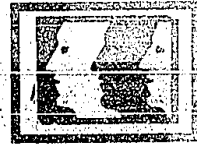


Suburban Life

Loraine McClellan editor/477-5450



(F30)



Beauty, brains, talent

Young area women who will be taking the spotlight in the Miss Farmington Scholarship Pageant this month are (standing from left) Wendy Sechrist, Anna Dwica, Teresa Porter, Ann Rouse, Pam McCann and Tara Wells. Seated from left are Gale Goods, Eileen Wildorn, Aleis Branzel and Mary Porter. The competitors vie in the areas of beauty, brains and talent for the roses of victory, the title of Miss Farmington, 1984, and more than \$4,000 in scholarships in the pageant that begins at 7 p.m. Wednesday, July 18, in Viad-

mir's. When the new Miss Farmington is crowned, she'll make her first official public appearance that night at approximately 9:30 p.m. in Downtown Farmington Plaza, welcomed by the Franklin Village Band. Tickets for the pageant are \$5, now on sale in Farmington Area Chamber of Commerce office, 33201 Grand River. The local pageant is a franchise of the Miss Michigan and Miss America Scholarship Pageants and is directed by Pat Fallon.

Premenstrual Syndrome seminar slated

By Marie McGee
staff writer

Dr. Edward Lichten didn't start out specializing in Premenstrual Syndrome.

He began his medical career fresh out of Ohio State University medical school as an obstetrician-gynecologist.

It was, however, an easy transition. He was in the medical ballpark, so to speak.

It came about because of his compassion for a 16-year-old woman who had already been to six or seven other doctors. It led him to begin serious research on the problem that is as old as womanhood itself.

Upshot of it all was that Lichten is now considered one of the leaders in the field of research of PMS that has led to the establishment of a Premenstrual Treatment Center, which he operates in Southfield, and a gynecologic pain clinic in conjunction with Hazel Hospital/Wayne State University research facility.

IT ALL BEGAN with Jody Kohn of Southfield.

Kohn had a long history of premenstrual discomfort. Before she came to Lichten, she had been to several endocrinologists, a gynecologist, two internists, one allergist and a psychologist. They all told her essentially the same thing — the pain was all in her head.

"That's because a majority of doctors still believe the problem is psychological," Lichten said.

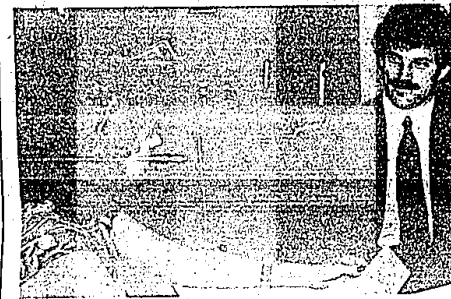
Lichten, on the other hand, was the first person to believe her story.

"I can't prove it. There's nothing in the book on it, but I believe you," he recalls telling her.

The problem with treating PMS, Lichten said, stems from the fact that there is so little information on the subject in medical books.

KOHN'S PREMENSTRUAL problems and how Lichten was able to help her are chronicled in a story "The

Please turn to Page 5



ART EMANUELE/staff photographer

Janice Barber and Dr. Edward Lichten will present an educational seminar on Premenstrual Syndrome at 7 p.m. Monday, July 23, in Livonia. Barber, who suffered a severe case of PMS, is seeking to establish a PMS support group.

Esperanto language still misunderstood

By Louise Okrutsky
staff writer

Esperanto remains for most the

name of a hybrid language which last cropped up in conversation as an answer in Trivial Pursuit. But for the faithful, the attempt at

popularizing a universal language remains a practical goal.

"It's a sensible idea, a serious solution to a complicated problem," said Sharon Lakosky, who last February started a discussion group for Michigan Esperantists. The group meets monthly at the Avon Township Library, 310 W. University, Rochester.

"I decided it was just not an idealistic thing," said the Avon Township resident.

With that commitment, Lakosky joined an estimated 10 million people around the world who speak a language introduced in 1887 by Dr. Ludwig L. Zamenhof, an ophthalmologist. About 2,000 people in the United States have some facility in the language.

Beginning when he was still in his teens, Zamenhof collected the most common sounds and roots in Indo-European languages into his new language. Through a neutral, universally adopted "second" language, he hoped to lessen the hostilities between the diverse ethnic groups of Czarist Russia, according to Gregory Wasson, director of the Central Offices of the Esperanto League of North America (ELNA) in El Cerrito, Calif.

ESPERANTISTS remain neutral in politics, philosophy and ideology. Popular at the beginning of the 20th century, the two world wars dealt the movement serious blows.

"During World War II, the Nazis didn't like it and hunted down Zamenhof's family," Wasson said.

While the movement slipped into obscurity in the United States, it managed to do slightly better in Europe, enough to warrant that the Universal Esperanto Association "was an active entity in 1980 at the United Nations." Esperantists look for the language's inclusion as the official means of communication in the U.N.

For Lakosky, the lure of learning one

Please turn to Page 5



DAVID FRANKEL/staff photographer

Sharon Lakosky of Avon Township became fascinated with Esperanto's terse promise that anyone can be conversant in a single language. But, adds Lakosky, who studied French in college, the immediate charm of the language lies in the fact that it's generally easy to master and it allows speakers to get to know other people from different cultures.

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