Aspirin

Beware of Imitations!

BAYER

Demand

Unless you see the "Bayer Cross" on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians over twenty-three years for

Colds	Headache
Toothache	Lumbago
Neuritis	Rheumatism
Neuralgia	Pain, Pain

Accept "Bayer Tablets of Aspirin" only. Each unbroken package contains proven directions. Handy boxes of twelve tablets cost few cents. Druggists also sell bottles of 24 and 100. Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid.

Sounded Like Them

A teacher was trying to instill a little grammar into her class of defective children. Selecting an unusually dull child, she said: "Mary, you may tell me the names of the genders."

"They're muscular and feline," was Mary's startling and ready reply.

Colds Exhaust Your Energy

Take FATHER JOHN'S MEDICINE

ALL PURE FOOD

OVER 68 YEARS OF SUCCESS

CORNS

Lift Off—No Pain!

Doesn't hurt one bit! Drop a little "Freezone" on an aching corn, instantly that corn stops hurting, then shortly you lift it right off with fingers.

Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn, soft corn, or corn between the toes, and the foot calluses, without soreness or irritation.

those head colds

At the first sneeze, begin spraying the nose and throat with Zonite twice daily. It will help materially to destroy the seat of the trouble—usually germ infections somewhere in the nasal cavity. Zonite is the form of antiseptic which practically wiped infection out of the hospitals in France during the World War.

Zonite KILLS GERMS

EYES HURT?

Don't ignore the danger signals of aching eyes, red lids, bloodshot eyeballs. Mitchell Eye Salve removes irritation, reduces inflammation, soothes pain.

HALL & RUCKEL
147 Waverly Pl., New York

Green's August Flower

The remedy with a record of fifty-seven years of surpassing excellence. All who suffer with nervous dyspepsia, sour stomach, constipation, indigestion, torpid liver, dizziness, headaches, coming-up of food, wind on stomach, palpitation and other indications of digestive disorder, will find GREEN'S AUGUST FLOWER an effective and efficient remedy. For fifty-seven years this medicine has been successfully used in millions of households all over the civilized world. Because of its merit and popularity GREEN'S AUGUST FLOWER can be found today wherever medicines are sold. 30 and 90 cent bottles.

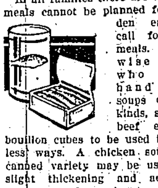
The Kitchen Cabinet

(©, 1924, Western Newspaper Union.)

It is out of silence that all the marvelous things of human action, all the splendid things of human courage, all the sublime offerings of human faith, have sprung. When the great tree falls in a sudden storm, we find that, for all its external bravery, it was decayed and weak within. The real strength of human life lies there also.—S. J. Barrows, D. D.

PICK-UP MEALS.

In all families there are times when meals cannot be planned for or sudden emergencies call for hurried meals. It is a wise housewife who keeps on hand canned soups of various kinds, soup stock, beef extract or bouillon cubes to be used in numberless ways. A chicken soup of the canned variety may be used with a slight thickening and addition of cream poured over hot toast well buttered, making a fine luncheon or supper dish.



For stuffing green peppers to bake, use some form of good soup with bread crumbs, draining off the thin part of the soup and using for a sauce to serve with the peppers if so desired.

Fricasseed Eggs.—Take six hard-cooked eggs cut crosswise into four thick slices; one cupful of good stock, made from beef or canned consomme, one teaspoonful of butter, one small onion finely minced, one tablespoonful of minced parsley, two teaspoonfuls of flour, salt and pepper to taste. Cook the onion in the butter, stir in the flour, and when it bubbles add the stock. When it is boiling hot, lay in the eggs gently, not to break them. Cook three or four minutes, season to taste and serve sprinkled with parsley. Serve on strips of fried bread.

Eggs in Nest.—Cut rounds of bread. Heap on the white of egg beaten stiff and drop the egg yolk in the white. Dot with butter, season well and place in oven to set the egg. The seasoning and butter may be added as it is taken from the oven.

Scrambled Eggs.—Pour a cupful of rich milk into a saucepan, add as many eggs as are needed, stir and cook until the eggs are set and well broken. Season with salt and pepper, adding a generous spoonful of butter. Serve very hot with fried bacon.

Out of the suffering comes the serious mind; out of the salvation the grateful heart; out of endurance, fortitude; out of deliverance, faith.—Ruskin.

