



Calcium needs outlined

respectful of authority and would abide by the rules.

You are a pleasant person and your temperament is not easily influenced by elation or depression. Although you

teem.

You are conscientious and careful as you execute all aspects of the job. No detail is left unattended. Your own inner standards do not permit you to do anything but your very best.

Rules and regulations are made to protect both the employer and the employee. Realizing this, you would be

may not be the most lively person on the job, you would be top of the line for

If you have a question about your handwriting, please write to Lorene Collett Green, a certified graphologist in care of this newspaper. Use a full sheet of white, unlined paper writing in the first person singular. Age and handedness are also helpful. Feedback is always welcome.

I would truly appreciate seeing my hand writing analyzed in your return.



gerontology
**A. Jolayne
Farrell**

Mrs. B. Dear Jo:

Is the total loss of the sense of smell normal for a person my age - 57?

Maria S.

Dear Maria:

As we grow older we have a natural and gradual decrease in the sense of smell. The process usually takes many years and the change is extremely subtle.

To have a total loss of the sense of smell at age 57 is not normal — you should consult your doctor or a neurologist about this (soon) as it could possibly be a symptom of disease process.

Dear Jo:

I am a woman in my early 60s. I have decided to lighten my hair now that is is greying at the sides and on top. I was wondering how much lighter I should go - it is medium brown right now.

Also, what eye cream do you recommend for tiny wrinkles around the eyes.

Dear Mrs. S.:
My first thought when I read your letter was — why would you want to lighten your hair when greying at the temples and sides is so becoming? But if that's what you want to do, I spoke to a hairdresser who advised that you lighten your hair only one or two shades, as hair that is too light tends to be too dramatic and detracts from one's natural skin tones.

As to eye cream I would recommend most reputable cosmetic companies manufacture and sell a variety of eye creams that are quite safe, so the decision of which one to buy is really up to you. Perfumed eye creams may irritate the delicate skin around the eyes so you should avoid them.

Please remember, eye creams, as part of a good skin regime, keep the area around the eyes moist and act as protection against the elements they do not remove the wrinkles.

Eventually, our attitudes towards wrinkles will change — they are a part of the normal developmental process — we should be proud of each and every one of them. Wrinkles are the patina of life.

Readers may write to Jalyane Farrell at PO Box 55, Postal Station G., 1075 Queen Street East, Toronto, Ontario, Canada.

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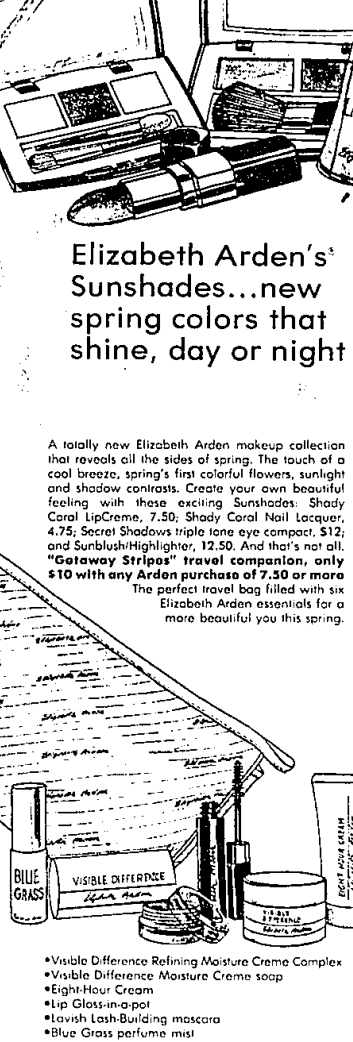
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The advertisement features a collection of Elizabeth Arden Sunshades makeup products. At the top, there are two open makeup compacts, a tube of lipstick, and a bottle of nail lacquer. Below this, the text reads: "Elizabeth Arden's Sunshades...new spring colors that shine, day or night". A paragraph of text describes the collection: "A totally new Elizabeth Arden makeup collection that reveals all the sides of spring. The touch of a cool breeze, spring's first colorful flowers, sunlight and shadow contrasts. Create your own beautiful feeling with these exciting Sunshades: Shady Coral LipCreme, 7.50; Shady Coral Nail Lacquer, 4.75; Secret Shadows triple tone eye compact, \$12; and Sunblush-Highlighter, 12.50. And that's not all. 'Gateway Strips' travel companion, only \$10 with any Arden purchase of 7.50 or more." Below this text is a large, open "Gateway Strips" travel companion bag. At the bottom, there are several more products: a tube of Blue Grass perfume, a box of Visible Difference cream, a jar of Eight-Hour Cream, a tube of Lip Gloss-in-a-pot, a tube of Lavish Lash-Building mascara, a tube of Blue Grass perfume mist, and a jar of Visible Difference Refining Moisture Creme Complex. A list of products is provided: "•Visible Difference Refining Moisture Creme Complex •Visible Difference Moisture Creme soap •Eight-Hour Cream •Lip Gloss-in-a-pot •Lavish Lash-Building mascara •Blue Grass perfume mist". The text "552 bags in Cosmetics, all stores, while they last." is also present. The advertisement is signed "Crowley's" at the bottom.

Elizabeth Arden's
Sunshades...new
spring colors that
shine, day or night

A totally new Elizabeth Arden makeup collection that reveals all the sides of spring. The touch of a cool breeze, spring's first colorful flowers, sunlight and shadow contrasts. Create your own beautiful feeling with these exciting Sunshades: Shady Coral LipCreme, 7.50; Shady Coral Nail Lacquer, 4.75; Secret Shadows triple tone eye compact, \$12; and Sunblush-Highlighter, 12.50. And that's not all. "Gateway Strips" travel companion, only \$10 with any Arden purchase of 7.50 or more.

The perfect travel bag filled with six Elizabeth Arden essentials for a more beautiful you this spring.

•Visible Difference Refining Moisture Creme Complex
•Visible Difference Moisture Creme soap
•Eight-Hour Cream
•Lip Gloss-in-a-pot
•Lavish Lash-Building mascara
•Blue Grass perfume mist

552 bags in Cosmetics, all stores, while they last.

Crowley's

Shop tonight until 9 p.m. at Westborn, Macomb Mall, Livonia Mall, Lakeside Mall, Universal Mall, Farmington and Birmingham.