Russell in a surprisingly casy tro-setter, 6-1, 6-3. Russell, who lives in New York, is considered one of the Avon circuit's burgeoning circuit

burgeoning stars.

straight sets, 6-2, 6-3, Julie Harrington and No. 6 seed Mima Jausovec. Early Tuesday morning play was de-layed because the artificial green court installed at Cobo developed wet spots due to the cob weather. Innovative of-ficials quickly found a heater to dry the surface, and play resumed about an hour later than the regularly scheduled time.

The tournament's top-seeded player is Hana Mandlikova of Czechoslavakia. Mandlivoka was once a ball girl for one of the circuit's more popular players, Martina Navratilova.

jogging

LIKE A NUMBER of the tour's stars, Navratilova opted to bypass the week-long Detroit tournament. Tracy Austin, Anfera Jager and Chris Evert-Lloyd were other notable absentees. The Detroit stop is sponsored by the Junior League of Birmingham. The sponsorship may be in jeopardy after this year because the tour's "name" jalgers have continually deticed to skip the Detroit tournament.

Dr. Charles R. Young When is the proper time

for child to start jogging?

Recently, while jogging prior to dinner, I came along side a fa-ther son team also busy at their daily run. The boy, about 8 years old, was complaining about the long dis-tance to be covered.

rance to be covered. From the tone of their conversation, it appeared the boy's jogging activity was much like homework or a routine assignment of the day.

day. What I saw was an ongoing travesty — for this child will most likely drop jogging as soon as possible for the wrong reasons.

# AS PARENTS, we can inadvertently impose our life style, our attitudes and our desires upon our children without really trying. The consequences are often negative and frequently result in re-

jection. My patients often ask me when their children should begin jog-

ging. In essence, this query has no particular age as an answer, but rather a set of criteria or prerequisites which indicate a state of

Obviously, the prospective young runner should be physically mature enough to handle the repetetive stresses and strains of jogging. Care must be taken in not pushing a child beyond his or her range of physical development. In addition, the youngster should be mentally mature enough to cope with the various disciplines and the routines of running.

THERE IS MUCH more to jogging than merely running around a track or down a street The necessary level of physical and mental development is essen-

It is a lalowing the child the capability of recognizing problems, overcoming stress and attaining new heights of maturity. An attempt at shortcutting this stage of preparation will often lead to rejection of the activity and possible complications.

A SECOND MAJOR prerequisite to jogging readiness is that of

A SECOND MAJOR prerequisite to jogging reasuress is that on adequate emotional maturity. Jogging, by nature of its activity, is not a team sport, nor is it competitive with another person. Its primary benefits are personal gains which often require a keen and developed sense of perception. The competitive and sociability factors, which are sound charac-ter builders so evident in most other sports activities, are absent in rearrants inserting.

regular jogging. The young runner must be emotionally mature enough to cope with this fact, or jogging might be the wrong activity.

THE THIRD and final prerequisite is perhaps the most important one of all — the factor of 'inner desire." It is essential that the youngster truly wants to jog — and not merely as a pleasing gesture to a parent. All too often, parents unconsciously push our own desires and a titudes upon children. Distinguishing the defiference between what a child says he or she wants and what he or she actually wants is often a difficult task. However, I maintain the parent should exercise extreme caution in pressuring or coercing the child into an undesired activity.

JOGGING IS, in itself, a mental and physical discipline which JOGGING IS, in itself, a mental and physical discipline which requires lengthy periods of participation. It is a wonderful experi-ence allowing personal competition and often referred to as a cleansing process for the body and mind. The numerous benefits of this activity seem ideally geared for adults, and yet age is not the entry fee. Care must must be exercised so as not to push a child into jogging before he or she is prepared. Rejection of this activity, and the total experience for that mat-ter, surely will result without proper care. The measure of a youngster's maturity level, as well as his actual desire, must be taken into consideration prior to exposure to jog-ging.

ging

Dr. Charles Young, a Livonia podiatrist, writes a jogging column for the Observer & Eccentric newspapers.

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Oakland's Les Thomas (left) dances around a Lake Superior State w College defender Saturday night at Detroit's Joe Louis Arena. (Staff photo by Marty Budner)

Substitute Gary Pool secret a game-high 18 points to lead the Hillsdale Chargers to an 89-54 victory over the Oakland University Pioneers Monday night at Hillsdale. Pool, who came off the bench to score 17 of his points in the second half, helped Hillsdale stay at op the Great Lakes Intercollegiate Athletic Confer-aces (GILAC) race with an 8-2 record (174 overall). The Pioneers, who previously defeat-

OUWRESTLING The Oakland wreakling team will participate in the Alma Tournamet Saturday. The Pioneers, who have been hit with numerous injuries; are 2-12 overall. They have been receiving outstand-ing individual performances from sophomore Gregg Manniao (15-6 record at 177 pounds) and freshman John Greig (12-6-1 at 134). Freshman Willie Moore is also having a fine year at 12-9.

WOMEN'S BASKETBALLL

Even though the host Tilans were the main attractions, Oakland managed Share the spatifight. "Everynne in our league won't come down here to play — they don't like giving up the home court advantage." Said Frederick, whose team snape four-game losing streak. "Till come down here any time. OU is a nice play to play, but this is lovely. This victory is one that (the players) can dream about." Oakland's leading scorer was Peter-son, who went over the 700-point pla-teau with his production of 27 points. Lubitz added 19, and Mike Mohn (16) and Dennis Hammond (12) were also in double figures. THE PIONEERS, who played in front of a sparse crowd, gave one of their most spirited efforts this season. After earning a 34-33 halftime lead, the Pioneers registered the first eight

"We call time-outs not to discuss strat-egy, but to give our guys a rest. "We've been through a lot of hard trials this year, and (this victory) is one they deserve. It allows the players to feel they can win some. "Our freshman have come a long way, they've grown up faster than what I expected," he said. "I liked the fact that we stayed in there (against Lake Superior), We held our poise." Oakland is now 6-13 overall, 2-8 in the league.

playing with seven men since before

"WE DON'T have practices, we have rehearsals," mused Frederick. "We call time-outs not to discuss strat-

and Dennis Harnmond (12) were also in double figures. It was a also a great phsycological victory for Frederick, who had only seven players dressed for the game. The Pioneers' next home game is by the players dressed for the game. Sports Center, although Frederick the Pioneers have been ravaged with porbably wouldn't mind if it was injuries this winter, and have been

### OU sports 🕯 🖁 🖁 🖁 🖁 🖉 🖉

## Hillsdale slices OU

The Pioneers, who previously defeat-ed Lake Superior State College at De-troit's Joe Louis Arena, fell to 2-9 in the league (6-14 overall).

ed Lake Superior State College at De-troit's Joe Louis Arena, fell to 2-9 in the league (6-14 overall). Oakland shot 65 percent in the frist mark from the field (23-64) lowever, the Chargers shot 51 percent (35-70) OU freshmen Larry Lubitz and Mike Abhn led the Pioneers with 12 points each. Les Thomas, playing the antire and heid 4-11 sebounding advantage. OU freshmen Larry Lubitz and Mike each. Les Thomas, playing the antire each. Les Thomas, playing the antire at state, as a single-game assist record of 13. The OU men's and women's basket ball team will play at Perris State's ne (11-6 overall and 8-1 in GLAC), will be at Bowling Green 2 p.m. Saturday.