HOUSEHOLD HINTS

Canned pumpkin or stewed fresh pumpkin may be kept for some time in a cold place. Even if frozen it does not seem to destroy the flavor. Seasoned well with salt and spices in a warm place it will keep a few days.

Never store honey in a damp cellar. It absorbs moisture and will become thin and in time lose its flavor and sour. Where salt remains dry, honey will keep. If honey becomes grainy or candies, place the can or pail in hot water when it will become clear. Do not keep it too long in hot water as it spoils the flavor, color and aroma.

When traveling with bottles of liquid, dip the corks in melted paraffin and the contents will never be spilled. One can carry a candle and always have them safely sealed.

When making a meringue for lemon pie, take a tablespoonful of cold water for each egg white. This increases the amount without changing the quality. When the meringue is ready add a pinch of baking powder and beat well. This helps to keep it from shrinking, or falling when taken from the oven.

The best cuts of meat will be seen and bought by the woman doing her own marketing. Best does not mean the highest in price, but best for the money. She will also learn from talking with the clerks and market men much about foods and from an intelligent butcher learn many things about choosing meat.

Honey makes a good sweetening for cakes, cookies, and puddings. Grated lemon rind as well as orange rind is good with honey dishes.

When making pumpkin pie use honey for sweetening and have a distinctively different pumpkin pie.

During the early spring it is hard to find a variety in vegetable especially in the cold climates, as the winter vegetables which have been stored are losing their flavor and hot house foods are too expensive for the average pocketbook. Here is a dessert one may try for a change:

Steamed Strawberry Shortcake.—Sift two and one-half cupfuls of flour, three teaspoonfuls of baking powder and one-fourth of a teaspoonful of salt; cut in one-fourth of a cupful of butter, beat one egg and add it with one cupful of milk and one-half cupful of sugar. Mix well, turn into a buttered mold, steam three hours. Serve with whipped cream and crushed strawberries.

Nellie Maxwell

STATE NEWS IN BRIEF

Grand Rapids—Grand River Lodge, No. 34, F. & A. M., celebrated its diamond jubilee here recently.

Lansing—State offices here will go on Eastern standard time, beginning March 31, it has been decided by the state administrative board.

Cadillac—Mr. and Mrs. Herbert Holland are the parents of three children born on St. Patrick's day anniversaries. The third of the "shamrock series" was born this year, a nine pounder.

Mt. Pleasant—H. J. Kaake, student at the Central Michigan Normal School here, has been chosen superintendent of schools at Mancelona for next year. Although a student at present, Kaake has had several years of experience as a teacher.

Alpena—James S. Kenney, 91 years old, who for 60 years was resident of this city, died after three hours' illness at the home of his daughter, Mrs. E. J. Lalonde, recently. He was in the employ of the Gilchrist Lumber Co. continuously for 33 years.

Dowagiac—Funeral services for Eliza A. Runyan, who died at the age of 103 years, were held last week at the farmhouse of her daughter, Mrs. Robert Primley, near Berrien Center. She is believed to have been the oldest resident of Southwestern Michigan.

Kalamazoo—Construction of a $200,000 building to house Park Club will be started in a few weeks, the organization having decided at a special meeting to build immediately on the site of the Presbyterian church. The site, it was announced, cost upwards of $100,000.

Manistee—Approval by the board of education of the plan to re-establish the Manistee County Normal School assures that institution here again next fall. Lack of sufficient patronage caused its closing six months ago but the additional requirements of teachers have revived the need.

Escanaba—Mrs. August Quist, 40 years old, was instantly killed by a falling tree at Bergmann's Camp near Bark River last week. She was watching her husband, who is employed in the camp, fell the tree, when it suddenly toppled and crashed to the ground, pinning her under it.

Marquette—A new two-story factory building erected inside the prison yard last summer, will be used for the wood working plant, plans for which were approved by the State Prison Commission in Jackson. The building was finished early in the fall and machinery can be installed without delay.

Monroe—Owners of buildings on the right of way of the D. T. & I. railroad at Maybee, Scofield, Carleton and other places, have been notified by officials of the railroad to remove them a certain distance from the right of way, according to word received here. It is understood that steps are being formulated to double track the line and work will be started in the spring.

Traverse City—A campaign for membership in the Michigan Potato Growers' Exchange, which began here recently will extend through the whole potato growing area of Northern Michigan before it is completed next summer. At that time it is hoped 50,000 acres of potatoes, or 50 per cent of the State acreage north, east and west of Saginaw, will be tied up by contract with the exchange.

