## Make country-style ham part of your next buffet

acre's nothing quite like the distinct flavor of a country-style ham. Country-style hams are dry-sail cured and while they may or may not be smoked, they usually are aged for 3 to 6 months, and sometimes up to a year.

Country-style hams are saltler than regular bams, and they're often named for the locality or state in which they are processed. For instance, Virginia's famous Smithfield ham is processed within the limits of Smithfield, Va.

Country-style hams are characterist-ically salty and may require soaking and simmering before roasting. The length of time you soak the ham de-pends on the age of the ham and your taste for salt.

In the South, country-style hams are a traditional part of buffet tables. Suc-culent paper-thin slices of ham are sandwiched in biscuits and served as a

score the ham fat in a diamond pattern at 1-inch intervals. A paper strip is a handy cutting guide. Make the cuts only about %-inch deep. The ham is adorned with flavorful peach preserves and pecan halves.

Ham is one of the most popular of all pork cuts and is available in many forms, shapes and flavors. Ham comes from the hind leg of the bog and can be purchased fresh, cured and smoked, or

canned.

Always read the label to determine
whether ham is fully cooked or cookbefore-sating. Fully cooked hams may
be eaten without further cooking, but
you may prefer to serve them warm.
Cook fully cooked hams to an internal
temperature of 130 degrees to 140 degrees. Hams labeled "cook-before-esting" should be cooked to an internal
temperature of 160 degrees.

Baked Ham with Waldorf Sauce fea-tures a smoked ham, rump half. This is

the upper half of a whole ham. It has more meat to bone than the shank half. The shank half is the lower half of a whole ham, including the shank bone and part of the leg bone.

Baked Ham with Waldorf Sauce is proof that fruits are a natural compan-ion for ham. The sauce is a delicious mixture of apple, raisins, celery and walnuts.

PEACH-GLAZED COUNTRY HAM 1 10- to 14-lb. country-style ham % cup peach preserves Pecan Haives

Using stiff brush, thoroughly scrub the country-style ham. Place ham in a large pot; cover with water and soak for 12 to 24 hours, changing water sev-eral times. Drain. Cover ham with fresh water and bring to boiling. Re-duce heat and simmer for 20 to 25 min-utes per pound. Ham is done when flat (pelvic) bone moves easily.

Lift the ham from the pan. When ham is cool enough to handle, remove the rind with a sharp kind, leaving W-inciditiek layer of fat. Score the ham at 1-inch intervals. Spread with peach preserves and dot with pecan halves. Bake ham in a 400 degree oven for about 20 minutes or till the glaze browns.

Transfer ham to a serving platter and cool to room temperature. To serve, cut ham into paper-thin silices, a

BAKED HAM WITH WALDORF
SAUCE

15- to 7-lb, smoked ham, rump half
2 cups apple juice or apple cider
2 inches sick chammon
1 inches sick chammon
2 inches sick chammon
2 inches sick chammon
3 inches si

Place the ham, fat side up, on a rack-in a shallow reasting pan. Insert meat thermometer near cenier of ham, not touching bone. Do not add water. Do not cover. For fully cooked ham, bake in a 335-degree oven about 1½ to 2 hours or till thermometer registers 130 to 140 degrees. (Or, for cook-before-eating ham, bake about 2 to 2½ hours or till thermometer registers 160 de-grees.

In a skillet cook celery in butter of margartae till tender but not brown. Stir in apple julce, chopped apple, was must, raisins and brown sugar, cook over medium heat for 3 to 5 minutes, cook and stirl to the apple mixture. Cook and stirl about 2 minutes or till thickened and bubbly, Serve with ham.

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Kitchen Creations

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## Salmon a la Newburg is at home with family, guests



Whother served as an elegant company meal or over toast points for the family, Salmon a la Newburg is certain to

Red salmon in creamy Newburg sauce is an elegant company meal. But it tastes equally wonderful served over toast points as a last-minute main dish to serve the family.

SALMON A LA NEWBURG

I can (15% on) red salmon
% cup batter
I cup plus 3 thap milk
% tup salt
Dash caycane pepper
Dash nutuneg
3 egg yoks

Janh numeg egg yoks thap sherry fruten patty shells, baked, or toast points

Drain salmon; remove skin and bones, if desired. Break into bite-sizo chunks. Melt butter in large skillet. Add salmon to skillet. Saute about 1 minute. Add 1 cup milk and beat until mixture begins to boil. Lower heat and add salt, cayenne and nutmeg. Beat yolks with remaining a thsp milk; add to salmon. Heat, stirring until thickened. Do not boil. Add sherry and heat through. Serve at once in patty abells. Makes 6 servings.

## Potato salad is pichic treat

PICNIC POTATO SALAD

PICNIC POTATO SAI
5 cups cooked dieed potatoes
5 hard-cooked eggs, chopped
1 cup chopped onion
% cup chopped celery
% cup chopped sweet pickle chips
% cup chopped green jeepper
3 thep chopped fresh parsiey
11% cup chopped fresh parsiey
11% cup chopped fresh parsiey

11% cups mayonnaise
11% tsp salt
124 tsp salt
134 tsp curry powder
145 tsp dry mustard
146 tsp paprika
146 tsp pepper

Combine potatoes, eggs, onion, celery, pickles, green pepper and parsiey. Thoroughly blend together mayonnaise, sait, curry powder, mustard, paprika and pepper; fold into potato mixture. Chill several hours before serving.





## Help your dessert dreams come true with these tips

Tender tea breads, moist and chewy cookles and high, handsome cakes — this is the stuff dessert dreams are made of. And here are tips to make those dreams come true:

• Plan ahead. Before starting, read the recipe theroughly and unake sure you have all ingredients and equipment needed. Do any advance preparation required. Remember, bating in many ways is a science, and the best results come from following a recipe carefully.

• Use althy metal pans, or those with a non-stick finish. If you use glass baking equipment, low-

er the oven temperature by 23 degrees.

• Use the right shortening for the job. Cake batter made with butter is hard to blend and the cake comes out heavier and flatter than one made from shortening.

• Don't overcrowd the oven. If you are baking three cake layers, arrange them so no pan is directly over another. Also, don't use a cookle sheet that is too large for the oven. Allow two inches on all sides to permit heat circulation.

Olten, baked foods must cool a bit before being removed from pans. Don't be impatient.



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