

In just 6 minutes turkey for a crowd

With your eye on the clock and your hand on the pocketbook, a big holiday celebration may seem more than you can handle this year.

Never fear, however, because up and down the supermarket aisles many quick and easy foods are featured that make the job a snap. Choose stuffing mixes, canned cranberries and yams, frozen rolls and vegetables. They make it easy to balance out tradition with time and money.

A golden-brown roast turkey will still be the focal point of your feast, and these quick and easy directions will have the big bird ready to roast with just six minutes of your time. You may choose turkey simply for the sake of tradition but find that you get convenience, nutrition, cost advantage and handy leftovers in the process.

In planning your holiday feast, remember that whole turkeys range in size from six to more than 30 pounds, are available fresh or frozen and may be prebasted. If you allow one pound of turkey per person you will have plenty for the dinner and some for your favorite leftover recipes.

If the turkey is frozen, leave in original bag and thaw in refrigerator for 3 to 4 days, (24 hours for each 5 pounds of turkey) or cover with cold water, changing water frequently (1/2 hour per pound of turkey). Refrigerate or cook turkey as soon as thawed.

For your 6-minute turkey, simply follow these easy steps. Remove plastic wrap from thawed turkey, remove giblets and neck from body cavity, rinse turkey inside and out, pat dry with paper towel, return legs to hook lock or band of skin, tuck tips of wings "skin-side" back of turkey and skewer neck skin to back.

Place turkey breast side up on rack in foil-lined pan. Place a tent of aluminum foil loosely over turkey to prevent over browning. Place in oven and roast according to chart. Foil tent may be removed last half hour for a final browning.

Turkey is done when meat thermometer registers 180° to 185°, thick part of drumstick feels soft when pressed with thumb and forefinger.



Celebrate the holidays with turkey surrounded with your favorite holiday foods.

Quick'n chewy oat bars

Similar to granola bars, these have a mild flavor that takes deliciously to a spread of jam or jelly.

Combine 2 cups quick-cooking oats with 1/2 cup packed light brown sugar, 1/4 cup all-purpose flour and 1/4 teaspoon salt. Cut in 1/4 cup butter or margarine until crumbly. Add 1 teaspoon vanilla and 1/4 cup finely chopped walnuts. Press level into lightly greased 9-by-13-inch baking pan. Bake at 350 degrees F. for 15 minutes or until golden. Cool 10 minutes; cut into 32 bars. Cool completely in pan on wire rack.

Make these cookies simply sensational

Cookies can be a simple, but sensational treat. If the ingredients are just right, creating cookies that have a pleasing aroma, chewy texture and flavorful taste is as simple as making a decision to bake with quality nuts.

No-Bake Cookie Clusters

Makes about 3 dozen

1/2 cup pecans
1/2 cup (1 stick) margarine
1/2 cup firmly packed light brown sugar
1/2 cup honey
1/2 cup wheat germ
1/4 tsp. ground cinnamon
1/4 cups old-fashioned oats, uncooked
1 cup chopped dried apricots
1/4 cup dark seedless raisins
pecan halves

Bring to a boil over medium high heat, stirring constantly. Reduce heat and simmer 4 minutes, stirring constantly. Remove from heat. Add in wheat germ and cinnamon. Stir in oats, apricots, chopped pecans and raisins. Drop by level tablespoons onto wax paper, shaping into a mound. Top each with a pecan half. Chill until firm. Store refrigerated in a tightly covered container.

PECAN SHORTBREADS

Makes 2 1/2 dozen

1/2 cup pecans
2 cups unsifted flour
1/2 cup sugar
1 cup (2 sticks) margarine
1 egg, beaten

Coarsely chop pecans; set aside.

Combine margarine, light brown sugar and honey in a saucepan.

For more nutty treat ideas, write for "Peanut Nut Cookbook," P.O. Box 104-Dept. "R," Teaneck, N.J. 07666. Please include \$75 to cover postage and handling. Orders must include zip code.

Coarsely chop pecans; set aside.

Combine flour and sugar in a large mixing bowl. Add margarine and mix on low speed until smooth dough is formed. Roll dough out on a lightly floured board to about 1/4-inch thickness. Cut into desired cookie shapes. Place on ungreased baking sheets; brush with beaten egg. Sprinkle each cookie with pecan pieces, pressing lightly into dough.

Bake at 325° for 20 to 25 minutes. Remove from baking sheets and cool.



Children and grown ups alike will enjoy these pecan cookie treats.

New way with rice

Try this new way with a rice plait for a delicious accompaniment to your holiday ham or turkey as well as most year-round dinner meats.

Follow cooking directions for packaged rice, using vegetable cocktail juice for the liquid. Also, for every four servings, add 1 tablespoon instant minced onion, a dash each garlic powder and pumpkin pie spice and 1/4 cup raisins.

Fluff hot rice with 1/4 cup medium chopped walnuts and 2 tablespoons chopped parsley.

Nice 'n spicy dressing

Next time you open a can of pumpkin, save one or two spoonfuls to blend into spiced-apple yogurt for a delicious dressing. Use it to top your favorite fruit combination and sprinkle on some chopped walnuts for a nice crunchy touch.

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