

# She recalls decades serving the public

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twice. "But now I don't come in until about 1 or 2 p.m. and stay to closing, mostly just visiting with friends."

Mrs. Quinley doesn't have to worry about keeping busy during retirement. Her family members, who have doubled as her employees, include six children, 11 grandchildren and 14 great-grandchildren.

"DURING WORLD War II, the restaurant had closed so I bought it just for fun.

"I'VE NEVER worried about the business or the competition. We've just tried to make the best food and be friendly and it's worked well. The restaurant across the street has changed hands four times since I've been here. Her homemade soups, fried chicken and apple dumplings are standards."

"All the recipes are my own, although I did borrow the southern fried chicken recipe from an old friend."

"I really haven't done anything the past two or three years except to oversee the restaurant's operation," she said. "When we first opened, there was plenty of work. I did a lot of cooking and put in 45 to 50 hours a week. Business has always been pretty steady over the years and I had to expand

## Alcohol affects breathing ills

Most respiratory symptoms can be worsened by alcohol, according to the American Lung Association of Southeastern Michigan.

The association recommends persons with a cough or sore throat forego alcohol and drink juices.

Even when a person has no respiratory symptoms, alcohol consumption can have poor effects, besides hangovers. Alcohol users are more prone to infections, the association says.

For more information on alcohol and respiratory symptoms, call the American Lung Association of Southeastern Michigan at 963-3029.

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