

Here's A Complete Buffet Plan

By ELLY

From Arleen Arnold of the Michigan State University extension service comes a menu that could be the answer to a hostess' prayer.

It is a buffet dinner for eight.

Everything can be prepared in advance. Although each dish is economical, it is just different enough to evoke requests for the recipes involved.

BUFFET FOR EIGHT

Ham Loaf with Horseradish Sauce

Meat Balls with Gravy
Brandied Baked Beans
Mixed Salad with Special Sour Cream Dressing
Buttered Nut Brown Bread Sandwiches

HAM LOAF

1½ pounds ground cured ham
½ pound ground fresh pork
1 c. mashed potatoes
1 c. water

Mix ingredients and pack into bread pan. Bake 1½ hours at 350 degrees. Serve with Cream Horseradish Sauce.

CREAM HORSE RADISH SAUCE

1 c. beef stock
1 c. coffee cream
3 T. flour
4 T. cold water
3 T. prepared horseradish
½ t. pepper
Salt

Combine beef stock and cream. Mix flour and cold water to a smooth paste and add to stock and cream. Stirring constantly, cook over medium heat until thickened. Add horseradish. Taste for seasoning and add salt if necessary, and pepper.

MEAT BALLS AND GRAVY

2 pounds ground beef
½ t. nutmeg
½ t. ginger
3 T. finely grated onion
1 c. coffee cream
½ c. flour

2 T. fat
1½ c. meat stock or water
2 T. flour
3 T. water

Blend first six ingredients well. Shape into balls about one inch in diameter and dredge in one half cup of flour. Brown in fat in skillet; add meat stock. Reduce heat and cook 20 minutes. Thicken gravy with two tablespoons flour blended with water.

NUT BROWN BREAD

1 c. sifted white flour
1 t. baking soda
1 t. salt
2 c. whole wheat flour
½ c. molasses
1½ c. buttermilk
1 c. nut meats, chopped

Sift together first three ingredients. Stir in whole wheat flour and nut meats. Stir until all flour is dampened. Pour into greased two-quart mold. Cover. Bake one hour and 30 minutes at 325 degrees.

BRANDIED BAKED BEANS

1 pound navy beans
2 c. water
1 c. molasses
1 T. prepared mustard
1 t. salt
1 medium onion

¼ pound salt pork, sliced thin
½ c. brown sugar
1 c. strong coffee
2 ounces brandy

Wash and sort the beans. Soak overnight in water. Bring to boil; reduce heat and cook 45 minutes. Put beans in bean pot. Add molasses, mustard, salt and onion. Add enough of the liquid to just cover. Lay strips of salt pork over the top. Bake four to five hours at 275 degrees. When beans are fairly dry, add sugar, coffee and brandy. Continue cooking until surface is dark brown and most of the liquid is evaporated, about four hours.

MIXED SALAD

1 small head cauliflower, broken into flowerettes
½ medium size cucumber, sliced thin
3 medium tomatoes, cut into eighths
1 pkg. frozen pineapple chunks, thawed and drained

Combine ingredients. Serve with Special Sour Cream Dressing.

SOUR CREAM DRESSING

1 small clove garlic
½ t. salt
¾ t. curry powder
½ t. dry mustard
Few grains cayenne pepper
1 t. sugar
2 T. lemon juice
1 c. sour cream

Mash garlic with dry ingredients. Add lemon juice and sour cream and blend well. Excellent dressing for tossed greens too.



Sliced Bacon Sale!
COUNTRY STYLE 66¢
SERVE 'N SAVE 2 LB. PKG. \$1.88
KROGER VAC PAC 88¢

WHOLE **Fresh Fryers**

29¢ LB

Feature Price

3-Legged Or Double Braasted Fryers 37¢

THIS WEEK'S **Fantasia China** FEATURE
Bread & Butter Dish EACH 39¢
NO COUPON, NO LIMIT & NO PURCHASE NEEDED

PETER'S VAC PAC **Skinless Wieners**

3 11¢ LB PKG

FRESH QUARTERED FRYER LEGS OR

Fryer Breasts 44¢ LB
BACKS, WINGS, & RIBS ATTACHED

550 TOP VALUE STAMPS
WITH COUPONS BELOW

U.S. CHOICE TENDERAY **Round Steak 99¢** LB
U.S. CHOICE BEEF **Chuck Steak 79¢** LB

GLENDALD-OLD FASHIONED **Boneless Hams 98¢** LB
WHOLE OR PORTION

½ LOIN SLICED INTO **Pork Chops 88¢** LB

FRESH MEATY **Spare Ribs 77¢** LB

FRESH PICNIC STYLE **PORK ROAST 49¢** LB
U.S. CHOICE TENDERAY 4TH & 5TH RIBS **RIB ROAST 88¢** LB
U.S. CHOICE TENDERAY BONELESS **RUMP ROAST 1.25** LB
SHANK HALF **SMOKED HAM 59¢** LB

SWIFT'S SLICED **BEEF LIVER 66¢** LB
ROAST-RITE 4 TO 6 LB **SMALL TURKEYS 49¢** LB
MARHOEFER **CANNED HAM 5.44** 5 LB CAN
ALL MEAT OR ALL BEEF **ECKRICH FRANKS 89¢** LB

50 TOP VALUE STAMPS
WITH THIS COUPON ON ANY PKG COUNTRY CLUB CORNED BEEF
THRU SAT., APR. 25 AT KROGER DET. & EAST, MICH. A

