

PORK TENDERLOIN WITH ORANGE SAUCE
 1 pork tenderloin (about 1½ lbs.)
 1 tsp. salt
 ¼ tsp. ground black pepper
 2 Tbsp. butter or margarine
 ¼ cup chopped onions
 ¼ cup dry white wine
 3 oranges
 3 Tbsp. sugar
 1 bay leaf
 2 tsp. cornstarch
 3 cups hot cooked rice

onions and cook until tender. Pour wine and juice from 2 oranges over meat. Stir in sugar and bay leaf. Cover and bake at 350 degrees for 1 hour, or until meat is tender.

Place remaining orange and section. Cut peel in very thin strips. Boil in a small amount of water until tender and drain. Remove meat from pan; discard bay leaf. Mix cornstarch with a tablespoon of water. Add to liquid in skillet. Cook, stirring, until thickened and smooth. Add peel; slice meat.

Place on platter of fluffy rice. Pour sauce over meat. Garnish with orange sections. Makes six servings.

Season tenderloin with salt and pepper. In an oven-proof skillet, sauté meat in butter until brown on all sides. Push to one side; add

**FISHER
FOODS**

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This fool-proof recipe will produce fresh, moist rolls for a delightful and hearty sandwich.

WHOLE NEW YORK STRIP STEAK	cut & wrapped free	2.99	lb.
BONELESS SIRLOIN STEAK		2.69	lb.
MEAT MARKET			
CHUCK STEAK		1.99	lb.
STEW BEEF		1.69	lb.
GROUND CHUCK PATTIES		7.99	box
WEDNESDAY & SATURDAY ONLY			
WHOLE BEEF TENDERLOINS		2.99	lb.

ITALIAN BREAD
Makes 2 loaves or 6 hero rolls

5 to 5½ cups unsifted flour
1 Tbsp. sugar
1 Tbsp. salt
2 pkgs. active dry yeast
1 Tbsp. margarine, softened
1¾ cups hot tap water (120-130 degrees)
Cornmeal
Peanut oil
1 egg white
1 Tbsp. cold water

In a large bowl, thoroughly mix $1\frac{1}{2}$ cups flour, sugar, salt and undissolved yeast. Add softened margarine.

Gradually add hot tap water to dry ingredients and beat 2 minutes at medium speed of electric mixer, scraping bowl occasionally. Add $\frac{1}{4}$ cup flour and beat at high speed 2 minutes, scraping bowl occasionally. Stir in enough additional flour to make a stiff dough. Turn out onto lightly floured board and knead until smooth and elastic, about 8-10 minutes. Cover; let rest for 20 minutes.

To make loaves: Divide dough in half. Roll each half into an oblong 15-by-10 inches. Beginning at wide side, roll up tightly; pinch seam to seal. Taper ends by rolling gently back and forth.

To make rolls: Divide dough into 6 equal pieces. Roll each piece onto an oblong, 8-by-5 inches. Beginning at wide side, roll up tightly; pinch seam to seal. Taper ends.

Place on greased baking sheets sprinkled with cornmeal. Brush dough with peanut oil. Cover loosely with wax paper, then top with plastic wrap. Refrigerate 2-4 hours.

When ready to bake, remove from refrigerator. Uncover dough carefully. Let stand at room temperature 10 minutes. Make 3 or 4 diagonal cuts on loaves with razor blade or sharp knife.

Bake at 425 degrees 15 minutes for rolls, 20 minutes for loaves. Remove from oven and brush with egg white mixed with cold water. Return to oven and bake 5-10 minutes longer, until golden brown.

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DEEP DISH PIZZA		small	large	x-large	Italiano	WHOLE U.S.A. CHOICE TRIMMED
		6 pcs.	12 pcs.	24 pcs.	Round	
CHEESE & ONE ITEM		2.49	4.79	5.99	5.99	BEEF LOIN ONLY Includes: Sirloin, Porterhouse, T-Bone, Stewing Beef and Ground Meat. Average weight 45-55 lbs. Good thru 4-25-82
CHEESE & TWO ITEMS		3.29	5.29	9.99	3.99	
CHEESE & THREE ITEMS		4.09	6.09	11.29	4.99	
CHEESE & FOUR ITEMS		4.89	7.29	14.29	5.89	
LITTLE TON SPECIAL		8.29	12.29	16.29	6.99	

Choice of Cheese: Pepperoni, Saus, Meatlovers, Grapes, Pupper, Anchovies.
 Choice of Items: Pepperoni, Saus, Meatlovers, Grapes, Pupper, Anchovies.
 *Based on 12 oz. net wt. per pizza.
 *Special Inclusions: 10¢ extra. Order 5 pizzas for 32 pizzas.

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