

medical briefs/ helpline

Nationally known behavioral psychologist and hypnotherapist Jerry R. Cassell will conduct a stop-smoking seminar and a stress release seminar. Both will be preceded by dinners at Mario's Restaurant in Detroit and are included in the price of the event, which is \$25.

The stop-smoking seminar will be held from 7-9:30 p.m. tomorrow. The stress seminar will be at the same time on Friday, July 29. Dinner will be served from 5:30-7 p.m. Mario's is at 4323 Second Avenue. For more information, call the restaurant at 833-9425.

• **NEW VISITING HOURS** have been established for the post partum and nursery units of William Beaumont Hospital in Royal Oak.

Fathers of newborns (or mother's support person) may visit anytime from 9 a.m. to 9 p.m.

Grandparents only may visit from 7 p.m. to 8 p.m.

Siblings over 3 years old are allowed one visit from 3:30 - 5 p.m. Children are not allowed in mothers' rooms. They may see mother in the nursery or conference room.

All other visitors may meet with the new mother from 3:30 - 5 p.m.

• **BRIGHTON HOSPITAL** sponsors a free community informational series at 8 p.m. the first Tuesday of each month. Trained alcoholism counselors are on hand at each meeting to facilitate the information process and to answer questions.

The program is open to the public. The next meeting will be on Tuesday, Aug. 2 and will focus on the theme, "Quality Sobriety." Each session lasts approximately 1½ hours and is held in the Brighton Hospital chapel. The hospital is located at the corner of Kensington Road and Grand River, just off the I-96 expressway. For further information, call Brighton Hospital at 227-1211 or the outpatient department at 227-6143.

Oakland 4-H fair set

Springfield Oaks County Park will host the annual Oakland County 4-H Fair Tuesday through Saturday, Aug. 2-4.

Springfield Oaks County Park is on Andersonville Road at Hall Road, in Davisburg.

The fair will showcase the year's work for thousands of Oakland County youth. Projects on display range from livestock and agriculture to photography, rockery and clowning.

There also will be the kind of action-packed events that the 4-H Fair is known for — crashing cars, aerial fireworks and horse pulling.

Smash-ups are inevitable during figure-eight car racing on Tuesday and a demolition derby on Thursday. The start at 8 p.m., and admission is \$4 for adults, \$1 for children.

Wednesday is Kiddies' Day, with a performance by the Clark clown family at 8:30 p.m., fireworks, and reduced rates for carnival rides.

The female mud-wrestling craze will hit the 4-H Fair when it hosts the Chicago Knockers at 8:30 p.m. Friday. Admission is \$4.

The improved lower horse arena will be the site of against-the-clock obstacle racing at noon Saturday. Admission is \$2 for adults, \$1 for children.

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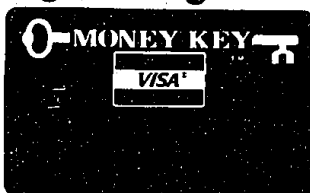
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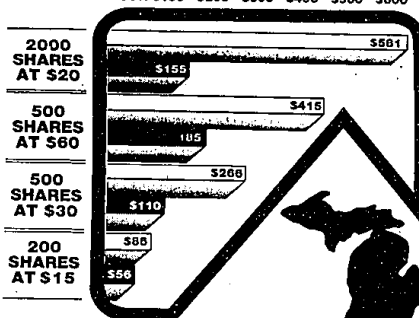


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