

'Mid-Career Malaise'

The teacher is in her mid-40s, secure in her position, an authority in her field.

Is her career at its peak of productivity and satisfaction? Or is she feeling bored, restless, and apathetic? What are the forces behind these sentiments?

Researchers at the Institute of Gerontology at the University of Michigan will study "The Mid-Career Malaise of Teachers: An Examination of Job Attitudes and Factors Influencing Job Satisfaction in the Middle Years," under a \$60,516 grant from the National Institute of Education.

"No occupation depends more on the creativity and vitality of its members than the teaching profession," says U-M education Prof. Malcolm A. Lowther, who is heading the project. "Their competence and dedication are especially important at a time when American education is faced with declining resources, restricted budgets and conflicting pressures from the public."

"Recently we've been struck by the volume of popular and semitechnical literature on the subjects of 'teacher burn-out' and the high attendance in stress management workshops. Teaching is gaining the image of an occupation laden with tension," Lowther says.

"Several reasons have been suggested. The declining birth rate has limited career mobility for teachers, and the economy in most districts permits little experimentation with new programs. Rapid technological and social changes have also been a disruptive influence."

"But there is another dimension to the issue of teacher stress that most observers have overlooked," he remarks. "The mean age of teachers has been rising as openings for young teachers have declined. Studies have indicated that mid-life is a time of stress for many adults. Is there a connection between the often cited 'mid-life crisis' and the increase in teacher stress? That is one of the questions we hope to investigate."

The family: best hope, going strong

Families continue to be one of America's most important concerns. Publishers rush family concerns into books. The White House and the Congress hold hearings about family trends and pressures. Universities and social service agencies construct modules and institutes around families.

While everyone agrees that the family is an essential institution, its future seems to be in doubt. Everyone seems to have an opinion, although the opinions tend to be negative. Families are called archaic, inadequate, overwhelmed and most likely an endangered species.

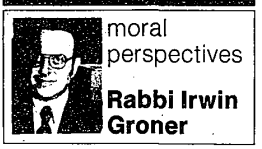
Occasionally one hears a new voice that dissents from the fashionable pessimism about the families and the notion that they are incompetent.

In a recent study, Dr. Mary C. Howell points out that, given the immense expectations and pressures placed upon families, it is little short of a miracle that they do so well.

DR. HOWELL has served as director of the Family Evaluation Unit at Massachusetts General Hospital and as associate dean of Harvard Medical School. In her view, experts are part of the problem, not part of the solution.

"Once your children begin to go to school," she says, "it's as though you are told that as parents you are no longer teachers."

"Experts tell you it stops there. Whatever



moral perspectives

Rabbi Irwin Groner

you do, it's wrong; the experts tell you so. "And we believe them because in this society we are hooked on professionals. Everyone would like to be one, and the narrower and more technical and more research-oriented, the better."

Our society has developed a powerful mechanism of guilt which focuses on products which are supposed to be perfect, while ignoring process, which is human and therefore imperfect.

We have made individuals and small groups very afraid of making decisions and taking responsibility.

If children are supposed to turn out perfect, then parental effort at providing them sound foundations will ultimately be of no avail, since the goal is unrealistic.

Convinced therefore that no matter what we do we shall fail, we decide we had better not do it on our own but should instead secure

professional advice and have our alibis ready - "I was only doing what the doctor or the child psychologist, or the educational theorist. It wasn't my fault."

THAT MECHANISM ultimately makes everything our fault and nothing our achievement.

Actually, many recent studies of the family make one point clear. Very little is known about most aspects of family and family living. We are not certain that the family of the past, viewed with such nostalgia today, offered as much personal satisfaction and fulfillment as we like to believe.

Some scholars are asking whether the family in our day has been asked to do too much and has been blamed for too much.

Today's families are complex, dealing with the expression of emotions, raising children and providing for the meaningful use of leisure time. In a world which emphasizes toughness, competition and success, the humanist values of tenderness, concern and caring find expression, if anywhere, in the home and family circle.

We need to move beyond sterile stereotypes of today's family and the romanticization of the family of the past.

The family has greater strength than we realize. And despite its seeming frailty and vulnerability, it still holds promise for the regeneration of our society.

