

# Homes needed for exchange students

## Military news

Airman Dennis P. Sutton, son of Mr. and Mrs. Gerald L. Sutton of 23172 Cora, Farmington Hills, has been assigned to Chanute Air Force Base, Ill., after completing Air Force basic training. Sutton is a 1979 graduate of Farmington High School.

Airman Timothy J. Kosen, son of Mr. and Mrs. Jerome E. Kosen of 27970 White Plains, Farmington, has been assigned to Lowry Air Force Base, Colo., after completing Air Force basic training. Kosen is a 1979 graduate of North Farmington High School.

Airman 1st Class Norman A. Mayer, son of Mr. and Mrs. Miles A. Mayer of 23150 Tulane, Farmington Hills, has graduated from the U.S. Air Force munitions maintenance course at Lowry Air Force Base, Colo. Mayer, a munitions systems specialist will now serve at George Air Force Base, Calif.

An opportunity to find out about other cultures and make international friends awaits area families interested in hosting exchange students through the Youth for Understanding program.

Students will be arriving throughout August from 26 countries in Europe, Asia and South America and Australia to spend a year with an American family.

The students will attend local high schools and become familiar with day-to-day life in the United States.

David Rogers, 18, from Guys Hill, Victoria, Australia, is one of the students who needs a home. Born in Liverpool, England, he likes team sports and golf and would like to be a physical education or special education teacher.

Another student who needs a home is Gilles Pouch from La Ferté Sous Jouarre, France. The 16-year-old plays clarinet and likes judo, jogging and soccer. He would like to be a civil engineer.

AMONG THE girls needing a home is Nadine Baer, 17, from Brussels, Belgium. She enjoys skiing, swimming and gymnastics.

Fernando Ramirez Vargas, 18, from Cali, Colombia, likes sports, dancing and camping. His career interest is systems engineering.

There is still time to apply as a host family.

Students who participate in the program are required to have conversational ability in English, and be responsible for their own personal expenses, spending money and insurance.

Host families are expected to provide room and board, and the same care and guidance they would give to their children.

The exchange student is treated as a member of the family, not as a guest, says Dorothea Hall, YFU's area representative from Avon Township.

ACCORDING TO Ms. Hall, there is no typical host family. Host families are from all different backgrounds, family sizes and income levels. Students are matched with compatible families through applications and selection procedures.

Youth for Understanding is a private, non-profit, student exchange program.

More than 60,000 young people from 50 countries have participated in Youth for Understanding programs since they began in 1951 as an effort to improve understanding between different countries following World War II.

Anyone interested in becoming a host family, or in the opportunities for American students to go abroad under the YFU program, can call Mrs. Hall at 652-2180.

## Michigan seeking top senior citizen

The search is on for the most outstanding senior citizens in the state. The state Office of Services to the Aging (OSA) and the Michigan State Fair are looking for outstanding senior citizens who, through contributions made to their communities, merit the title of Senior Citizen of the Year.

The awards, one for leadership and one for service, will be presented at Senior Citizens Day at the State Fair on Aug. 31. Applications are currently being taken by the state office and will be accepted up through Aug. 7.

For more information or an application, contact the area Agency on Aging nearest you or write OSA, P.O. Box 30025, Lansing 48909.

Kenneth Oettle, director of OSA, says this marks the sixth year his office and the State Fair have joined forces to recognize outstanding older Michiganders.

"Each year the number of applicants increases and the job of selecting those most qualified becomes substantially difficult. This state has just a wealth of talented, dedicated and civic-minded older people."

Nominees for the awards will be judged on activities over the past year, but that involvement in service and leadership roles over a number of years will be taken into consideration. Anyone age 60 or older is eligible to receive the award. Only organizations may submit nominations.

**CASH FOR JEWELRY**

**RED TIMBERS**

Grand River West of Haggerty-Novi

Banquet Facilities

For Any Occasion

CALL FOR INFORMATION

478-7154

**SPECIAL ZOTOS FOAM PERMS**

Reg. \$45.00 with ad **\$25.00**

PERMS \$14.00 & up all week

GET IT DONE RIGHT

REVEL • CLARIS • WELLA • L'ORÉAL

TINTS \$14.00 complete with set

HAIRSETS \$7.00 Senior Citizen Sets

PRECISION HAIRCUTS \$8.00 Mon. Tues. \$6.00 Wed.

5 Operators to Serve You

**Ann's Hair Designs**

29249 Rayburn - Livonia

(Five Mile and Middlebelt area-around corner from 7-11)

Open Every Evening, Sat. 9-5 422-9592

• Avant Garde

• Silhouette

• Viva!

• Anne Klein

• Ray Ban

**GET READY FOR SUMMER**

Pre 4th of July Sale

All Ready to Wear

**SUNGLASSES 30% Off**

(in stock only) (regular price)

Sale Ends July 4, 1981

**Dr. M. A. Schwartz, Optometrist**

6667 Orchard Lake Rd. • Old Orchard Mall

Maple & Orchard Lk. Rd. • 626-9590

**TRU-TEST Anniversary PAINT DAYS**

Save thru July 12th

Coupon

**FREE** 9'x12" Drop Cloth with each gallon of paint. Limit 6 per customer.

**7.98** Gallon

**SELECT LATEX FLAT WALL FINISH**

Combines good hiding qualities plus washability in an economically-priced paint. No painty odor.

