



moral perspectives
Rev. Charles Erickson

Conciliation can be accomplished in steps

A common lament is that technological skills advance rapidly while knowledge of human relationships remains in the dark ages. It is not true.

Academic centers for conflict resolution give skilled negotiators a highly polished process. It is needed in families, businesses, groups and in international relations.

It ought to be required in public schools so people at least have hope that tensions do not have to lead to violence. The reconciliation process for troubled marriages works in any conflict.

STEP ONE is to realize there is a problem. Changing forms of address signal trouble. Parties distort images of each other as differences move toward division and separation. Drifting apart is usually described in differing interests and ideas. Tensions build over contrasting visions of what is best rather than anything naughty or evil.

The second step is to take initiative, to intervene in the escalating divergence. One suggests change or asks for outside help, and the other accepts the idea of trying something new. Initiating reconciliation becomes a mutual endeavor. One must initiate and the other must join, however reluctantly.

STEP THREE is dialogue about the future. Each describes dreams and hopes. Visions of life 10 or 20 years from now lead beyond current tensions. Feelings are clarified as ideas merge and they sense a hope of good relationships in the distance.

Shared purposes begin to promise meaningful partnership. Motivation

appears for getting beyond current strife.

The fourth step is honestly looking at the walls which have been built and taking them down brick by brick. Causes for divergence must be discovered. Pain and resentment must be cleansed. Reconciliation is preventing past emotions from distorting the future. This step must come after step three.

Two parties have hurt each other enough and disagreed so much that a vivid sense of a shared future is the only energy strong enough to put the past to rest.

STEP FIVE is to make a new commitment. But commitment seems too risky with wounds still raw. Doubts and reluctance suggest keeping fingers crossed about a new decision. Reconciliation requires accepting vulnerability and dependence in a new covenant.

A fresh agreement to stick with each other is essential for the new relationship to develop. Conflict breaks out again more easily than peace if trust is partial.

The last step is fun but not irrelevant. The process includes the joy of reconciliation spilling all over. Moving forward together is exciting like the enthusiasm of a convert or the crusading of one who has broken a bad habit.

Each party is creative about the best for the other. They become ambassadors of reconciliation and evangelists about marriage or partnership or their goal which is now fresh and mutual. Step six is the thrill of discovering the vast difference between peacekeepers and peacemakers. To be reconciled is to be reconciling.

That Blessings May Shine on You Come to Church

For Church Directory Advertising Information
PLEASE CALL 644-1100 Ext. 217

ST. PAUL UNITED METHODIST CHURCH
165 E. Square in East Road
Bloomfield Hills
Dr. David Truman Pastor



St. Paul's Lutheran Missouri Synod
30805 Middlebelt at 8 Mile
Farmington Hills • 474-5075
The Rev. Ralph E. Unger, Pastor
SUNDAY WORSHIP: 8:30 & 11 AM
SUNDAY SCHOOL AND ADULT BIBLE CLASSES: 10 AM
CHRISTIAN SCHOOL: Grades K-8
Wayne C. Barkach Principal 474-2458

Orchard United Methodist
30430 FARMINGTON ROAD
Between 12 and 14 Mile Road
MORNING WORSHIP: 9:30 AM & 11:00 AM
CHURCH SCHOOL & NURSERY: 9:30 AM & 11:00 AM
MINISTERS: Robert L. S. Brown, Nancy A. Woycik

BEVERLY HILLS UNITED METHODIST
20000 W. 13 Mile at Livingston
• 646-8777
WORSHIP: 10 AM
CH. SCH. SCHOOL: 10 AM
(Nursery thru High School)
Minister: John W. Gray

FRANKLIN COMMUNITY CHURCH
626-8606
WORSHIP: 9:00 & 11:00 AM
CHURCH SCHOOL: 10 AM
NURSERY: 11 AM
Dr. Samuel F. Stout, Pastor
United Methodist in America
Ecumenical in Spirit

EVANGELICAL FREE
Great Evangelical
Community Church
3401 River
1:30 pm Sunday School for All Ages
10:30 am Morning Service
Pastor: Paul H. Hovind
324-0188 • Nursery Provided

HOPE LUTHERAN
39200 W. 12 Mile Road
Farmington Hills
SUNDAY SCHOOL: 9:15
WORSHIP SERVICE: 10:30
V.M. Messing Pastor

FIRST UNITED METHODIST CHURCH
33112 Grand River
Farmington Hills • 474-5573
WORSHIP: 9:30-10 AM
CHURCH SCHOOL: 10 AM
Nursery Provided
Minister: Charles E. Bryson

