

NOT JUST ANOTHER HEALTH CLUB MEN-WOMEN

EXERCISE

Bring in this
coupon for:
ONE FREE VISIT
AND LET
OUR TRAINED STAFF
SHOW YOU
HOW MUCH FUN
A Fitness Program
can be.

REGULAR EXERCISE WILL

Improve your appearance.
Improve your muscle tone, including the heart muscle.
Improve your blood circulation and breathing.
Help control your weight.
Help relieve fatigue and tensions.
Help improve your coordination and endurance.
Make you feel better and look better.

9 Mile		
8 Mile	Farmington	Merriman
7 Mile		



FAMILY FITNESS CENTER

33505 W. 8 MILE

Just W. of Farmington Rd.

474-8640

