

# Money management for women offered

A free educational program, "Money Management for Women" will be held at 10 a.m. Aug. 15 at the Michigan Inn, 16400 J.L. Hudson Drive, Southfield.

The seminar, sponsored by Merrill Lynch, Pierce, Fenner & Smith, is a benefit for the Women's Association of the Detroit Symphony Orchestra. Funds will be raised by refreshments served prior to the seminar at a cost of \$5 per person.

Topics covered will be the changing financial role of women, determining personal investment objectives, choosing a financial advisor, getting information about securities, and avoiding common investor pitfalls.

Featured will be a panel of investment specialists moderated by Ann Benson, former actress, Merrill Lynch's Investor Information Specialist, and the creator of Lynch's Investor Education program for women.

Merrill Lynch suggests 10 questions women should ask themselves about investing, including: At what time of my life should I think of investing? Do I need much money to invest? What financial necessities must I consider before investing?

Some guidelines for better investing are also offered, including getting information before investing, monitoring investments, and diversifying.

"Women know more about money than they think they do," said Ms. Benson, commenting on the program.

"They have a critical eye and extensive experience as consumers. To learn about the world of finance, all you need is common sense and confidence. It's a question of putting money to work."

Former actress Ann Benson will moderate a panel of investment specialists which will include Merrill Lynch's Investor Information Specialist and the creator of Lynch's Investor Education program for women at the Aug. 15 workshop.



Ann Benson

## class reunions

The Observer & Eccentric newspapers will be glad to help locate classmates for high school reunions. Submit announcements to Margaret Miller, 36251 Schoolcraft, Livonia 48150. Full names are needed with telephone numbers listed to call for information.

● **SOUTHFIELD-LATHRUP 1976**  
The Southfield-Lathrup High School class of 1976 is planning a five-year reunion on Aug. 15. Those interested in attending should call the high school for ticket information.

● **WATERFORD KETTERING 1968**  
Waterford Kettering High Schools class of 1968 will hold a 15-year reunion Aug. 15 at Mitchell's II. To get more information or make reservations, call Becky Morgan, 673-5689; Camille Talcott, 666-3393; or Becky Mullins, 625-5853.

● **WESTLAND JOHN GLENN 1976**  
A reunion of the John Glenn High School class of 1976 is scheduled Aug. 15 at Roma Hall of Ann Arbor. Tickets costing \$15 per person cover buffet dinner, beer, setups and music.

Checks for reservations should be sent to the John Glenn High School Reunion Committee, 36105 Marquette, Westland, 48185. For more information, call Sue Unold, 721-5288, after 6 p.m.

● **ROYAL OAK KIMBALL 1961**  
A 20-year reunion for 1961 graduates of Royal Oak Kimball High School will be held at the Silverdome Sept. 26. Those who have not been contacted or who have information on classmates should call Linda (Brocius) Avery, 689-8810.

● **HIGHLAND PARK 1945**  
Graduates of Highland Park High School in 1945, including those who graduated in January, June and summer school and those who were in service at the time of commencement ceremonies, are sought for a Nov. 7 reunion. Those interested in attending should call a member of the reunion committee, Rose (Dembrin) McKillop, 756-7197; Russ Valbusch, 398-8817; Mary Ellen (Menold) Philp, 542-2107; or Tom Edwards, 553-9030.

## Cambridge diet corrected

Nancy Austin's Tipping the Scales column published last Oct. 30 contained misstatements about the Cambridge diet plan. Here are the facts.

1. Ms. Austin wrote that the Cambridge Diet formula is "more than liquid protein, a pre-digested animal protein which was implicated in the deaths of 52 Americans in 1976. It is the same product — only with new packaging."

In fact, the Cambridge Diet formula contains no pre-digested animal protein. It is made from milk-based protein and soya flour enriched with vitamins and minerals. Similarly, the statement that the product was not new was based on the incorrect belief that it was liquid protein.

2. Ms. Austin wrote that a diet of

pre-digested animal protein, used as the sole nourishment, will be deficient in complete protein, carbohydrate and fat, causing the body to feed on other parts of its system.

In fact, the statement does not apply to the Cambridge Diet products. For example, its label for the imitation eggnog allotment contains 50 percent of the U.S. recommended daily allowance for adults and children over age 12 and 100 percent of the U.S. RDA for vitamins A, C, D, E and B6, as well as thiamin, riboflavin, niacin, calcium, iron, folic acid, phosphorus, iodine, magnesium, zinc, copper, biotin and pantothenic acid. The label also stated quantities of ingredients for which the U.S. RDA has not been established.

— Observer & Eccentric Newspapers

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