

before marrying

'All of the extensive research by scholars on marriage . . . can be summed up briefly as: 'Select well and work like hell.''

**— Dr. William Nichols
clinical psychologist**

the friends of your partner? What do your friends mean to you? What understanding do you have about friendships with the opposite sex or at work? Can you have shared friends and your own individual friends as well?

INTERESTS — Are different interests permitted or resented? Are different interests divisive? Can you balance your needs for shared time, parallel time (time spent close to one another, but doing something different) and private time?

VALUES — Do you have general agreement on morality, religion, education, social and political matters and the place each one belongs in your relationship and marriage?

One last question: Do you view a relationship and particularly a marriage as something that "comes nat-

urally" or as something that is difficult to maintain and that requires hard work?

All of the research done on marriage over the past half century can be summed up in six words. "Select well and work like hell."

The preceding questions were put together by Dr. William Nichols of Beverly Hills. Dr. Nichols is a past president of both the American Association for Marriage and Family Therapy and the National Council on Family Relations.

A clinical psychologist and family therapist with offices in Bingham Farms, Southfield and Grosse Pointe, Dr. Nichols has written articles for Parents' magazine and The Eccentric.

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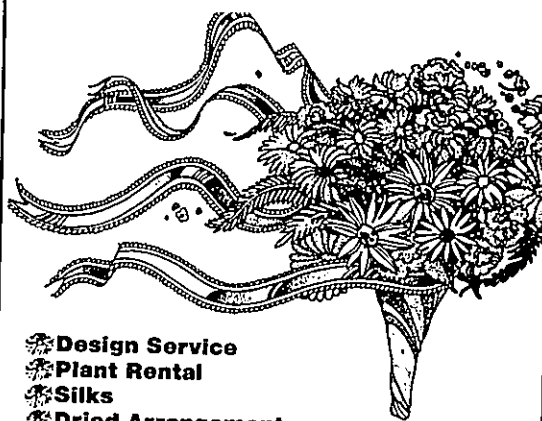
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