

Here are tips for choosing a good foot doctor

Podiatry deals with medical and surgical diagnosis, treatment and prevention of foot disorders and related conditions of the lower extremity. Currently, five accredited colleges across the country offer podiatric degrees.

The DPM degree stands for Doctor of Podiatric Medicine. The majority of podiatry students have baccalaureate degrees or higher from undergraduate institutions. The podiatric education itself consists of a four-year training period which parallels the curriculum studies of most medical schools.

Obviously, the emphasis and clinical training pertain more to lower-extremity and foot-related problems. The student serves rotation periods in clinics, hospitals and out-patient units.

Upon graduation, the student, depending upon state licensing requirements, serves a post-graduate internship, preceptorship pro-

jogging



gram or some medical and/or surgical training period.

The programs vary in length from one to three years, depending upon the state and facility. After graduation, the student is required by state law to pass an extensive licensing-board examination. As in most medical specialties, podiatry offers further sub-specialties for investigation and practice.

FOR THE ATHLETIC patient, several options are available. First, word-of-mouth referral from a satisfied fellow athlete can

be informative. Secondly, inquiries concerning the practitioner's membership in nationally-recognized, athletic-medicine groups are helpful — such as the American College of Sports Medicine or the American Academy of Podiatric Sports Medicine.

Thirdly, you as a prospective patient can inquire as to the doctor's experience in certain sports-related injuries or cases.

The doctor's reputation in the community is a good basis for judgment.

Today's podiatric practitioner is well-trained and a capable member of the total health-care team in providing optimal care for the foot needs of athletes.

Dr. Charles Young, a Livonia podiatrist, writes a jogging column for the Observer & Eccentric newspapers.

Skaters shine

Got the warm-weather blahs already? Take heart, winter lovers. On May 3, you can register for the Detroit Skating Club's Third Annual Figure Skating Summer School scheduled for June 15 to Aug. 23.

The 10-week program will feature skaters at levels ranging from basic-skills instruction through eighth-figure test and senior freestyle instruction for advanced skaters. Instruction in pairs and competition dance are also included in daily sessions. Each day, skaters will receive lessons, or practice figures, freestyle and dance. Power stroking may be scheduled at the skater's option.

The full curriculum is six days a week for 10 weeks, but skaters may enroll for less than a 10-week period. The number of daily sessions also may be selected.

Students will be tested June 28, July 26 and Aug. 23.

One guest and eight staff professionals will conduct the program. Professionals with students are invited to inquire.

Registration for those enrolling for less than 10 weeks is May 9. (May 3rd registration is for full-time students).

More information and brochures on the club, located at 888 Denison Court in Bloomfield Hills, are available by calling 332-7133.

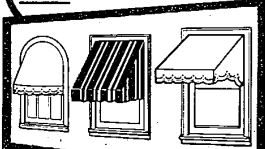
New students will succeed many skillful Detroit Skating Club members.

IN THE RECENT 16th Annual Tri-State Figure Skating Competition, gold medal winners included Cushie Mott of Bloomfield Hills; K.C. Ross of Birmingham; Leslie Fielding and Kaitlin Granning of Bloomfield Hills; Verica Nikolie of Troy; Leslie Ann Priest of Farmington Hills; Devery Deck of Plymouth; Karine Bolton of West Bloomfield; Renee Robitaille of Sylvan Lake; and Jason Dungen of Troy.

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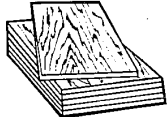
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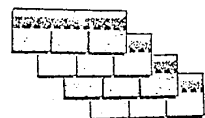
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2x12	9.69	12.65	16.25	17.40	21.40	25.65	29.25
4x4	3.99	6.69	7.79	8.59	10.59		

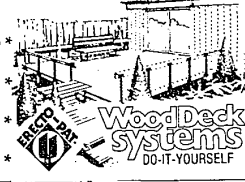
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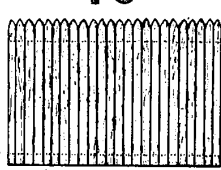


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