50 TOP VALUE STAMPS
WITH THIS COUPON ON ANY PKG COUNTRY CLUB CORNED BEEF
THRU SAT., APR. 25 AT KROGER DET. & EAST, MICH. B

50 TOP VALUE STAMPS
WITH THIS COUPON ON 2-PKGS GROUND ROUND OR GROUND CHUCK
THRU SAT., APR. 25 AT KROGER DET. & EAST, MICH. C

50 TOP VALUE STAMPS
WITH THIS COUPON ON 2 LOAVES KROGER VARIETY BREAD
THRU SAT., APR. 25 AT KROGER DET. & EAST, MICH. D

50 TOP VALUE STAMPS
WITH THIS COUPON ON ANY 2-PKGS GENERAL MILLS SNACKS INCLUDING WHISTLES, BUGLES AND BOWS
THRU SAT., APR. 25 AT KROGER DET. & EAST, MICH. E

25 TOP VALUE STAMPS
WITH THIS COUPON ON OT CTH KROGER HALF & HALF
THRU SAT., APR. 25 AT KROGER DET. & EAST, MICH. F

25 TOP VALUE STAMPS
WITH THIS COUPON ON ANY PKG FRANKENMUTH CHEESE
THRU SAT., APR. 25 AT KROGER DET. & EAST, MICH. G

50 TOP VALUE STAMPS
WITH THIS COUPON ON TWO ½-GALS COUNTRY CLUB ICE CREAM
THRU SAT., APR. 25 AT KROGER DET. & EAST, MICH. H

50 TOP VALUE STAMPS
WITH THIS COUPON ON ANY 2-PKGS HOLLAND IMPORTED BULBS
THRU SAT., APR. 25 AT KROGER DET. & EAST, MICH. I

50 TOP VALUE STAMPS
WITH THIS COUPON ON ANY 2-PKGS PRELL SHAMPOO
THRU SAT., APR. 25 AT KROGER DET. & EAST, MICH. J

100 TOP VALUE STAMPS
WITH THIS COUPON ON \$5.00 PURCHASE OR MORE FERTILIZER OR MARBLE CHIPS
THRU SAT., APR. 25 AT KROGER DET. & EAST, MICH. K

SPECIAL LABEL **King Size Cheer 99¢** 1-LB 13-OZ PKG

SPECIAL LABEL **Quart Liquid Joy 57¢** LEMON SCENTED

CINDY BRAND **Gallon Bleach 35¢** PLASTIC JUG

KROGER **Fruit Cocktail 29¢** 1-LB 13-OZ CAN

VALUABLE COUPON **SAVE 40¢ WITH THIS COUPON**
Maxim Freeze-Dried Coffee 1.29 8-OZ WT JAR
WITHOUT COUPON \$1.69
Thru Sat., Apr. 25 At Kroger Det. & East, Mich. Limit One Coupon



CAPTAIN KIDD'S ASSORTED FLAVORS **Fruit Drinks 19¢** 1-OT 14-OZ CAN
CHARMIN ASSORTED BATHROOM **Tissue 4 35¢** ROLL PACK
SPECIAL LABEL **Northern Towels 25¢** JUMBO ROLL

LARGE SIZE GREEN GIANT BROWN SUGARED **Pork & Beans 12¢** 1-LB 5-OZ CAN
MONARCH **Western Dressing 19¢** 8-FL OZ BTL
KROGER **Tomato Juice 22¢** 1-OT 14-OZ CAN



VALUABLE COUPON **SAVE 8¢ WITH THIS COUPON**
Heinz Ketchup 2 39¢ 14-OZ WT BTL
WITHOUT COUPON 47¢
Thru Sat., Apr. 25 At Kroger Det. & East, Mich. Limit One Coupon

KROGER GRADE 'A' **Large Eggs 49¢** DOZ
EXTRA LARGE 51¢ DOZ

KELLOGG'S **Corn Flakes 22¢** 12-OZ WT PKG
HIST O GOLD OR CYPRESS GARDENS FROZEN **Orange Juice 15¢** 6-FL OZ CAN
NO DEPOSIT-NO RETURN BOTTLES
Pint Coca-Cola 6 79¢ 6 PAK CTR

SCOTT ASSORTED **Calypso Facial Tissue 23¢** 200-CT PKG

MELOWRIPE **Cabana Bananas 12¢** LB



WASH STATE EXTRA FANCY **Winesap Apples 3 59¢** 3 LB BAG
113 SIZE CALIFORNIA **Navel Oranges 18 FOR 99¢**
647 SIZE VINE RIPE **Tomatoes 10¢** EA
LANDSCAPING 4 BAGS \$5.00
Marble Chips 50 81¢ LB BAG
NO. 1 FIELD BROWN 3 PAK \$2.49 EA 99¢
Peace Roses 99¢

Health & Beauty Aids!
SPECIAL LABEL **Right Guard Deodorant 97¢** 7-FL OZ CAN
LIQUID **Prell Shampoo 99¢** PT BTL
SANITARY WIPKINS **Confidants 1.39** 48-BOX
RELIEVES UPSET STOMACH **Alka Seltzer 38¢** 25-CT
FAMILY SIZE **Gleem II Toothpaste 69¢** 6.0-OZ WT TUBE

WE RESERVE THE RIGHT TO LIMIT QUANTITIES, PRICES AND ITEMS EFFECTIVE AT KROGER IN WAYNE, MACOMB, OAKLAND, WASHTENAW, ST. CLAIR AND LIVINGSTON COUNTIES THRU SATURDAY, APRIL 25. HOWE SOLD TO DEALERS COPY, RIGHT 1970, THE KROGER CO.