## Script shows fluent mind, modesty

I must admit that however skeptical I am concerning handwriting analysis, I always read your column with the ut-

I always read your column with the utmost inlerent.

I would like to ask you a question
which has bothered me for a long time.
Ever since my middle years of schoollong, I bast sisted in a bad habit.
This had habit — always printing and
never writing and premarality of permanship learned in the permanship that have lost the skill of permanship tearned in elementary school. I actually cannot write a complete sentence, the printing and the permanship that have lost the skill of th

., Any comments you have would be much appreciated.

A.B., Livonia

Dear A. B.:

Perhaps it will put your mind at case to know that printers are often people who possess art talent. Your marginal spacing frames your script like a pic-ture. This, together with the shape of



must admit that however sheps oncorning handwriting analysis, I alway with the upmost interest.

periods of time when involved in a project or activity. You dislike distractions and can zero all of your energies into the task at hand. If your first you don't succeed, you keep right on trying. You are no quitter. Simplification in your script and small size reveals your good intellect. Your mind is fuent, and you are able to find new and effective ways of han-

your personal pronoun I and your small letter F, all suggest art aptitude. You have a natural eye for good design.

Tiny letter formations and wide spacing tell how much you value your privacy. Intrusive people do not appeal to you. And in interpersonal relationships, you are the one to decide how close a friendship is going to.

You are able to concentrate for long

diing problems and challenges. The thought association is also good. You are ever aware of details and you handle them well. However, they are often a source of annoyance to you. Irritation such as this can sometimes be caused by a calcium deficiency. Modest, you do not seek the limelight. You prefer being part of the audience as opposed to the star. Articulating your innermost feelings does not come easily to you. So you have developed a habit of suppressing them.

them.

Large, well-shaped numbers suggest
a working relationship with budgets
and figures. Are you in the accounting
field? Your writing suggests that the
could be a strong vocational aptitude.

If you have a question about your handwriting, write to Lorene Collett Green, a certified graphologist, in care of this newspaper. Please use a full theet of white, unlined paper, writing in the first person singular. Age and handedness sare also helpful. Feedback is always welcome.

# Alzheimer's is the bane of seniors

Dear Jo: Would you please write a column on Alzhelmer's discase? Just what it is — the cause, the cure, who gets it, etc. You often refer to this disease, and i'm not sure what it is — and frankly, I can't even pronounce the

Alzheimer's disease, which is pronounced so that it rhymes with the
words 'old timer's disease' is a chronic
(long-lasting), fatal disorder involving
the nerves of the brain. The cause is as
yet unknown. Its course is progressive
and so far there is no known cure.

The disease's progress is gradual and
continuous, the symptoms are a decrease in ludgment as well as in abstract thinking and in other higher
mental functions. Changes in personality and bahavior also occur. The person
with the disease is just not the same
person. Gone is the spark, the drive and
the person you once know.

Atthough Alzheimer's generally affects between 5 and 10 percent of persons over age 65, younger persons have
also been diagnosed. Seventy-five per-

Dates: February 7, 14, 21, 28 Time: 7-9 p.m. Call 552-9041 for information

PROVIDENCE HOSPITAL Community Health Education 16001 Nine Mile Road, PO. Box 2043 Southfield, Michigan 48037

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DELPHI.

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UNSTRESS YOUR



gerontology

A. Jolayne **Farreli** 

cent of all irreversible mental disor-ders in the elderly are credited to Al-zhelmer's. For some reason it is found more in women than men. Its course is as short as 10-12 months or as long as 27 years — the average being 10-12 years.

Before physicians diagnose the discase they carefully eliminate the many reversible mental disorders such as drug intoxiccation, depression, infections, certain physical conditions under a liver failure, low calcium, heart discase and brain disorders — stroke, brain abscess and tumors — also sensory loss, isolation, alcohol reactions and compilications associated with hospital-

ization, mostly anesthetics and sur-

ization, mostly anemuous gery.

No drug crists that can miraculously cure Alzbeimer's disease. Treatment is primarily social and environmental with emotional and physical support given to both the person with the disease and to his or her family.

