Asthma group to hold meeting

WOMAN'S NATIONAL FARM & GARDEN ASSN.

The September meeting of the Amer-ican Lung Association's Family Asth-ma Program will be held at 7:00 p.m. Tuesday, Sept. 15, in classroom A at Oakwood Hospital in Dearborn. Dr. James Bommarito, will discuss with parents various medications for the treatment of each Meinin Cach

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the treatment of asthma. Marcia Cook, R.N., Carol Vick, R.R.T., and Linda Erickson will talk to the children on how to cope with asthma while in the class-room.

The Family Asthma Program is a free community service of the Ameri-can Lung Association of Southeastern Michigan (ALSEM). The meetings are held the third Tuesday of each month and feature guest speakers, exercises, demonstrations, films and discussion designed to teach the asthmatic and his parents how to best cope with lung dis-ease.

For more information, call the lung association at 961-1697.

Thursday, September 10, 1981

consumer mailbag

Q. I would like to join a carpool this fall. Is there a service locally that matches riders? — D.S., Southfield

Nearly one-third of the nation's 73 million A. Nearly one-third of the nations of themsel commuters share their ride to work with others in carpools and vanpools. That still leaves two-thirds who ride alone. In 1980, over 200 ridesharing infor-mation exchange programs in the United States brought commuters together to form car and van-pools.

pools. The programs each operate differently. Some deal with individuals on a one-to-one basis, provid-ing matching service over the phone to callers look-ing for carpool partners, and others work through

In 1980 car and vanpoolers who signed up for ridesharing through RideMatch saved over 500,000 gallons of gas and kept 300 tons of hydrocarboos out of Southeast Michigan's and Council of Governments, the Oakland County Road Commission and The Ann Ar-bor Transportation Authority furnish ridesharing information to area residents. For more informa-tion contact RideMatch at 961-4266.

Q. Our apple tree is giving us a bumper crop this year. Even after I fill my freezer and give away several bushels I know I will have lots of apples left I would like to try drying them for storage. Is this a possibility?

to store, have a long shelf life, are nutritious and offer variety to a long winters diet.

A workshop on Solar Crop Drying is being of-fered Oct. 10 at the Uplands Hills Ecological Awareness Center. For registration information call: 693-1021.

ECO-TPI- Lake dwellers have a rare opportunity to share information to protect their waterways in a beautifu setting this fall. Michgian Lake and Stream Associations is holding their 20th Annual Meeting in beautifui northern Michigan. Clean Wa-ter for the 80s is the topic to be addressed at the Hilton Shatu Creek Conference Center in Bellaire, Sept. 28-27. Workshops and exhibits will offer help-il information to individuals living on Michigans lakes and streams. Call. Bette OShea, the local coordinator, at 673-7642.

