

Irish Stew Takes More Than Luck

By ELLY

It's not Irish luck but a blending of flavorful lamb and vegetables that insures family favor for Dublin Stew.

There's no blame about it, lamb stew is tasty food for any family, anytime.

Originally Irish stew was made with spare ribs, but now they use lamb.

DUBLIN STEW
Dredge two pounds of boneless lamb, cut in 1 1/4 inch cubes, in mixture of one quarter cup flour, 1 1/4 teaspoons salt, one eighth teaspoon pepper and one quarter teaspoon basil. Then brown meat on all sides in three tablespoons lard or drippings. Pour off drippings. Add two cups water. Cover tightly and cook slowly one hour.

Add one cup diced carrots or rutabaga and one large onion, sliced. Cover and cook 45 minutes more or until meat and vegetables are tender.

Prepare dumplings by sifting together one cup flour, 1 1/4 teaspoons baking powder and one half teaspoon salt. Combine with one beaten egg, one third cup milk, one tablespoon melted lard and one quarter cup of chopped pimiento and stir in only until mixed. Drop dumplings by tablespoons on hot stew. Cover and cook slowly 20 minutes. Cook frozen peas (10-ounce packages). Remove dumplings. Add peas. Thicken stew with flour if necessary. Makes six to eight servings.

CORNERED BEEF AND CABBAGE
Cover four pounds cornered beef with boiling water in a kettle and bring to a boil. Cover and simmer for 30 minutes. Drain, cover with fresh boiling water, and simmer until meat is tender. Do not boil. Cut one cabbage head into eight wedges. About 15 minutes before beef is done, add cabbage. Cook uncovered for 10 to 15 minutes. Serve hot with boiled potatoes and mustard. Makes eight servings.

ST PATRICK'S DAY SALAD

1 pkg. lime gelatin
2 c. hot water
large package cream cheese
1 c. salad dressing
1 t. prepared horseradish
1/4 t. salt
2 T. lemon juice
1/4 c. diced cucumber
1/4 c. minced onion
Dissolve gelatin in hot water, add cheese, salad dressing, horseradish and salt. Beat with rotary beater until smooth. Blend in lemon juice. Chill until consistency of unbeaten egg white. Stir in cucumber and onions. Turn into mold and chill until set. Serves eight.

LIME PIE

1 baked pie shell
1/4 c. cold water
7 T. cornstarch
1/4 c. hot water
1/4 c. sugar
Green coloring
1/2 c. lime juice
1 t. grated lime rind
1 T. butter
2 slightly beaten egg yolks.
Combine cold water and cornstarch, mix well. Bring hot water to boil in top of double boiler over direct heat. Add sugar, then cornstarch mixture and cook until mixture begins to thicken. Return to double boiler and cook about 15 minutes, stirring occasionally. When thick pour a small amount into the egg yolks. Add this mixture to double boiler and cook a few minutes longer. Stir in lime juice, rind and butter. Cool. Add few drops of green coloring and pour into pie shell.

Top with:
1/4 lb. marshmallows
1 T. lime juice
1 t. lime juice
2 egg whites, stiffly beaten
1/4 c. sugar

Over low heat dissolve marshmallows in one tablespoon lime juice, stirring constantly. Add sugar gradually to stiffly beaten egg whites. Fold in remaining lime juice and marshmallow mixture. Spread over pie filling.

New Candles Come In Crocks

Candles in decorated earthenware containers provide a new, attractive means for masking cooking odors.

The candles, which burn about eight hours, are in small crocks similar to those that hold cheese spreads. The crocks are an oatmeal color, with tops in four colors - bright blue, bright green, chocolate brown and lemon yellow. To extinguish the light, just place the lid on the crock.

DISCOUNT PRICES



U.S. CHOICE
TENDERAY RIB OR
**Round
Steak**
LB **98¢**

WHOLE
**Semi-Boneless
Hams**
LB **88¢**

**Feature
Price**

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DISCOUNT PRICES
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Sirloin Steak LB \$1.27
U.S. CHOICE TENDERAY BEEF
T-Bone Steak LB \$1.47
U.S. CHOICE TENDERAY BEEF
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ANY PACKAGE SPARE RIBS

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**All Beef
Hamburger**
IN 5-5 1/2 LB TUBE
59¢ LB

COUNTRY CLUB
**Corned
Beef**
POINT
CUT **78¢** LB

FRESH SHOULDER CUT
**Lamb
Roast**
LB **69¢**

FRESH BOSTON BUTT
**Boneless
Pork Roast**
LB **89¢**

TIGER TOWN SLICED
**Boiled
Ham**
12-OZ
WT PKG **98¢**

SPECIAL LABEL
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Tide XK**
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4-OZ PKG **99¢**

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Eggs**
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Pream.....1 1/2-LB 59¢
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KROGER ASSORTED
Cake Mixes.....1-LB 25¢



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UGLY DUCKLING
Stockings.....PAIR \$1.19
HOUR AFTER HOUR
Deodorant.....4-OZ 53¢
ANTISEPTIC MOUTHWASH
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Cotton Swabs.....400-CT 99¢

Dole Lo-Cal
**Fruit
Cocktail.....1-LB 15¢**
**Sliced
Peaches.....1-LB 12¢**
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U.S. NO. 1
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Potatoes**
LB BAG **20 99¢**
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Delicious Apples.....12 FOR 99¢

U.S. GOVT GRADED
CHOICE
TENDERAY RIB OR
**Round
Steak**
LB **98¢**

AND
TOP
VALUE

STAMPS

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FRESH RIB
**Center Cut
Pork Chops**
LB **79¢**

Loin Chops.....LB 89¢
SLICED INTO CHOPS
1/4 Pork Loin.....LB 75¢

FRESH 13-LB AVG
**Whole
Pork Loin**
LB **67¢**

SLICED
FREE
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Loin Half.....LB 83¢

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Rib Roast.....LB 89¢
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Sausage Links.....LB 89¢
IN RANDOM WEIGHT PKGS-COUNTRY STYLE
Sliced Bacon.....LB 77¢

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Sliced Bologna.....LB 59¢
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4-ROLL
PACKS **4 '1**

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**Jumbo
Towels**
ROLLS **4 '1**

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Cake Mixes**
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Pineapple.....5 1 1/2-LB 1
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Cut Green Beans.....8 1-LB 1
AVONDALE BRAND
Purple Plums.....4 1-LB 1
DELICIOUS
Kroger Pears.....3 1-LB 1

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Peaches.....4 1-LB 1
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Tomatoes.....6 1-LB 1
AVONDALE
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VEGETARIAN VEGETABLE
Kroger Soup.....8 10 1/2-OZ 1
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Kroger Jelly.....4 10-OZ 1

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15 1/2-OZ
WT CANS **10 '1**

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KROGER DAIRY FRESH
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100 TOP VALUE STAMPS
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ANY PKG
STEUHLOWERS BEEF
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