The Congregational Church of Birmingham
1111 Woodward at Cranbrook
Bloomfield Hills
Family Church Worship: 9:30
Worship and Church School: 11 AM
Nursery Care Both Hours
Bartee-Free
MINISTERS: The Rev. Charles O. Erickson, Gerald D. Grim

PRESBYTERIAN CHURCH
1345 S. Adams • Rochester
375-0400
WORSHIP: 9:00 & 11:45 AM
CHURCH SCHOOL: 10:15
All Ages Incl. Adult Ed.
11:15 • thru Grade 8
Barber-Free
Barber-Free

HOLY RESURRECTION ORTHODOX CHURCH
30073 West 7 Mile • Livonia
476-3433
SUNDAY LITURGY: 10:00 AM
(All Services in English)

THE COVENANT BAPTIST CHURCH
9:45 a.m.: CHURCH SCHOOL • 11:00 a.m.: WORSHIP SERVICE
6:30 p.m.: EVENING SERVICE
Wednesday Evening Family Night
6:45 Family Activities
8:00 Adult Choir

PILGRIM CONGREGATIONAL
3001 N. Adams (N. of Big Beaver)
BLOOMFIELD HILLS • 474-2290
Sunday School: 9:45
Worship Service: 11:00
H.F. (Jack) Brown, Pastor

CLARENCEVILLE UNITED METHODIST
20500 Middlebelt at Livonia
474-3444
Pastor Gerald Fisher
9:45 am. 11:00 am. 7:00 pm. Evening Service
11:00 am. 7:00 pm. Evening Service
Nursery Provided at All Services

CENTRAL CHURCH OF CHRIST
35500 West Eleven Mile
Farmington Hills • 477-5033
BIBLE SCHOOL: 10 AM
WORSHIP: 11 AM and 6 PM
WED. BIBLE CLASS: 7:30 PM
Nursery Provided at All Services

Bloomfield Hills Christian Church
Roma's of Bloomfield
2101 S. Telegraph
Bloomfield Township
WORSHIP: 9:30 AM
PRAISE SERVICE: 6 PM
BIBLE STUDY: 7 PM WEDNESDAY
645-1200

Association of Christ Lutheran Church
16935 W. 14 Mile Road
Bloomfield Hills
Family Learning Hour: 9:15 AM
Worship Service: 10:30 AM
The Rev. W.E. Wolff, Pastor

SALVATION ARMY
27500 Shreveport
at Inland Road
SUNDAY SCHOOLS
Sunday School: 10 AM
Morning Worship: 11 AM
Evening Worship: 7 PM
Prayer Meeting: Thurs. 8 PM
Emory John Cranston

FIRST UNITED METHODIST
1589 West Maple at Pleasant
Ministers: Robert P. Ward • Douglas W. Vernon
• Evans C. Bentley
WORSHIP SERVICES: 8:30, 9:30 and 11:00 AM
CHURCH SCHOOL: 9:30 and 11:00 AM
Nursery Care All Services

FIRST BAPTIST CHURCH
Bates and White
Bloomfield Hills
Robert C. Magdon
MINISTER: CHURCH SCHOOL: 9:45 AM
11:00 AM
474-0550

CENTRAL WOODWARD CHRISTIAN CHURCH
(Disciples of Christ)
36100 Big Beaver at Adams • Troy
CHURCH SCHOOL: 9:30 A.M.
WORSHIP: 11:00 A.M.
Minister: Robert H. Boyte
644-0512

St. Andrew Lutheran Church
Lutheran Church L.C.A.
6255 Telegraph Road at Maple
BIRMINGHAM
9:15 Sunday Church School
10:30 Sunday Worship
The Rev. C.W. Richter Pastor
646-1007 • 646-6119

St. John Lutheran ALC • FARMINGTON
32225 Oak Road
3 Blocks W. of Grand River
3 Blocks W. of Farmington Rd
WORSHIP (Nursery): 8:30 & 11:00
SUNDAY SCHOOL: 9:45
Pastors: C. Fox & M. Radloff

Northbrook Presbyterian
14 Mile & Lahser Road
WORSHIP SERVICE: 9:30 & 11:00 AM
• Nursery Provided •
Pastors: M.L. Dunkleberger, Peter Moore
642-0200

FIRST PRESBYTERIAN CHURCH OF BIRMINGHAM
20500 Middlebelt at Livonia
1669 West Maple Road
Ministers: F. Morris Roberts, Charles A. Sommers, D. William McIvor, Gerald S. Crawford
Morning Worship and Church School: 9:30 and 11:15 AM • Nursery Provided

THE LORD'S HOUSE
A Full Gospel Church
36924 Ann Arbor Trail
Livonia • 522-8463
Pastor Carl J. Forsyth
Sunday School: 10:00 am
Morning Worship: 11:00 am
Evening Service: 7:00 pm
Wednesday Service: 7:00 pm
Open Every Day 9:00 am
Until 11:00 pm
Children's Ministry at Every Service
24 Hour Prayer Line 522-8410