Dowagiac—Work has been started on the Dowagiac River drain which has remained uncompleted since conspiracy charges were brought two years ago against the contractor and local officials, including the county drain commissioner. Resumption of the work was prompted by floods which have inundated the farms belonging to several property holders living in the vicinity of the drain.

East Lansing—The annual high school band tournament at Michigan Agricultural College will be held May 24 under the auspices of the M. A. C. Varsity Band, according to announcement by Prof. A. J. Clark, director of the band. Nine high schools were represented in the tournament last year, which was the first after a lapse of several years, and more than 12 are expected this year, several inquiries having been received already.

Lansing—Balance in the general fund of the state, February 29, was $8,872,090.39, according to the monthly financial report submitted to the state administrative board by the state accounting department. The general fund shows an improvement over the previous month due to payment of taxes to the state by some counties. The report points out that the population of state institutions has increased 47 and that the cost per capita daily of these state wards and inmates has declined three mills.

Grand Haven—Aroused by commercial interests' hauling away sand from the dunes surrounding the harbor here, destroying what is held to be one of the city's best summer resort advertisements, the Grand Haven Women's club has petitioned the city council to preserve these natural beauty spots. One of these dunes, known as the Harbor Avenue Hill, already is half cut away. Club members will also circulate petitions among the citizens, it is announced, in the hope of saving the dunes for the city.

WOMEN! DON'T BE IMPOSED UPON

Warning! Not All Package Dyes Are "Diamond Dyes."

Diamond Dyes

Always ask for "Diamond Dyes" and if you don't see the name "Diamond Dyes" on the package—refuse it—hand it back!

Each 15-cent package of "Diamond Dyes" contains directions so simple any woman can dye or tint skirts, dresses, waists, sweaters, stockings, kimonos, coats, draperies, coverings—everything new, even if she has never dyed before. Choose any color at drug store. Refuse substitutes!

Shakespeare

Four portraits of Shakespeare are sufficiently diverse to add piquancy to the question, "What did Shakespeare really look like?" The painting called the Felton portrait, first discovered in a broker's shop in the Minories in 1788, by "a gentleman of fashion," shows him beardless except for a slight tuft of hair under the lower lip and a small fair mustache. The Lumley portrait, which was originally in possession of Lord Lumley, a contemporary of the poet, is more in keeping with the generally accepted fancy of Shakespeare's appearance. He is shown with a florid complexion, a close-cropped beard and small brown mustache.

Critical of Her Singing

Bobby—Why doesn't our canary sing any more?

Mother—Because it's moulting, dear.

Bobby—I wish Aunt Kate would moult.—Boston Transcript.

Always Keep a Box on Hand.

Brandreth Pills are a safe and reliable laxative, made in America for ninety years, entirely vegetable.—Adv.

Not Exclusive

"Don't you sometimes envy the idle rich?"

"No," replied the farmer. "I know fellers that hain't got a dollar who can be just as idle as anybody."—Boston Transcript.

"DANDELION BUTTER COLOR"

A harmless vegetable butter color used by millions for 50 years. Drug stores and general stores sell bottles of "Dandelion" for 35 cents.—Adv.

Competition is one of those things that often suddenly disappear if one keeps hanging on.

When Kipling wrote, "White as a rain-washed bone," he hadn't seen a marshmallow.

Many a man squanders a dollar's worth of energy in an attempt to save a nickel.

Best Way to Relieve Pain

is by direct outside application and the best remedy is an Allcock's Plaster—the original and genuine.—Adv.

Sometimes the cigar draws better than the actor it is named for.

Experience as Nurse Causes Mrs. Fleming to Endorse Tanlac

Practical Nurse for 16 Years Tells of Recovery Thanks to Tanlac — Recommends It to Patients.

"I would never have believed any medicine on earth could help me like Tanlac did," is the precise statement of Mrs. Celia Fleming, 1915 Addison St., Berkeley, Calif., a practical nurse of sixteen years' experience.

"In 1904 a serious operation weakened my system so I never saw a real well day until I took Tanlac three years ago. I never seemed to be hungry, my stomach was so disordered I could scarcely retain a thing I ate, and I lost weight till I was almost a shadow. I was very anemic, and shattered nerves and sleepless nights contributed even more to my already miserable state.

