



pilot light
Greg Melikov

So hurry and eat them!

Strawberries are scrumptious

Strawberries are scrumptious, period. Have you ever met anybody who didn't love the beautiful berries? Sure, some people get the hives from overeating on them, but I can't think of another fruit that has a bigger following.

Of course, with the good comes the bad - strawberries spoil quicker than a wealthy child. I've tried storing them in a dark, airy place. Two days later the mold appears. I've tried leaving them in the refrigerator. No luck.

So when I get a yen for strawberries, I use them the same day I buy them.

I look for the cleanest, brightest red berries. I avoid the small, misshapen, leaky ones. I also examine the bottom of the container for juice stains because a hidden layer or two may be moldy or squashed.

While strawberry shortcake is a favorite American dish, the berries can be combined with other fruits in salad or for dessert.

Strawberries also are the key ingredient in an exotic lemonade. You can crush the berries with a potato masher, leaving them slightly lumpy, then pour juice and all into a container. After halving the lemons, squeezing and flicking out the seeds, you pour juice and pulp into the same container.

The syrup should be refrigerated until you thirst for lemonade. You won't get the raspberries for this drink.

STRAWBERRY LEMONADE

- 1 pint strawberries, washed and hulled
- 1 1/2 cups lemon juice (about 9 lemons)
- 2 1/2 cups sugar
- Chilled club soda or cold water

Crush strawberries and place in jar or plastic container with lid. Stir in lemon juice. Add sugar in 3 increments, stirring until dissolved. Makes nearly 4 cups. Cover and store syrup in refrigerator until ready to prepare lemonade. For each serving, place 4 ice cubes in tall glass, add 1/4 cup syrup, fill with club soda or water and stir well.

STRAWBERRIES AND PINEAPPLE IN SOUR CREAM

- 1 pint strawberries, washed and hulled
- 1 can (8 oz.) pineapple chunks, drained
- 4 tsp. brown sugar
- 1/2 cup sour cream

Halve strawberries and combine with pineapple

In bowl. Blend 3 tablespoons brown sugar with sour cream, toss with fruit mixture, cover and chill. Before serving, sprinkle on remaining brown sugar. Serves 3.

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