SUNDAY SERVICES
Christian Education 10:00 am
Morning Worship 11:00 am
Evening Service 6:30 pm
Wednesday Bible Study 7:00 pm
A Nursery is Provided For All Services

CRANBROOK CHRIST CHURCH
EPISCOPAL
LONE PINE AT CRANBROOK
THE REV. ALMUS M. THORP, JR., RECTOR
8:00 AM • Holy Eucharist
9:15 AM • Holy Eucharist and Sermon
(Church School and Nursery)
(Morning Prayer 2nd and 4th Sundays)
11:15 AM • Morning Prayer and Sermon
(Eucharist First Sundays)
Weekday Eucharist: Tuesday 10:00 AM
Wednesday 7:00 AM
CHRIST CHURCH

NARDIN PARK UNITED METHODIST CHURCH
29587 West Eleven Mile Road
Just West of Middlebelt
Farmington Hills
Worship Service: 9:15 & 11:00 AM
"WHAT HAPPENS WHEN FAITH AND REALITY MEET?"
Dr. William A. Rittler, Pastor
Rev. Jeffery Dinnor, Assoc. Min.
Rev. Jeffery Dinnor, Assoc. Min.
Rev. Jeffery Dinnor, Assoc. Min.
Rev. Jeffery Dinnor, Assoc. Min.
Rev. Jeffery Dinnor, Assoc. Min.

PRINCE OF PEACE LUTHERAN
Missouri Synod
12 Mile and Farmington Roads
Behind Crowley's
Worship 8:15 and 10:45
Sunday School & Bible Class 9:30
Pastor: Rev. T. Richard Marcell
Church Phone: 563-3380

DETROIT FIRST CHURCH OF THE NAZARENE
Pastor: James Conner, Youth: Robert Anderson, Music: Rod Burrey
Located at 11275 & 6 Mile with entrance at 31700 Haggerty Road
Church Office 248-7600

CRANBROOK CHRIST CHURCH
EPISCOPAL
LONE PINE AT CRANBROOK
THE REV. ALMUS M. THORP, JR., RECTOR
8:00 AM • Holy Eucharist
9:15 AM • Holy Eucharist and Sermon
(Church School and Nursery)
(Morning Prayer 2nd and 4th Sundays)
11:15 AM • Morning Prayer and Sermon
(Eucharist First Sundays)
Weekday Eucharist: Tuesday 10:00 AM
Wednesday 7:00 AM
CHRIST CHURCH

Brightmoor Tabernacle
26555 Franklin Rd. • Southfield MI
(I-696 & Telegraph - Just West of Holiday Inn)
Sunday School: 8:45 AM - Morning Worship: 11:00 AM
Celebration of Praise: 6:30 PM
Wed. Adult Prayer & Praise - Youth Service: 7:30 PM
A Charismatic Church where people of many denominations worship together
Thomas E. Trask, Pastor

How does anybody know there's God?
Why not find out more about how real God is? Visit our public Reading Room. Come to a church service. Or let your children attend Sunday School.

FAITH COVENANT CHURCH
Michael A. Hallien
Associate Pastor
Mary Miller-Vikander
35415 W. 14 Mile Road
at Drake
661-9191
SUNDAY SCHOOL: 9:30 AM
MORNING WORSHIP: 10:45 AM
SUNDAY EVENING: 7:00 PM
WEDNESDAY FAMILY NIGHT: 6:15 PM

DETROIT LAESTADIAN CONGREGATION
290 Fairground at Ann Arbor Trail • Plymouth
Donald W. Lahl, Pastor
471-1219
SUNDAY SCHOOL: 9:30 AM
SUNDAY WORSHIP: 11:00 AM
ALSO FIRST SUNDAY MORNING 1:00 PM
All scheduled services in English
Finnish language service held monthly third Sunday at 11 AM. Also available at any time.

FIRST APOSTOLIC LUTHERAN
26325 Halstead Road
at Eleven Mile
FARMINGTON HILLS
11:00 AM Every Sunday
7:00 PM First & Third
Sunday Each Month
9:30 AM Sunday School
7:45 PM Tuesday
Bible Class
7:00 PM Sunday Song Service
Last Sunday Each Month

FIRST CHURCH OF CHRIST, SCIENTIST BIRMINGHAM
Dr. William A. Rittler, Pastor
Rev. Jeffery Dinnor, Assoc. Min.
Rev. Jeffery Dinnor, Assoc. Min.
Rev. Jeffery Dinnor, Assoc. Min.
Rev. Jeffery Dinnor, Assoc. Min.
Rev. Jeffery Dinnor, Assoc. Min.

