Treat yourself to crisp salads

Having crisp garden salads with bright dressings during the winter and spring months is a treat. Florida now ships several types of lettuce. Our first recipe is a crisp Floridian salad with a tange Bacon-Mustard Dressing. The salad ingredients are prepared and refrigerated shead of time; all you need to do is make the bacon dressing a few minutes before serving.

bacon dressing a few minutes before serving. Florida Spring Salad with Cream Florida Spring Salad with Cream Green Dressing is another bright idea. Again, the greens are washed and chilled ahead of time (wrapping the greens with damp paper towels as-sures crispness). FLORIDIAN SALAD WITH BACON-MUSTARD DRESSING 6 cups Florida lettuce in bite-sixed pleces

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bacon and crumble; set aside. Remove fat returning 2 tablespoons to stillet. Over medium beat stir in flour, sugar, salt and black pepper. Gradually stir in 1 cup water, waiting until water is absorbed after each addition. Remove from beat; stir in vinegar and reserved mustard mixture. Cool slightly, Stir in reserved bacon. Pour over lettuce mixture just before serving; toss gently. YEELD: 4 to 6 portions, I cup dressing.

FLORIDA SALAD WITH CREAMY GREEN DRESSING 6 cups Florida lettuce in blte-sized pleces

pieces 2 cups sliced Florids encumbers 14 cup cider vinegar

% cop cider vinegar
11% tsp. sugar
15 tsp. salt
tsp. celery seed
tsp. celery seed
tsp. tarragon leaves, crushed
t plach ground black pepper
1 egg yolk (at room temperature)
1 cup vegetable oil
tsp. cup alleced scallions (green onlons)

States Sacon

2 thsp. floor
1 thsp. segar

1 the probability of the pr

Two tributes to the Hurricanes

We're No. 1. They're No. 2. "We're" the University of Miami

We re two. 1. 1027 re two. 2.

"We're" the University of Miami flurricanes.

"They re" Nebraska.

"We're" Class of '56.

I hope you don't mind me extolling the national champs of collegiate football for 1985 that has been tabbed The Miracle in Miami.

After an opening loss to the upstate rival University of Florida Galors, the Canes began their roll. They were 3-1 after shutting out Notro Dame and before the game a liquor firm dreamed up the Irish flurricane to celebrate.

As the anticipation grew for the Soth Orange Bowl showdown with Nebraska

Jan. 2, the town went bonkers.

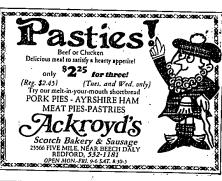
The Hurticane coach's wife, Beverlee Schnellenberger, adopted a recipe for orange wine cake "for our family. I do collect cooks. Howard likes anything with buttermilk in it."

The beverage boys at the Fontaine-bleau Hilton Hotel on Miami Beach concocted a tribute to the team: the Orange Hurticane.

You may have seen the game on television. It was the Canes 11th straight. It's great to be No. 1.

IRISH HURRICANE

3 oz. Irish cream liqueur 1 oz. light rum





Shake with ice and pour over ice cubes in 2 tall glasses.

2 oz. lemon juice 2 % oz. light rum % oz. Orgent (red) syrup % oz. brandy

ORANGE HURRICANE



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This soup is thick, creamy

Soups have long been an outstanding part of the world's cuisines. To a cook, soups can be one of the most versalities. To a cook, soups can be one of the most versality of the sound of the wider ponents for most person and the sound of the wider ponents for the wider ponents and their own special flatt to gredlents, soups can did their own special flatt of the sound of their world with the special flatt of the sound of their world with the special flatt of the specia with an equal amount of water, it can replace milk in any recipe.

Try this recipe for a gourmet soup.

HROCOCLI MUSHROOM SOUP

1 package (10 or) frozen chopped broccoll, un-

I package (10 03) frozen choppen prosidanted
I thin minced onlon
2 top chicken stock base
1 cup water
1 can (10%) cream of mashroom soup
1 cup sour cream of imilation sour cream
1 cup evaporated milk
Salt and pepper to taste
Fresh parsiey or chopped broccoll

Combine broccoll, onlon and chicken stock base with water in medium saacepan. Cover and stimute for 15 minates or until vegetables are tender, Goi. Site in mushroom soup. Four small quantities into bleader Jar and purce. Add sour cream and purce again. Add evaporated milk, gait and pepper. Heat to steaming, but do not boil. Garnish with paraley or chopped broccoll. Makes 4 servings.

Spice up the veggies

Winter vegetables take to all sorts of spleings, ecording to the American Spice Trade Associa-

Winter vegetables take to an sorts of spicings, according to the American Spice Trade Association.

Steamed carrols, for example, can be treated to any number of seasonings. Try a combination of cinnamon and ginger, or noino powder and cumin.

Winter squash is delicious when baked with ground nutmeg and cloves. When baked sweet potations or yams are mashed too suggested spicings are ground ginger, cortander or pumpkin pie spicings are ground ginger, cortander or pumpkin pie spically steamed with caraway seed or fill wood. Or, try suntening shredded cabbage just until crisp tended with some ground ginger and garile powder for an oriental flavor, or punch is nice, too, caused with the contraction of the property of the contraction of the property flavor.

Propell associate set a real pickum from garile.

paratey flakes.

Brussel sprouts get a real pickup from garlic
powder and crushed red pepper. Or, stir a bit of
powdered mustard into melled butter or margarine
and tosa with the sprouts.

ARLE DRUGS

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