

### recreation news

Each week, the Farmington Hills Parks and Recreation Department will present a synopsis of upcoming activities in this column. For further information regarding these programs, contact the parks and recreation office at 474-6115.

**LAMAZE CHILDBIRTH EDUCATION** — This seven-week series prepares expectant parents to participate fully in their birthing experience. The classes will give the couple an understanding of pregnancy and the mechanisms of labor and delivery. Classes should be attended during the last three months of pregnancy. Early registration is encouraged. The classes will be held Thursdays. They begin Oct. 23 and will continue through Dec. 16. The sessions meet 7:30-9:30 p.m. at William Tyndale College, 35700 W. 12 Mile. Fee is \$35 per couple. The session is presented by the Professional Associates in Childbirth Education.

**RECREATION OPEN SWIM** — The fall season of recreational swimming continues at North Farmington High

School on Monday evenings. The high school 13 Mile east of Farmington Road. Swimming begins at 7 p.m. and continues to 9:15 p.m. However, adults have the pool to themselves beginning at 8:15 p.m. Fee is 75 cents for children and teens and \$1 for adults. Open swimming requires that all children must be accompanied by a parent if their chin height is below 38 inches.

**FITNESS FOR THE FUTURE** — The senior adult center is offering an awareness program designed to assist older adults to accept and adjust to physical changes as time grows older. Areas of discussion will include the aging process, health practices, accident prevention, nutrition and diet emergency treatment. The course will be held on four consecutive Tuesdays, beginning Oct. 26, at the senior adult center. The center is in Mercy Conference Center on 11 Mile, east of Middlebelt.

**CPR** — The Farmington Hills Parks and Recreation is offering a cardiopulmonary resuscitation course on Oct. 28, Nov. 1 and 4. The class will meet for

three sessions at the East Middle School from 7-10 p.m. You must preregister at the Farmington Hills Parks and Recreation office prior to Oct. 22. The \$4 fee includes CPR book and related materials. The parks and recreation office is at 11 Mile and Orchard Lake roads.

**SPEAKER SERIES** — The senior adult center will present "Election Information, Facts You Voters Should Know," Louise McBroome, a member of the West Bloomfield/Farmington Area League of Women Voters will speak to the group and distribute voter guides, which will contain factual information about all the candidates and proposals. The league will not make any recommendations but believes the voting public should be well informed. The program will be held on Oct. 28 at 11:30 a.m. Tuesday

## Psychologist honored by association

Myron M. Singer, Ph.D. of Farmington Hills, has received the Michigan Psychological Association's distinguished psychologist award in recognition of outstanding contributions in advancing the profession and science of psychology.

Singer was cited for his leadership in developing the current licensing law for health service psychologists and ob-

taining provider status for licensed psychologists under Blue Cross-Blue Shield of Michigan.

He has served in several leadership positions in the Association, including president during 1980. He also serves on the executive committee of the board of directors of the Mental Health Association in Michigan.

Singer received his Ph.D. in clinical

psychology from Louisiana State University in 1969, and completed a two-year residency training at the University of Illinois, Neuropsychiatric Institute in Chicago. He held positions with The Children's Center of Wayne County and the Oakland County Community Mental Health Services Board, before entering full-time private practice in Farmington Hills in 1978.

### YMCA highlights

The Farmington Area YMCA provides a variety of services for youth and adults in the community. Further information may be obtained by calling 533-4020 between 9 a.m. and 10:30 p.m. daily.

**FLAGG FOOTBALL, Oct. 23** — 9:15 North Kenbrook Dolphins vs Woodlake Woodchucks; 9:15 South Longacre Cowboys vs Woodlake Abeyers; 10:15 North Woodcreek Colts vs Forest Lions; 10:15 South Eagle Eagles vs Woodcreek Redskins; 11:15 North Forest Vikings vs Beechview Chargers.

**MICHIGAN HANDBALL ASSOCIATION CLASS B TOURNAMENT** — The Farmington YMCA will host the 1982 Michigan Class B Handball Tournament beginning Friday, Oct. 22, 23, 24 with the finals held Oct. 26 and 28.

**1982 OCTOBERFEST RACQUETBALL TOURNAMENT WINNERS** — Class A: 1st place, Milo Karhu; 2nd place, John Kerr. Consolation: 1st, Al Moran; 2nd, Robert Singleton. Class B: 1st place, Jeff Yenish; 2nd place Bill Roe; Consolation: 1st place, Jim Sochacki; 2nd place, Ben Unwin. Men's novice: 1st place, Jack Davis; 2nd place, Dan Ryan. Consolation: 1st Billie Karhu; 2nd Becky Burgess; 3rd Silvia Rambus. Next tournaments: Christmas Tourney, Seniors Tourney.

**MEN'S 30-AND-OVER BASKETBALL LEAGUE** — You may register as a team or an individual by Nov. 1. The League will feature eight teams. Registered officials, times, standings and a tournament following league play will be few of the advantages of joining the four-on-four 30-and-Over Mens Basketball League.

### RECREATION SINGS

The Farmington Community Chorus along with the Novi Choralaires, Livonia Civic Chorus and the Dearborn Community Singers are hosting Recreation Sings, a musical revue. The event will include each group singing on stage and the performance will end with the combination of all four of the choral groups. The concert will begin at 4 p.m. Sunday in the Puert Auditorium at Novi High School, 24062 Taft, just south of 10 Mile. Tickets are \$3 for adults and \$2 for youth (12 and younger). All proceeds will be donated to the Ann Arbor Burn Center. This activity is sponsored by Novi Parks and Recreation and the Novi Jaycees.

**TRAVEL AND ART SHOW**  
**CHINA**  
 Artist Julia Dawson will be giving her impressions from her April, 1982 trip through the Peoples Republic of China. Your operators will be available  
**THURSDAY, NOV. 4 7:00 P.M.**

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**Monopoly Tournament**  
 benefiting Cystic Fibrosis  
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 R.S.V.P. 851-5770

**ORCHARD MALL**  
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**FARM & ESTATE SALE 1910 to 1982**  
 Eleanor Goodenough Spicer  
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Sat., Oct. 23, 1982-9:30 AM

**ANTIQUES GALORE**  
 NOTE: THERE WILL BE SOMETHING FOR EVERYONE. THIS IS THE ACCUMULATION OF OVER 20 YEARS PLEASE BE ON TIME. THERE WILL BE OFF ROAD PARKING. YOU MUST REGISTER TO BUY.

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**HEALTHY ME**  
 You are invited to see The posh collection of Day & After 5 Dresses Meet Representative Herb Fogelson Informal Modeling 11am-4pm

**MADELINE** presents

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**OCTOBER 22, 23rd AND 24th**

6614 Telegraph at Maple  
 Bloomfield Plaza • 626-7010  
 Monday-Saturday 9:30-5:30

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**OPEN MONDAY THRU SATURDAY 9:30 - 5:30 SUNDAY 12-5**

EVERYTHING MUST BE SOLD  
 VISA & MASTER CARD ACCEPTED ALL SALES FINAL