

# Hot Cross Bun Time Is Here

By ELLY

Hot cross buns,  
Hot cross buns,  
One-a-penny, two-a-penny,  
Hot cross buns.

There was a time when hot cross buns were served only on Good Friday, but now they are a favorite all through the Lenten season.

And there's something especially rewarding about baking with yeast, whether it's the wonderful aroma of freshly baked bread or the amount of food that results from your original small mound of dough.

A batch of Hot Cross Buns is something your family will remember.

## HOT CROSS BUNS

1 pkg. active dry yeast  
1 cake compressed yeast  
1/2 c. water  
1 c. milk, scalded  
1 c. salt  
1/2 c. sugar  
1/2 c. shortening  
4 1/2 c. sifted flour  
3 egg yolks, slightly beaten  
1/2 t. ground cinnamon  
1/2 c. currants  
Melted butter

Mix very warm water for the dry yeast and lukewarm for the compressed yeast. Sprinkle dry yeast or crumble cake into water and let stand for a few minutes, then stir until dissolved. Pour hot milk over salt, sugar and shortening and cool to lukewarm. Add yeast and two cups of flour, beat well and let rise until light. Add egg yolks, then remaining flour mixed with cinnamon. Add currants. Knead, then put in a large greased mixing bowl.

Brush top with melted butter. Cover and let rise until double in bulk. Shape into small round buns and place three to each other on a greased pan. Let rise until double in bulk. With a very sharp knife cut a cross just through the top surface of each bun. Bake in a preheated, 400-degree oven for 15 minutes.

Brush with melted butter and continue to bake for five minutes more. While warm frost with "confectioners" sugar mixed with water. They may be served without the frosting. This recipe makes about two dozen buns.

HERE'S ANOTHER recipe for Hot Cross Buns. This one came from an old cookbook of our Woman's Editor, Margaret Miller. It contains recipes of the Woman's Association of the old Brewster Congregational Church at Warren and Thumball, in Detroit.

This one is a little more time consuming.

## HOT CROSS BUNS

Mix one cup sugar with 1/4 cup lard, one cup milk, one cup lukewarm water with yeast cake dissolved in it, and enough flour to make a soft batter. Let rise over night. In morning add another cup sugar, salt, 1/4 teaspoon ground cinnamon and allspice, one cup currants and flour enough to knead, as for bread. Let rise again, (about five hours), make into flat biscuits about one inch thick. Put in dripping pan and let rise again. Bake.

## GERMAN SOUR CREAM TWISTS

1 c. sifted flour  
1 c. salt  
1/2 c. shortening (part butter)  
1 pkg. active dry yeast  
1/2 c. warm water  
1/2 c. sour cream  
1 whole egg and 2 egg yolks, well beaten  
1 c. vanilla  
1 c. sugar  
1 c. salt  
1 c. flour and salt into mixing bowl. Cut in shortening. Dissolve yeast in water. Stir into flour mixture, with sour cream, eggs and vanilla. Mix with hands. Cover with a damp cloth and refrigerate for two hours. Roll half of dough on a sugared board into an eight-by-18-inch oblong pan. Fold ends toward center, ends overlapping. Sprinkle with sugar; roll again to same size. Repeat a third time. Roll about one quarter-inch thick. Cut into one-by-four-inch strips. Twist ends in opposite directions, stretching dough slightly. Put in shape of horseshoe on ungreased baking sheet, pressing ends to keep shape. Repeat with rest of dough. Bake in 375-degree oven for 15 minutes or until delicately browned. Remove from baking sheet immediately. Makes about 20 twists.

(Note: John Holden of Garden City brought this recipe to me many years ago. It was his mother's recipe and he is a baker. This was before John was married and proves the point: Your menfolk do bring about your cooking.)

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OR CHUCK ROAST  
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FRESH TASTY VINE RIPENED  
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**DOUBLE Top Value Stamps**  
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