WARD PRESBYTERIAN CHURCH OF LIVONIA
Farmington and Six Mile Roads
422-1150
Worship and Sunday School: 8:30, 10:00 & 11:30 AM
"THE PROBLEM OF PAIN"
Dr. Robert O. Woodburn
7:00 PM
"REMEMBERING YOUR FIRST LOVE"
Rev. W. Wallace Hostetter
Christian Service Brigade Presentation
Wednesday 7:00 PM School of Christian Education
Activities For All Ages
Sunday Service Broadcast
9:30 AM • WMUZ-FM 103.5
Nursery Provided at all Services

Ward Presbyterian Church of Livonia
Farmington and Six Mile Roads
422-1150
Worship and Sunday School: 8:30, 10:00 & 11:30 AM
"THE PROBLEM OF PAIN"
Dr. Robert O. Woodburn
7:00 PM
"REMEMBERING YOUR FIRST LOVE"
Rev. W. Wallace Hostetter
Christian Service Brigade Presentation
Wednesday 7:00 PM School of Christian Education
Activities For All Ages
Sunday Service Broadcast
9:30 AM • WMUZ-FM 103.5
Nursery Provided at all Services

FIRST CHURCH OF CHRIST, SCIENTIST FRANKLIN-MEADOWLAKE
Maple Road at Livonia
Sunday Service and Sunday School
Wednesday Testimony Meeting
Reading Room at 355 E. Maple
Opens Daily at 8:30 AM • 644-7935
FIRST CHURCH OF CHRIST, SCIENTIST FRANKLIN-MEADOWLAKE
Maple Road at Livonia
Sunday Service and Sunday School
Wednesday Testimony Meeting
Reading Room at 355 E. Maple
Opens Daily at 10:00 AM • 631-7440

How does anybody know there's God?
Why not find out more about how real God is? Visit our public Reading Room. Come to a church service. Or let your children attend Sunday School.

gerontology
A. Jolayne Farrell

Is occasional wine OK for a diabetic?

Dear Jo:
I have had diabetes since I was in my late 50s. The diet is pleasant, but is there any harm in having an occasional glass of wine?

Mrs. L.F.

Dear Mrs. F:
Generally, diabetics are allowed to drink wines that are dry and low in carbohydrates, such as burgundy, chablis, riesling or sherry. You do not mention if you were on an oral anti-diabetic medication such as chlorpropamide. Persons taking the drug should avoid drinking wine as they often experience flushing, headache, vomiting, chest pain and sweating.

The reason why diabetics are advised not to drink too much wine is that it can lead to nerve complications. Most nutritionists agree that one or two four-ounce glasses a day is quite safe for almost everyone... diabetic or not.

Since your doctor and nutritionist know your personal health status the best, I suggest you talk to them about the advisability of whether or not you should include wine as a regular part of your diabetic diet.

Dear Jo:
I am in my late 40s and have a busy life which is balanced between looking after two teen-age children and my

aged mother.
At this time I was ready for the teenagers, but my aged mother is another story. She lives at a nearby retirement home and calls me at least three times a day. If I go out the raves about where have I been? What have I been doing? And why am I neglecting my children? Usually I'm not driving the children somewhere or doing something "exciting" like buying groceries.
At my age, do I still have to report to my mother? I never have had a good relationship with her. This is ridiculous. I usually am polite to her but it is very trying.

Dear Mrs. F:
Sociologists refer to persons such as you as the sandwich generation. Somehow you and many others your age are caught with extensive responsibilities between the older and the younger generations. Not only are you caught but you are usually the key supporter of both groups.
I doubt if your mother with change her will your relationship with her but nevertheless life goes on with you, the supporter, the center of it all.
Obviously your mother worries about you when you do not answer the phone perhaps if you looked upon her queries as caring and love, rather than control, you'd feel a little better. Keep up the good work; you're needed.

Church holds series on divorce problems

A series of four group sessions designed to help people cope with divorce is being offered by the Friend of the Court, Family Counseling and Mediation Division. The sessions are for those exploring divorce, in the divorce process, or who already have divorced.

Jack Bradford, a staff member of the Family Counseling and Mediation Division, will lead the educational group meetings at the Newburg United Methodist Church, 35500 Ann Arbor Trail in Livonia.
The meetings will be 7:30-9 p.m.

Wednesdays beginning April 6. The cost is \$3 a night or \$10 for the series.
Discussions will focus on the following:
• April 6, "Coping with Personal and Emotional Turmoil";
• April 13, "Dealing with Attorneys and the Court System" (an attorney will be present);
• April 20, "Helping Your Children Cope"; and
• April 27, "Developing New Social and Interpersonal Relationships."
For additional information, call 224-1366.