Death is often due to pneumonia. Aizheimer's disease is now considered to be the fourth or fifth leading cause of death in the elderly in North America. On autopsy, where the final diagnosis is confirmend, there are two major changes found in the brains of Aizheimer's victims. They are in the presence of a protein known as neuritic pla-

que not usually found in the brain, and an abnormal tangling of brain nerve cells called neurofibriliary tangles. Who gets the disease? The chances of

who gets the disease? The chances of anyone in the general population of being diagnosed are 2-3 percent. If a person has a family member with the disease the chances are increased to 7-8 percent.

Our hope lies in research. Presently research is being done on several theories as to the cause of the disease, in-

cluding slow-growing viruses, accumulation of aluminum or other toxins in the brain, changes in the immune response and on the causes for a decrease in the nerve transmitter acetylcholine.

Alzheimer's disease is a dreaded disease, but mankind has conquered dreaded diseases before. With hope, research and funding, we will conquer this one too.

Readers can write to Jolayne Farrell at P.O. Box 66, Postal Sta-tion G, 1075 Queen Street East, To-ronto, Ontario M4M SE8, Canada.

# ROBERT GALE

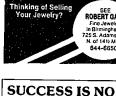
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Personal meetings are way to peace

moral perspectives **Rev. Charles** 

Erickson

As I enjoyed hearing our President's good appeal to the Soviets regarding peace, I kept worrying about the negative things he has said about them. I wondered why we get ourselves into tensions which overshadow our good intentions.

The importance of summit meetings and a widely dispersed diplomatic corps seems to increase. It is so easy to say negative things about someone who is not present.

We speak differently when disa-greements are faced personally, Mod-ern communication gives other par-ties our words immediately but we can't respond to reactions when the

can't respond to reactions when the other is not present.

The way to peace is through personal meetings. It is true for governments as well as for families and communities. Why have all cultures respected elders for wisdom? It is because they insist on personal encounters and have patience to listen.

OLDER FOLK SEEM more interested in braving winter weather to be with others than we younger ones who rush around with snap judgments made without intimate contact.

Bad habits come from a legislative stance of deciding for others. We are all armchair experts, especially about someone else's problems, to would be better to withhold decisions

those with a stake in the outcome. — Critical talk about an absent person is like cancer. It demeans the speaker and crodes the nobility of our cause. We feel free to say any old thing and sour both our emotions and our thoughts.

Face-to-face conversation is healing. We don't change our principles but they are enlarged in seeking to understand one another. Discussion is risking being accepted or rejected so we try to behave with dignity.

DISTORTED assumptions melt in hearing the situation from another who has just as good intentions as out. In meeting personally, we see the human hopes and folbles in both ourselves and the other.

At the center of every religion is worship, We respond to the worth of a divine person (God) and thus increase awareness of the value of human persons. When religion becomes ideology, it ceases to be help humanity and begins to stir conflict.

The universal human quest is not for answers to questions. It is a need for response to persons. Health and screenly comes to people, institutions and nations in keeping integrity white sharing hopes and disagreements. We need to be in personal relation with anyone whose actions matter to us.

#### volunteers

The Oakland County Volunteer Bureau has a current file of volun-teer opportunities for more than 200 agencies. Non-profit organizations needing assistance may list with the bureau. For more information about these and other volunteer openings, call the bureau, 642-7272.

HOME VISITOR - Volunteers with HOME VISITOR — Volunteers with parenting experience are needed by Pontiac General Hospital as home health visitors. High school graduates, over 19, with warm and responsive are traits desired. Volunteers will work two to four hours per week. Time is flexible and training will be provided.

OFFICE WORKER — The Cultural Arts Division of Southfield's Parks and Recreation Department needs a person

with business/office skills for a perma-nent commitment.

THE PHONE AIDE — The Furniture Resource Center, Pontiae, needs a person to answer the phone and to help get furniture to callers in crisis situations. Help is needed Tuesday, Wednestins. day or Thursday, one half day only.

RECEPTIONIST — Someone with office skills is needed by the Family Living Center, Pontiac, for 10 to 15 hours a week.

OFFICE AIDE — OLHSA of Harel Park needs someone over 18 with off-ice experience to work three days per week. Agency experience is desirable and a car is helpful.



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