



**This Swiss Chocolate Almond Coffeecake would make someone a special Valentine**

## A 'coffeecake' Valentine

Think of Valentine's Day and chocolate just naturally comes to mind. Hiram Walker has developed a very special Valentine for your loved one with the Swiss Chocolate Almond Coffeecake, enhanced with Swiss Chocolate Almond Liqueur. Enjoy the memories!

### SWISS CHOCOLATE ALMOND COFFEECAKE

2 cups sugar  
4 eggs, beaten  
½ cup butter or margarine  
4 cups sifted all-purpose flour  
3 tsp. baking powder  
1 tsp. baking soda  
500 ml sour cream  
½ cup swiss chocolate almond

**SUGAR MIXTURE**  
 ¾ cup brown sugar  
 ½ cup chopped pecans  
 ½ cup chopped walnuts  
 ½ tsp. cinnamon

Beat batter ingredients in large bowl and place half of mixture into greased and floured angel-food cake pan. Sprinkle half of sugar mixture on top and swirl. Cover with remainder of batter and sprinkle with remainder of sugar mixture. Swirl the batter. Bake one hour and 15 minutes in preheated 375 degree oven.



pilot  
light  
**Greg  
Melikov**

## Canned soup fine for sauce

My wife is on a fresh vegetable kick. It started about the time we purchased waterless cookware. But you don't need special pots to enjoy fresh vegetables.

You can steam vegetables. You can also cook them in a little salted water.

More important, as far as I'm concerned, is what goes on them after they're cooked because I'm not a vegetable nut. That's where canned soups come in handy.

First, let me assure you that when it comes to eating, I prefer freshly made soup. But when a quickie sauce is needed, canned soup is unbeatable.

I guess I've used condensed cream of mushroom soup the most. It can be doctored to complement meat or vegetables. You can saute some fresh mushrooms and add them to the soup with a little wine. It's a tasty sauce indeed.

Creamed soups provide the basis for many sauces. I especially like cream of celery because it can go on a variety of vegetables.

Chicken and beef broths provide the backbone of many wine sauces. Cheese soup takes the grating out of preparation.

If you have some favorite sauces made from canned soups worth sharing, let's hear from you.

### CAULIFLOWER WITH CELERY-CHEESE SAUCE

- 1 medium head cauliflower, separated into flowerets
- 1 can (10½ oz.) cream of celery soup
- ¼ cup grated Parmesan cheese

Cook cauliflower in boiling salted water loosely covered about 15 minutes, drain and place in serving bowl. Heat soup through, stirring, and pour on cauliflower. Top with cheese. Serves 5-6.

### BROCCOLI WITH CHEDDAR CHEESE SAUCE

- 1 bunch broccoll, separated into flowerets
- 1 can (11 oz.) Cheddar cheese soup
- 1 tbsp. dry white wine

Split broccoli stalks lengthwise, boil with flowerets in a little salted water covered 12 to 15 minutes, drain and place in serving bowl. Heat soup through, stirring, stir in wine and pour over broccoli. Serves 5-6.

Readers are invited to send questions, suggestions or comments about food, cooking and shopping to Pilot Light, Greg Melikov, 350 NW 153rd St., Miami, Fla. 33169. Enclose self-addressed stamped envelope for individual replies.

## Walnuts and vegetables

Here is an easy, light walnut sauce for enhancing all kinds of stir-fry or steamed vegetables. In a small saucepan, mix together 1 tablespoon cornstarch, ¼ teaspoon granulated sugar, ¼ cup canned beef or chicken broth, 2 teaspoons dry sherry and 1 teaspoon soy sauce. Stirring constantly, cook over medium heat until thickened and bubbly. Cook and stir 1 minute more. Add ¼ cup chopped Walnuts. Makes ¼ cup sauce.

## Meal possibilities start with pasta

The variety of meals that can be made with pasta stretch far beyond spaghetti. Tortellini, for example, is a small, round pasta filled with meat or cheese.

**Try tortellini in Honeyed Fruit and Pasta Salad.** This versatile dish can be served as a luncheon main dish for guests or as a salad with broiled chicken or fish for dinner.

food stores. Medium macaroni shells can be substituted for tortellini. The macaroni is like tortellini without the filling.

### HONEYED FRUIT AND PASTA SALAD

8 oz. tortellini, uncooked\*  
2 cup broccoli flowerets  
2 cup (8 oz.) cubed  $\frac{1}{2}$  inch cheddar cheese  
 $\frac{1}{4}$  cup honey  
15 $\frac{1}{4}$  oz. can pineapple chunks, drained

11 oz. can mandarin oranges, drained  
 ½ tsp. celery seed

Cook tortellini according to package directions. Rinse in cold water, drain well. In large bowl stir together tortellini and remaining ingredients. Chill 3-hour yield: 8 (1 cup) servings.

\*2 cups cooked medium macaroni shells can be substituted for tortellini.

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