"Tanlac built up my appetite and digestion wonderfully, and every single ailment went away. Then, with returning strength came a 32-pound increase in weight, and from that day three years ago my health has been splendid. I recommend Tanlac to many of my patients, for it is indeed a remarkable medicine."

Tanlac is for sale by all good druggists. Over 40 million bottles sold. Accept no substitutes.

Take Tanlac Vegetable Pills.

The Wise Man

Opportunity knocking at the front door has given way to the wolf in many a man's life because he allowed disease to creep in through the back door. The wise man looks first to the health of himself and family and after that to the less difficult matter of making a living.

The New Freely-Lathering Cuticura Shaving Stick For Tender Faces

EMOLLIENT MEDICINAL ANTISEPTIC

Certified BABY CHICKS From World's Best Laying Strains

Tancred Pedigree-Sired and Tom Barron S. C. W. Leghorns, R. C. & S. C. Reds, Parks' Barred Plymouth Rocks. Strong, healthy chicks live and grow. Live arrival. Low prices. Catalog FREE. Lakeview Poultry Farm, R 8, Box 11, Holland, Mich.

Hall's Catarrh Medicine will do what we claim for it—rid your system of Catarrh or Deafness caused by Catarrh.

Sold by druggists for over 40 years

F. J. CHENEY & CO., Toledo, Ohio

BATHE YOUR EYES

Use Dr. Thompson's Eyewater. Buy at your druggist's or 113 River, Troy, N. Y. Booklet.

PARKER'S HAIR BALSAM

Removes Dandruff-Stops Hair Falling. Restores Color and Beauty to Gray and Faded Hair. 60c. and $1.00 at Druggists. Hiscox Chem. Wks. Patchogue, N. Y.

HINDERCORNS Removes Corns, Callouses, etc., stops all pain, ensures comfort to the feet, makes walking easy. 15c. by mail or at Druggists. Hiscox Chemical Works, Patchogue, N. Y.

RHEUMATISM

Sufferers! Let us help YOU. Hundreds are cured. Pain gone forever. *Write Stevens Laboratories, Oakland, Calif.*

White Leghorn Baby Chicks from excellent heavy-laying English strain. Newtown-hatched, guar. 100% safe arrival, $12 per 100. Vos Poultry Farm, R. 8, Holland, Mich.

W. N. U., DETROIT, NO. 13--1924.

Depends on the View

"Many men fall in love at first sight."

"It all depends upon how much they see."

Sliding Scale

"Pa, what are the wages of sin?"

"Well, the salaries of these trust officials vary greatly, my son."—Smart Set.

Children Cry for Fletcher's CASTORIA

MOTHER:— Fletcher's Castoria is a pleasant, harmless Substitute for Castor Oil, Paregoric, Teething Drops and Soothing Syrups, prepared for Infants in arms and Children all ages.

To avoid imitations, always look for the signature of Chas. H. Fletcher. Proven directions on each package. Physicians everywhere recommend it.

Health and good looks

—the reward of internal cleanliness

HEALTH and good looks go hand in hand. If you do not keep clean internally, your looks and health are undermined together. A clogged intestine breeds poisons that reach every part of the body. These poisons ruin the complexion and undermine health. Constipation brings on such ailments as headaches, bilious attacks, and insomnia—each of which saps your health and vitality. Soon much more serious conditions follow.

Good Looks Throughout Life If You Keep Clean Internally

In constipation, say intestinal specialists, lies the primary cause of more than three-quarters of all illness including the gravest diseases of life.

Laxatives Aggravate Constipation

Laxatives and cathartics do not overcome constipation, says a noted authority, but by their continued use tend only to aggravate the condition and often lead to permanent injury.

Medical science, through knowledge of the intestinal tract gained by X-ray observation, has found at last in *lubrication* a means of overcoming constipation.

Physicians Favor Lubrication

The lubricant, Nujol, penetrates and softens the hard food waste and thus hastens its passage through and out of the body. Thus Nujol brings internal cleanliness.

Not a Medicine

Nujol is not a laxative and cannot gripe. Nujol is used in leading hospitals and is prescribed by physicians throughout the world.

Cleanliness Demands More Than Bathing

Don't give disease a start. Adopt this habit of internal cleanliness. Nujol is not a medicine. Like pure water, it is harmless. Take Nujol as regularly as you brush your teeth or wash your face. For sale by all druggists.

Nujol

REG. U.S. PAT. OFF.

For Internal Cleanliness