Your Invitation to Worship

For Church Directory Information
Please Call 644-1100 Ext. 200

Christ Church Cranbrook
Episcopal
On Lone Pine Road at Cranbrook Road

8:00 AM: HOLY COMMUNION
9:15 AM & 11:15 AM: MORNING PRAYER AND SERMON

HOLY COMMUNION FIRST SUNDAY EACH MONTH

FRANKLIN COMMUNITY CHURCH
On the Village Green

9:00 and 11:15 WORSHIP SERVICE

11:15 AM SUNDAY SCHOOL AND NURSERY

Minister: Dr. Samuel F. Stout

First Church of God Farmington Hills
2574 Power Road
Walter M. Smith, Pastor

Church School: 10:00
Morning Worship: 11:00
Evening Service: 7:00
Wednesday Prayer: 7:30

HOPE LUTHERAN
39200 W. 12 Mile Road Farmington Hills

Worship: 9:30 AM
Worship: 11:00 AM
Worship: 7:00 PM

Minister: Robert H. Boyle

NORTH CONGREGATIONAL CHURCH
2477 Northwestern Highway, near Lakeside
Southfield Mich. Phone: 355-1660

United for the worship of God and service to Humanity

SUNDAY SCHOOL 11 AM
SUNDAY WORSHIP 11 AM

Brightmoor Tabernacle
26555 Franklin Rd. • Southfield MI
656 • Telephone: Just West of Redkey Ave.

Sunday School - 9:45 AM • Worship Service 11:00 AM
Charismatic Rally - 6:30 PM
Wednesday Prayer & Praise & Lighthouse Youth Service 7:30 PM

FIRST BAPTIST CHURCH
Birmingham

FIRST UNITED METHODIST
1589 West Maple at Pleasant
Ministers: James W. Wright • Douglas W. Vernon
• Evans C. Bentley

WORSHIP SERVICE 8:30-9:15 AM
CHURCH SCHOOL: 9:30 AM
CHILD CARE: 8:30 & 11:00

BLOOMFIELD HILLS BAPTIST CHURCH
3600 Telegraph Road • 1000 ft. North of Long Lake Road
Bloomfield Hills • 647-3851

Dr. Douglas H. Gallagher, Pastor
Rev. Jim Lake, Associate Pastor
Larry Simmons, Director of Church Music

COFFEE HOUR 9 AM
SUNDAY SCHOOL 9:30 AM
MORNING WORSHIP SERVICE 10:30 AM
EVENING WORSHIP SERVICE 7:00 PM
(Beginning September 7) 6:00 PM
WEDNESDAY MID WEEK SERVICE 7:30 PM
Nursery Available

Orchard United Methodist
3450 FARMINGTON ROAD
Between 13 and 14 Mile Road

2830 BIBLE SCHOOL 9:45 AM
WORSHIP SERVICES 11 AM and 6 PM
WEDNESDAY FAMILY NIGHT 7:00 PM
Douglas B. Brown, Pastor

FAITH COVENANT CHURCH

Michael A. Hallean, Pastor
Associate Pastor: Mary Miller-Vikander
Minister to Youth: David A. Rouse

35415 W. 14 Mile Road at Drake
661-9191

Sunday School and Adult Study Groups 9:30 a.m.
Sunday Worship Service 10:45 a.m.

EMMANUEL LUTHERAN CHURCH
2245 Laker Road
Just N. of I-96
9:30 AM Church School
10:45 AM The Service
The Rev. L. Alton Erickson

CHURCH OF THE REDEEMER
18140 Corner Rd
Southfield
Sundays Services 5 & 10:30 AM
10:30 Prayer Foc. Services Only

WARD PRESBYTERIAN CHURCH OF LIVONIA
Livonia and Six Mile Roads

PALM SUNDAY: Worship & Sunday School 9:30, 10:00 & 11:00 AM

"Palms and Willows"
Dr. Bartlett L. Hess

7: PM: Chancel Choir presents portions of Handel's "MESSIAH" and the "HALLUJAH CHORUS"

MAUNDY THURSDAY 7:30 PM HOLY COMMUNION
Message by Dr. Bartlett L. Hess and selections from Handel's "MESSIAH"

Saint Andrew's Episcopal Church
16360 Hubbard Road, Livonia, Michigan 48154
421-8451

6:00 AM HOLY EUCHARIST
9 AM & 11 AM FAMILY SERVICE
10 AM CHRISTIAN EDUCATION CLASSES
Sunday Morning - Nursery Care Available
10:30 AM - Wednesday Eucharist

Forest Park Baptist Church
(S.B.C.)
26805 Farmington Rd.
Farmington Hills
476-0080

Sunday Worship 11:00 A.M. & 7:00 P.M.
Family Bible Study 9:45 A.M.
Christian Training 6:00 P.M.

Nursery Available All Services

Located Across from O.C.C. I-96 at Farmington Rd.