**WOODSMAN'S SOLID-COLOR LATEX STAIN**

**8.98** Gallon

Covers with a solid coat of color, but won't hid the texture of rough-cut wood. Dries in 30 minutes.

**WeatherAll Acrylic Latex HOUSE PAINT**

**10.98** Gallon

For all-weather protection against blistering, cracking and peeling for wood siding, brick, mbr.

**E-Z KARE LATEX FLAT WALL & TRIM FINISH**

**12.98** Gallon

Provides a low-sheen finish that washes and wears well. Ideal for walls, woodwork, high-traffic areas.

**LIVONIA HARDWARE**

5 Mile at Farmington

# Kotila Chiropractic Life Center

## 28800 8 Mile Road Farmington Hills

An Important Message From **Dr. Kotila "NERVES"**



**471-0440**

What everyone should know about... **HEALTH THRU CHIROPRACTIC HAY FEVER**

"Your trouble is nerves, just nerves, that's all," many have been told. But your nerves are too important to your body to be dismissed so easily.

Nerves make possible every function of your body. Your nerves transmit all sensation to and from the brain. Your nerves make possible sight, smell, taste and hearing. Nerves maintain your balance and keep your body temperature at 98.6 degrees. Nerves control your blood pressure, stomach action, blood flow, speech and breathing. Nerves make your bowels move. Nerves make it possible to swallow. In fact, every function taking place in your body is under the control of the nerve system.

Perhaps you have never been blessed with natural health...natural health that comes only when you have a perfect, unblocked nerve system. I'm talking about the solid "yours-for-life" kind of health that gives you boundless strength and energy for the day's work...builds firm tissue and muscles all over your body...fights off the usual deterioration of "middle age"...brushes aside sickness...shrugs off ordinary aches and pains...rewards you continuously with that "isn't-it-great-to-be-alive"...feeling...day after glorious day.

Yes, that's the kind of health I mean. Not one person in a hundred in the U.S. has it today, but chances are you can enjoy health like that...if you are willing to open your mind to a new look at life and health.

All healing of lasting value comes from within the body. You were born to be healthy, and health is within you now. But good health depends on good nerve function.

Nerves are the electrical system of the human body, and the spinal column is the switchboard controlling health.

The nerve chart clearly shows how the nerves to all parts of the body start in the brain, pass down inside the spine, exit through narrow openings between the vertebrae, and extend outward to the various organs and limbs.

And pinching of these nerves as they leave the spine can cause trouble in the organs or limbs serviced by these nerves.

A simple, painless and inexpensive spine and nerve test can quickly reveal if you are a Chiropractic case. You owe it to yourself and your family to have your nerve system tested and find out for sure. Every health problem has a cause and the cause must be found and corrected before you can get well.

Hay fever, as a general rule, is an acute inflammation of the mucous membranes lining the nasal passages. In some cases the inflammation extends down as far as the bronchi.

It is characterized by thin, watery discharge from the nose, and the mucous membranes lining the nasal passage are so swollen making respiration very difficult.

It is commonly supposed to be "caused" by the irritation produced by the pollen of flowers or weeds or effluvia from some plants, woods or flowers. This "cause" varies in sections from the so-called ragweed to the effluvia from the rose to the dust from freshly cut hay or weeds.

The pronounced stage of this condition begins with sneezing, the same as

with an ordinary cold. Eyes become easily irritated; tears flow easily and continuously; eyeballs become inflamed, and the tissues around the eyeballs and eyelids become congested and reddened.

There is an almost continuous watery discharge from the nose and sleep becomes very difficult. The patient is restless and irritable during the sleeping hours.

Chiropractically, the cause of this incoordination is a vertebral subluxation. The nerves going to the affected portion of the upper air passages of the respiratory tract emit from the spine. When an impingement on these nerves occurs, it is necessary to release such interference by chiropractic care, allowing normal transmission of nerve force between the brain and the affected organs of the body.



Children need spinal check-ups early in life, for very obvious reasons. In the formative years, little ones are most susceptible and most exposed to the human and natural influences which could affect their health. Preventative maintenance can ward off disease and illness. Children love chiropractic, because it is gentle and effective. No tasteless medicines to force down, no painful and dangerous injections. And no financial drains on the parents.

The diseases of children are many and varied, but virtually all of them can be avoided through regular scientific health care service.

Why should your children be sick when they can be feeling well?

**EVERY WEDNESDAY AT 7:00 P.M.**

Join us at the Kotila Chiropractic Life Center on any Wednesday evening for a night of new ideas and new life. Your questions will be answered and valuable information will be given to you. Everyone is welcome, so find out more for your family and yourself! Take time to learn how chiropractic care can help YOU! It just may be the most informative hour you've ever spent!

**DISCOVER CHIROPRACTIC!**

ATTEND A FREE DISCUSSION ABOUT LIFE, HEALTH, CHIROPRACTIC AND YOU!

**THE PUBLIC IS INVITED**

**OPEN 6 DAYS A WEEK TO SERVE YOU BETTER!**

**Monday - Friday 8-7**

**Saturday 8-3**

**471-0440**