recreation news

Each week the Farmington Hills Parks and Recreation Department will present a synopsis of upcoming activities in this column. For fur-ther information regarding our pro-grams, contact our office at 474-6115.

YOUTH SOCCER — Registration is being accepted for children in grades kindergarten through fifth for the spring soccer program at the Parks & Recreation office. Games will be played on Saturdays, with teams practicing once a week. A six-game schedule will be played. Registration foe is \$10 per participant and will be accepted to March 30.

YOUTH SWIM LESSON REGIS-

TRATION — Registration for spring swim lessons will be taken on a first-come first-erve basis until 4:30 pm. Friday, April 6 at the Parks & Recreation office. The spring session will take place at North Farmington High School pool beginning Saturday, April 7 and run to June 2. Class schedule will consist of levels 1-5 from 10 a.m. to 10:50 a.m. and levels 1-3 from 10 a.m. to 10:50 a.m. and levels 1-3 per participant.

FITNASTICS — Enjoy toning your body to formulated routines of exercise and dance. This activity will be instructed by Norine Yuskowatz, a popular fitness instructor from our area. The twice-a-week sessions will meet on Mondays and Wodnesdays beginning April 2, from 6:30-7:30 p.m. at the

Picmontese Ctub, 38500 Nine Mile, Farmington Hills. The fee for this cight-week session is \$35.

ENERGY PROGRAM — Residents can view an infrared photograph of the front of their home showing where heat needlessly lost through windows, doors and inadequately insulated walls can now be saved. Information packets can be obtained regarding the various energy-saving methods available. An open house for residents in City section 7 and 10 will be held Thursday, March 13 at North Farmington High School, 2990 13 Mile and City section 1, 14 and 18 on Tuesday, March 20 at Harrison High School, 2999 12 Mile. Open house will be 7-10 p.m. at both schools.

Come join our Wednesday class 1:30-3:30 p.in. to learn the game of bridge and learn to bid like an expert. Instruc-tor Fran Kezerta explains plays so they make sense and also makes playing a pleasure. Come to the Senior Center and be dealt in.

APTER SCHOOL RECREATION — The activity fivers will soon be distrib-uted through the Farmington-area schools for planning your participation in the spring session of after-school recreation. Classes will include pre-school ballet, gymnasties, ballet youth and adult, family classes, mime and clowning and more. Programs will be at local elementary schools for this six-week program that begins the week of April 16.

Long paying record





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IGA TABLERITE WESTERN BEEF

Round Steak



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IGA TABLERITE WESTERN BEEF Boneless N.Y. Strip Loins





Hawaiian Punch



IGA TABLERITE Assorted Sliced Pork Chops

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+ Dep.

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'Super Sunday Special''

IGA TABLERITE WESTERN BEEF **Boneless Whole**

Sirloin \$ 169 b. INTER Customs Cut for Rosets or Steeks FREE 1 * * * * * * * * * * * * * * Tips

Architecture is topic at LIT

Kenneth Frampton, the next guest speaker in the Lawrence Institute of Technology School of Architecture's Archilecture scries, has devoted much of his career researching the relation-ships and influences of major contem-porary movements in architecture.

Frampton will present "The Isms of Contemporary Architecture" at 7:30 ppm. Thursday in the architecture auditorium on LIT's campus, 21000 W. 10 Mile Road (west of Northwestern Highors) and indention open to the public at no charge.

A professor at Columba University's Graduate School of Architecture and Planning, Prampton is also LIT's 1984 Visiting Professor in Architecture. The

author of four books dealing with mod-ern architecture and dozens of histori-

author of four books dealing with modern architecture and dozens of historical, theoretical and critical articles, Frampton was educated at the Architectural Association School of Architecture in London.

Concerning fis presentation, Frampton said, "Il is obviously somewhat misteading to present current architectural develoment in terms of isms; and yet a great deal of the more relevant and indentifiable work being undertaked to the control of the cont

Sheehans

HOME OF THE FAMOUS... GOURMET SHEEHAN BURGER

St. Patrick's Day Party

Sheehan's Love A Party...so, this year we'll start partying at 4 p.m. Thursday with a



St. Patrick's Day Practice Party Followed by a

St. Patrick's Eve Party on Friday, and then on Saturday, March 17 We'll have our Annual

St. Patrick's Day Party

Irish Music Green Beer Corned Beef n' Cabbage

All 3 Days at all 3 Locations

Sheehan's

O'Sheehan's Tavern 7 Milo at Northvillo Rd.

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BY DR. CLAUDIA MENTON, D.D.S CELEBRATE ST. PATRICK'S DAY WITH A SMILE!

St. Patrick*0 Day is a good time to show off you feel is always important and your teeth as the property of th

Thoughts On

Dental Health

that smile from turning "green" here are

ome tips:

* Remove dental plaque by brushing and flossing thoroughly at least once a day.

* Brush after meets when you can, the floredes daily.

* Avoid sugary between-meet snacks and beverage the sugary between the snacks and beverage to the snacks and the sn

bells in the control of the control

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Hearthstone Office Center 28807 W. Eight Mile Rd. Buite 101

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