Bloomfield Hills Christian Church

The Community House
14700 Lakeside, Bloomfield Hills

Sunday Service 8:30 AM
10:30 AM - Worship
10:30 PM - Prayer
Wednesday 7:00 PM
Rev. Stiles

645-1202

FARMINGTON HILLS BAPTIST CHURCH
2830 Farmington Road • 1 Mile N of 12 Mile

9:45 AM
11 AM and 6 PM
7:00 PM
Douglas B. Brown, Pastor

ST. ANDREW LUTHERAN CHURCH LCA
6215 Telegraph Birmingham
Nursery Available

9:15 AM Sunday School
10:30 AM Sunday Worship
Rev. C. R. Rector, Pastor
646-5207 • 646-6419

ST. JOHN AMERICAN LUTHERAN
2225 Griggs Road Farmington Hills

Charles Fox - Pastor
Mark Radloff - Pastor
Worship Services 9:30 AM
SUNDAY SCHOOL 10:30 AM

SALEM UNITED CHURCH OF CHRIST
Oxford and Grand River
Farmington Hills

9:30 AM Church School
10:30 AM Sunday Worship
Rev. Lee W. Tyler
Church Office - 474-6880
Parsonage - 474-2824

ST PAUL UNITED METHODIST CHURCH
165 E. Square Lake Road
Bloomfield Hills

338-8233

CHURCH SCHOOL 9:30 AM
WORSHIP 10:45 AM

Nursery Provided
Dr. David Truman, Pastor

COVENANT BAPTIST
A Metropolitan Church with a World Wide Mission
Nursery at all Services

SUNDAYS
9:45 A.M. Church School
11:00 A.M. Family Worship
6:30 P.M. Evening Service

Dr. William F. Neicher, Pastor
Rev. Edward A. Little, Assoc. Pastor
Rev. John A. Dunbar, Pastor

5800 W. Maple Road • W. Bloomfield MI 48303
Midland of Orchard Lake Rd • 855-9191

NORTHBROOK PRESBYTERIAN CHURCH
14 Mile and Lahser Roads

Worship 10:00 AM
Church School 10:00 AM
Nursery Provided

M.L. Dunkelberger
E.W. Dunn
Pastors

St. Paul's Lutheran
Missouri Synod
20805 Middlebelt at 474-0615
Farmington Hills - 474-0615

Worship Services 9:30 AM & 11:15 AM
Sunday School 10:00 AM
Church Office 474-2488

CLARENCEVILLE UNITED METHODIST
20300 Middlebelt Livonia

Pastor Gerald Fisher

8:45 a.m. First Worship Service
10:00 a.m. The Church School
11:15 a.m. Second Service of Worship

474-3444
9:45 pm Youth Meetings
7 pm Sunday Evening Service
7:00 pm Wed. - The Midweek Service

DETROIT FIRST CHURCH OF THE NAZARENE
21260 HAGGERTY RD.
I-75 at 8 Mile Rd.
FARMINGTON HILLS
340-7600

REV. JAMES D. CONNER

9:45 AM CHRISTIAN ED.
11:00 AM WORSHIP SERVICE
6:30 PM PRAISE & WORSHIP
WEDNESDAY
7:00 PM PRAYER & SHARE
NURSERY FACILITIES AVAILABLE

Christian Science Churches
FIRST CHURCH OF CHRIST, SCIENTIST
BIRMINGHAM

191 Chester at Willets

SUNDAY SERVICES 10:30 AM
SUNDAY SCHOOL 10:30 AM
WEDNESDAY TESTIMONY MEETING 8:00 PM

READING ROOM
355 East Maple • 644-7935
Mon-Tues 9:30-10:30 Wed & Sat 9:30-10:30 Thurs & Fri 9:30-10:30

FIRST CHURCH OF CHRIST, SCIENTIST
FRANKLIN-MEADOWLAKE
Maple at Inland Lake

SUNDAY SERVICES 10:30 AM
SUNDAY SCHOOL 10:30 AM
WEDNESDAY TESTIMONY READING 8:15 PM

READING ROOM
4361 Orchard Lake Rd. • 651-7440
Mon-Sat 10:5 - Fri 7-9

All are welcome at the above church services and Reading Rooms. Child care facilities provided Sunday & Wednesday.

"As the shadow of a great rock in a weary land" - Isaiah 32

The disciples and their readers, when they read, borrow or purchase the Bible as well as children's books and cassette tapes of interest to children. Or, you may wish to contribute new or used Bibles to the Christian Science Monitor, the international daily newspaper.