## Fish, nature walks and sky watching

Once a successful outdoors excursion is concluded and you've got whatever you're after, you may still face a problem.

One way or another, you must deal with the creature of the flesh — cooking it, that is.

The Four Seasons Fishing Cub of Livonia may
The club is sponsoring a demonstration Wednesday on the art of preparing, cooking, smoking and canning fish. Sheraton Inn chef Frank Murnane will be featured speaker. Club fishing expedition information — and the best of past excursions — will be announced.

Open to interested guests, the meeting starts at 7:30 p.m. in the Concourse Room G of Livonia Mall, Seven Mile at Middlebelt.

SUMMER means more than George Hamilton tans — it means wildlife. Stony Creek Metropark will feature a nature walk designed to get you introduced to wildlife. It's called "Weeds, Seeds and Sounds" of summer. It starts at 10 a.m. Sunday with naturalist Roger Bajorek in charge. The programs is free, but you need to register in advance by calling the Stony Creek park office at 781-4521.

SKYWATCHERS have an annual August treat in store when the Perseid meteor shower reappears, and this year's icing on the celestial cake will be Jupiter, Saturn and Venus. The annual meteor shower will likely be heaviest

The annual meteor shower will likely be heaviest the evening of Aug. 11, and will last until dawn, Aug. 12. About 50 to 100 meteorites are likely to light up the sky every hour during that period. Watch from as dark a location as you can find. Look to the northeast before midnight and directly overhead after that.

Juniter and Saturn have lingered together in the

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night skies practically all year, and this month Ve-nus joins them. Venus will appear to climb slowly upward each night, passing Saturn and later the brighter planet Jupiter.

THE AIR FORCE'S "Could You Survive?" quizzes are proving so popular with readers that Fve decided to give you a treat this week. I'm going to lay one of them on you. If you haven't been following these, they're a series of outdoor-rest of outdoor-free plugs for the U.S. Air Force Survival

OF THE FOLLOWING choices, what's the best method to prevent dehydration in the bush? A) Drink more water than you think you need, and drink it before you feel thirsty. B) Wait until you feel thirsty, then drink only enough to quench that thirst. C) Wait until thirsty and drink all the water you can comfortably hold. D) Simply drink two quarts of water daily. Best answer: A. Normal maintenance fluids intake is about one quart daily, but your need for water rises when you're active.

## Need recreation volunteers

Volunteer therapuetic recreatation aides are needed by the Oakland County Parks and Recre-ation Commission to offer emotional support and non-to-one physical assistance to a variety of handi-capped clients throughout Oakland County.

Ann Clinton-Cirocco, coordinator of the volunteer progam, said it is an "opportunity for challenging work, valuable experience and personal growth."

She said the aides should be 16 years old or older

and willing to travel to sties throughout the county.

The aides will become part of a volunteer team and will be trained to help out those in recreation programs and those attending special events, she said.

They will be utilized for a wide range of acttivi-ties, Mrs. Clilnton-Cirocco said.

She said volunteers are also needed in such areas as public relations, cross country skiing, arts and crafts and clowning.

## Ecology group probes recycling plan

The National Ecology Restoration Fund will hold a 7 p.m. Aug. 5 meeting on "Recycling Solid Waste, Health, and Use of Renewable Energy Sources — Today's Needs."

The meeting will be in the Baldwin Public Library, 351 Martin (one block south of Maple and three blocks west of Woodward), Birmingham.

The new group is analyzing Oakland County's new solid waste management plan, said the group's president, Henry Zwirksol. A short film on recycling will be shown at the meeting. The new group is a nonprofit organization interested in recycling solid waste and using solar, wind and water power. Its mailing address is Box 8227, Detroit 48213.

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